# Missouri Department of Health and Senior Services

# LEAD POISONING PREVENTION MANUAL

## Missouri Department of Health and Senior Services

#### LEAD MANUAL

Richard Dunn, Director Missouri Department of Health and Senior Services and Senior Services

Bryant McNally, Director Division of Environmental Health and Communicable Disease Prevention

> Scott Clardy, Administrator Section for Environmental Public Health

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The Missouri Department of Health and Senior Services is responsible for protecting and promoting the health of Missourians by assessing health status and needs, developing policies and priorities, and assuring that the state is responding appropriately.

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This lead manual was assembled by the Section for Environmental Public Health Childhood Lead Poisoning Prevention staff to manage statewide lead poisoning prevention efforts.

#### **Section for Environmental Public Health**

#### Vision

Missouri public health agencies, through a universally recognized, comprehensive environmental health program, will eliminate negative human health effects to create a safe and healthy place to live.

#### **Mission**

We provide the citizens and guests of Missouri a safe and healthy environment through assessment, policy development, and intervention implementation to prevent unnecessary exposure to hazardous environmental conditions that cause illness, injury, and death.

#### **Childhood Lead Poisoning Prevention Program**

#### Mission

Assure the children of Missouri a safe and healthy environment through the detection, treatment, and primary prevention of lead exposures that may cause illness or death.

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#### **Purpose of the Lead Manual**

The purpose of the Missouri Department of Health and Senior Services (DHSS) Lead Manual is to provide guidance to the steps necessary to identify, treat, and prevent lead poisoning in children. The Lead Manual attempts to outline the steps and procedures that should be followed when providing blood testing, medical management, environmental risk assessment and care coordination when a child is found to be lead poisoned.

In addition, the manual describes the responsibility of various service partners during the process of providing services and the steps to be undertaken. However, due to limited availability of resources, the coordination and provision of services varies greatly across the state. This manual does not attempt to address all of the variations.

Elimination of further lead poisoning must involve rehabilitation of housing structural components and at times other environmental concerns. Frequently the environmental action plan developed by the risk assessor for an elevated lead level child is limited in the recommendations that can be made due to financial constraints of the family or property owner. These are issues beyond the scope of this manual, but must be addressed by both the state and the local communities.

The manual includes information about a wide variety of topics. Some subjects are useful to many audiences such as:

- Recommendations for time-phased actions based on a child's blood lead test results.
- How the public health system in Missouri works for children identified with elevated blood lead levels.
- How the roles of each of the various fields of expertise work together to complement each other for the assurance that a child's health is improved and/or maintained.
- Where to call for additional technical assistance.

#### **Health Care Providers**

Health care providers referencing the Lead Manual will have access to:

- The recommendations and requirements for childhood blood lead testing
- Information on the performance a Lead Risk Assessment for a child
- Hand-washing techniques to avoid contamination during blood draws
- How to interpret and respond to blood lead test results for children
- Where to obtain current information on how to medically treat a child identified with lead poisoning
- How to obtain a home environmental lead assessment for an elevated blood lead child
- When to re-test EBL children
- Blood lead testing reporting requirements in Missouri
- How to find out the extent of childhood lead poisoning for areas of Missouri
- How to access anticipatory guidance materials for parents of young children

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#### **Public and Private Laboratories**

Laboratories referencing the Lead Manual will to know:

- Requirements for performing blood lead analyses in Missouri
- The requirements for complete and timely reporting of blood lead test results
- Requirements for analyses of environmental samples for lead content

#### **Case Managers**

Case managers, service coordinators and care coordination staff referencing the Lead Manual will know:

- How to complete the Family History Questionnaire
- How to develop and carry out an appropriate care plan
- What information to provide a family caregiver to reduce a child's blood lead level
- How to assure a variety of diverse services are coordinated for provision to the family of an EBL child
- How to record and report case management activity for an EBL child
- When to close an EBL child case

#### Licensed Lead Risk Assessors Performing EBL Environmental Risk Assessments

Licensed lead risk assessors that reference the lead manual for performing EBL Assessments will know:

- The laws, regulations and requirements for lead activities associated with an EBL case
- How to schedule and conduct an EBL environmental risk assessment
- How to collect environmental samples and interpret the analysis results
- What interim controls are and how to safely apply them
- What lead abatement is and how to safely carry it out
- What to do about a non-compliant property owner
- How to record and report EBL environmental risk assessment activity
- When to close an environmental risk assessment record

#### **Local Public Health Agencies and Managed Care Organizations**

Depending on individual staff responsibilities (i.e., nurse-case managers, environmental public health specialists), referring to the Lead Manual will provide pertinent information for the specialty areas listed above. In addition, Local Public Health Agencies (LPHA's) and Managed Care Organizations (MCO's) will gain a better understanding of their individual, yet connected roles, and the additional support systems that are available to them.

Both of these organizations are expected to closely collaborate and coordinate activities to avoid duplication of services, or conversely gaps in services. Thus, limited resources are used wisely to assure the continued and/or improved health of children within each agency's purview for which both agencies hold some responsibility.

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#### **Lead Poisoning**

#### **Lead in the Environment**

Lead is a shiny silver colored heavy metal found naturally in the earth's crust. It is used in our society for a variety of reasons:

- Lining tanks, piping and other equipment where pliability and corrosion resistance are required.
- Handling corrosive gases and liquids (e.g., sulfuric acid, etc.) for:
  - Transportation-automotive batteries
  - Petroleum refining
  - Halogenation
  - Vitreous enameling
- X-Ray and atomic radiation protection
- Pigment for paints, varnishes, glazes, enamels
- Ammunition
- Compounding agent in rubber manufacture
- Additive to bronze, brass, steel, and other alloys to improve their characteristics
- Compound in:
  - Ceramics
  - Plastics
  - Electronic devices
  - Flint glass

- Cable covering
- Casting metals
- Other metal products
- Crystal

Lead is not typically considered harmful in its natural state. It is only processed or recycled lead that can become a health hazard. Fine particles of processed or recycled lead and/or lead dust becomes a health hazard when it is taken into the body through inhalation (breathing) and/or ingestion (swallowing).

#### **Effects of Lead Poisoning**

Lead affects almost every organ and system in the body. The effects are the same whether it is breathed or swallowed. Lead damages the brain, central nervous system, kidneys, and immune system.

#### Children

Lead in the human body is most harmful to young children under six years of age. It is especially detrimental to children less than three years of age due to their rapidly developing systems. Young children are more likely to take lead into their bodies due to their frequent hand-to-mouth behavior. Their closer proximity to lead dust on the floor and in the soil also increases their risk of exposure. Children absorb and retain more lead in proportion to their weight than do adults. The hearing and growth of young children is also adversely affected by lead. Lead can cause learning and behavioral problems in children. Low-level exposure to lead during early development has been linked to deficits in neurobehavioral-cognitive performance later in childhood and adolescence.

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#### Adults

In adults, lead may decrease reaction time, cause weakness in fingers, wrists, or ankles, bring about constipation, influence hypertension, and possibly affect the memory and concentration. Higher levels of exposure may cause abdominal pain, anemia, encephalopathy and infertility.

Fetuses can be exposed to lead through their mothers. Harmful effects include premature births, smaller babies, decreased mental ability in the infant, learning difficulties, and reduced growth.

#### **Symptoms of Lead Poisoning**

Symptoms of lead poisoning may range from subtle or unnoticeable, to death. Many of the indicators of lead poisoning are common symptoms of numerous other illnesses, and therefore, lead poisoning may not initially be suspected.

Mild Toxicity	<b>Moderate Toxicity</b>	<b>Severe Toxicity</b>
Mild fatigue	General fatigue	Paralysis
Irritability	Headache	Encephalopathy
Occasional abdominal pain	Abdominal pain	Seizure
Muscle pain	Joint pain	Coma
Lethargy - listlessness	Difficulty concentrating	Death
Hyperactivity	Behavior problems	
	Constipation	
	Vomiting	
	Weight loss	

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#### **Lead Exposure Sources**

Listed below are the exposure sources of lead.

#### **Lead Dust**

Lead dust is the primary source of lead poisoning today. Lead from paint, soil, occupational and industrial sources, as well as certain hobbies, contaminates the dust.

#### **Paint**

Through the 1940s, paint with up to 50% lead additives was in widespread use. Beginning in the 1950s, the use and manufacture of interior lead-based paint declined. Until the mid-1970s, exterior lead-based paint and lesser amounts of interior lead-based paint continued to be available.

In 1978, the Consumer Product Safety Commission banned the manufacture of paint containing more than 0.06% lead by weight for use on interior and exterior residential surfaces, toys, and furniture. Unfortunately, lead-based paint that is still available for industrial, military, and marine usage occasionally ends up being used in homes.

Based on this historic review, <u>housing built prior to 1978</u> may contain some lead-based paint. <u>Pre-1950 housing</u> poses the greatest potential risk for exposure due to the high lead content in paint used for residential housing at that time. Additionally, due to its age, housing built prior to 1950 may more likely be deteriorated, thus, the interior and exterior paint of these residences may be chipping, peeling, flaking, and/or dusting.

Intact paint containing lead is not necessarily a hazard to human health. It is only when the paint begins to <u>chip</u>, <u>peel or flake</u> that particles and/or dust become available for uptake into the body. <u>Friction surfaces</u> (i.e., windows, doors, floors, and stairs) coated with lead-based paint also present a health hazard because of the dust that is created when the surfaces rub together.

Additionally, <u>chewable surfaces</u> (e.g., windowsills, chair rails, toys, furniture, etc.) coated with lead-based paint can present an extreme health hazard for young children. Due to children's natural curiosity to explore their environment with all of their physical senses, and the fact that lead-based paint has a sweet taste, their attraction to such a health hazard is understandably increased.

Finally, hazardous lead dust is created, many times in large quantities, during <u>remodeling and renovation</u> of older housing and/or lead-based painted, varnished, or enameled furniture and refinished bathtubs. Many parents, in their attempt to provide a safe, clean, and healthy home environment for their children unknowingly release lead toxins in this manner and endanger their children, themselves and visitors to their home.

#### Soil, Air Emissions, and Remodeling

Lead-contaminated soil is primarily caused by past automobile emissions, industrial emissions, and exterior remodeling. In some parts of Missouri, past lead mining industries have also contributed to the lead contamination of nearby residential soil.

<u>Automobile emissions</u> have been an important source of soil contamination, particularly in areas that had congested traffic when gasoline contained lead additives. The lead from the dust in automobile emissions

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was deposited in the soil along roadways. Because lead is a heavy metal it does not wash away easily, thus children playing in these areas may come in contact with lead contaminated soil.

Industrial emissions may also be a source of exposure for lead poisoning. Missouri is the number one producer of lead ore and lead by-products in the United States. Communities near active farming and mining, milling and recycling plants may be affected by emissions into the air from these industries. Routine air sampling is conducted in these areas to monitor and regulate their safety. Residual waste (chat) left behind from defunct mining operations in certain parts of Missouri may also present a source of exposure to surrounding communities.

<u>Exterior remodeling</u>, involving dry scraping and sanding of lead-based paint is a contributor to lead-contaminated soil. Careful removal, containment and clean-up procedures should be followed to avoid contamination of the nearby soil, as well as yards within the neighborhood caused by blowing wind.

#### **Occupational**

Occupations that deal with lead may also pose a health hazard for individuals and families through takehome lead dust that contaminates clothing, vehicles, lunch boxes, laundry, etc. Some of these occupations include:

- Lead smelting
- Lead recycling
- Battery manufacturing/recycling
- Bridge reconstruction workers
- Brass/copper foundry
- Rubber products manufacturing
- Printers

- Auto repair
- Plumbers/pipe fitters
- Construction workers
- Glass manufacturing
- Plastics manufacturing
- Steel welders and cutters
- Shipbuilders

#### **Other Sources**

Several <u>folk remedies</u> used in this country have been shown to contain large amounts of lead. Two Mexican folk remedies are *azarcon* and *greta*, which are used to treat "empacho", a colic-like illness. *Azarcon* and *greta* are also known as *liga*, *Maria Louisa*, *alarcon*, *coral*, and *rueda*. Lead-containing remedies and cosmetics used by some Asian communities are *chuifong tokuwan*, *pay-loo-ah*, *ghasard*, *bali goli*, and *kandu*. Middle Eastern remedies and cosmetics include *alkohl*, *kohl*, *surma*, *saoott*, and *cebagin*.

Other potential exposure sources for lead poisoning include, but are not limited to:

- Glazed pottery
- Stained glass
- Lead figurines
- Lead shot/bullets
- Furniture refinishing
- Imported crayons

- Fishing sinkers
- Lead soldering
- Lead crystal
- Target shooting at firing ranges
- Mini-blinds
- Leaded candle wicks

#### **REFERENCES:**

Case Studies in Environmental Medicine: Lead Toxicity. Agency for Toxic Substances and Disease Registry. (Revised September 1992)

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#### Highlights of the Missouri Blood Lead Testing Statute RSMo 701.340-701.349

The information below is offered as highlights regarding lead legislation passed in 2001. The full text of the legislation can be found at the Missouri State Government Website <a href="https://www.moga.state.mo.us/statutes/chapters/chap701.htm">www.moga.state.mo.us/statutes/chapters/chap701.htm</a>

- The Department of Health and Senior Services (<u>DHSS</u>) shall establish geographic areas in the state considered to be at high risk for lead poisoning; shall outline blood testing protocols to be used for lead testing; shall define Lead Testing Follow-up and Treatment Procedures; and any other protocols deemed necessary to implement the law.
- In Universal Testing areas the following activities shall occur: (See Testing Areas Map, Subsection 2.3)
  - Any <u>child under the age of 6 years</u> living in or visiting for 10 hours per week or more, the universal testing area, <u>will have their blood tested annually</u> for lead.
  - Day care facilities are required to record a "proof of lead testing" signed by the Health Care Provider performing the test within thirty (30) days of the child's enrollment. If the parent/guardian does not provide it or a written statement stating why they do not want the child tested, the Day Care Facility is to offer the parent assistance in scheduling a test.
  - Any child found to be at High-Risk, living in a residence that is older than 1978, and is undergoing renovation, may be tested every 6 months and once following completion of the work. (also applies to children found to be at high-risk in targeted testing areas).
- In Targeted Testing areas the following activities shall occur:
  - All Medicaid eligible children will be blood tested for lead at age 12 and 24 months of age. It is recommended that all children (regardless of Medicaid eligibility) have their blood tested for lead at 12 and 24 months of age. (This statement does not appear in the law, but applies as the Centers for Medicare-Medicaid Services (CMS) and DHSS recommendations.)
  - ➤ Beginning at <u>age 6 months up to age 6 years</u> every child will <u>be screened by verbal risk assessment</u> (DHSS/DSS questionnaire) to determine whether they are at high risk. See section 2.4 for additional information on verbal risk assessment requirements/options.
  - Every child, less than age six, found to be at high risk, will have their blood tested for lead.
- All Children found to have an elevated blood level (EBL) (by confirmatory venous blood lead test) result of 10 µg/dl or greater shall:
  - ➤ Be provided with <u>appropriate follow-up testing and treatment</u> according to the DHSS guidelines/rules.

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- Any other children under the age of six years living in same individual housing unit shall also be blood tested for lead.
- Children living in pre-1978 housing that is being renovated may be tested every 6 months and once when the work is completed.
- Recommendations for education and testing of pregnant women have been developed and may be found in the <u>Missouri Department of Health and Senior Services Lead Manual</u>, Section 4.
- Health insurance plans/companies shall offer policies to cover lead testing of pregnant women and children under six years of age as authorized by the new law or the rules promulgated for them. (See 376.1290 RSMo).
- Local governments may implement testing requirements that are at least as, or more, stringent than the law or rules promulgated by the state.

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#### Regulations

#### Highlights of Lead Poisoning Assessment, Testing, Follow-up, and Reporting 19CSR 20-8.030

This rule sets forth the criteria for determining high-risk areas for lead poisoning in Missouri; describes who is to perform blood lead testing, testing requirements in high-risk and non-high-risk areas; type of and when to use each type of blood test; follow-up steps for elevated blood lead levels; requirements for child care facility directors in high-risk areas; and reporting requirements for lead poisoning case follow-up activities.

The full text may be found at:

http://www.sos.mo.gov/adrules/csr/current/19csr/19c20-8.pdf

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Subsection 2.3 Testing Areas Map	

#### **Testing Areas Map**

Updated Missouri Lead Testing maps will be published annually and are available at: <a href="http://www.dhss.mo.gov/ChildhoodLead/">http://www.dhss.mo.gov/ChildhoodLead/</a>

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Subsection 2.4 Lead Screening Guidelines and Risk Assessment Tool	

#### **Lead Screening Guidelines and Risk Assessment Tool**

#### \*\* See Subsection 2.1 for determination of testing/screening requirements in your area. \*\*

#### Purpose

Traditionally, the main purpose of a childhood lead screening program has been to identify asymptomatic lead-poisoned children. These questions were developed to assist the health care professional in assessing the level of risk a client may have for lead poisoning. It is designed to guide the initial assessment of risk and to be an adjunct to blood testing.

#### Rationale

Children are at higher risk developmentally for lead exposure. They have more hand-to-mouth activity and their systems absorb more lead than adults. Childhood lead poisoning is often silent with no manifestation of symptoms. Many factors interplay in lead exposure and toxicity in children. Research has shown that a verbal assessment of risk examining the exposure pathways done in conjunction with a blood lead level is a comprehensive approach in identifying children who are lead poisoned.

#### Procedure

The questions are designed to be <u>administered</u> by the child's caregiver. It is important that the child's name, date of birth and date the assessment is performed be included at the top of the assessment tools.

#### **Determining Risk**

Low Risk is determined from the response to the questions. Confirming risk status is determined by the health care professional using selected Medicaid/DHSS Risk questionnaires to obtain answers regarding lead exposure. Any child ages 6 months to 72 months with a positive response to any of the questions is at risk and must receive a blood test immediately. If the parent or caregiver "doesn't know", the question should be considered as if a positive answer was made. Further information should be elicited to confirm the existence of risk status. A negative response to all answers determines the client to be at <u>low risk</u>. Be aware that if a child has been assessed as negative for risk, it does not mean the child cannot be exposed and demonstrate a risk in the future.

#### **Mandatory Lead Testing Based on 2001 Statute Requirements**

The Missouri Legislature passed a law\* in 2001, 701.340-701.349RSMo, which makes blood lead testing mandatory in certain High Risk areas. The following is the language from the requirement for both High Risk (Universal Testing) and Low Risk (Targeted Testing). Please reference Sub-Section 2.1 for requirements of the Blood Lead Testing Statute. Information identifying High Risk and Low Risk areas of the state has been sent to Local Health Departments, Health Care Providers, and Child Care facilities in those areas. Maps indicating High Risk areas of the state are available on the website at <a href="http://www.dhss.mo.gov/ChildhoodLead/">http://www.dhss.mo.gov/ChildhoodLead/</a>.

\* Please be aware that the new law does not alter the mandate Medicaid has for testing of all Medicaid children at 12 and 24 months of age.

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#### (\*DMS REVIEW) Healthy Child and Youth (HCY) Lead Screening Guide

The HCY Lead Screening Guide must be used to complete the lead risk assessment component of the HCY full or partial screen for children ages six to seventy two months of age that are enrolled in the Medicaid program. It may also be used with children not enrolled in the Medicaid program. The HCY Lead Screening Guide may be ordered from <u>GTE Data Services</u>, <u>P.O. Box 5600</u>, <u>Jefferson City</u>, <u>MO 65102</u>, or by checking the appropriate item on the Claims Form/Labels. The form may be reordered by calling Medicaid Provider Relations at 1-800-392-0938.

#### Missouri Department of Health and Senior Services Lead Screening Guide

The Missouri Department of Health and Senior Services lead screening guidelines may be used with children who are not enrolled in the Medicaid program. These questions are similar to questions on the Medicaid HCY Lead Risk Assessment Guide, which can also be used for non-Medicaid patients. See MDHSS Lead Poisoning Risk Assessment Tool.

#### Medicaid (MC+) mandatory screening requirements for Lead Poisoning

- All children must receive a blood lead level test at 12 and 24 months.
- All children between the ages of 12 months and 72 months of age who have not received a lead screen MUST be screened at their next HCY screening regardless of the risk factor.
- All children living in High-Risk Areas must follow DHSS testing requirements as well as DMS requirements.

For all Medicaid children between 6 months and 72 months, the provider must attempt to determine at the initial visit whether or not there are risk factors present which would expose the child to lead. If there are risk factors present, the provider must perform blood lead level testing. Thereafter, the HCY Lead Screening Guide must be used at each HCY screening interval to determine that there have been no changes in the child's living arrangements or that none of the other risk factors have changed since the last screen.

#### Section 2.0 Missouri Lead Screening Plan and Testing **Procedures**

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Subsection 2.5 Childhood Blood Lead Testing and Follow-Up Guidelines

# A dend of recommensations made by the Centers for Disease Control and Presention and the American Academy of Pediatrics and agreed to by the Missouri Department of Health and Kenior Services and the Division of Medical Services For children six (6) months through seventy two (72) months of age Childhood Blood Lead Testing and Follow-Up Guidelines

A. Arrasal blood lead test for all children less than Universal Testing (High Risk Are 16)

six years of age. B. If a child has no documented blood test, a blood test should be performed immediately

require a blood had test at 12 & 24 months of age. B. F a Medicaid childhas no documented test A. Regardless of risk area, Medicaid children anytime before 72 months of age, a blood test should be performed immediately.

patient lead questionnaire found in the Missouri Department of Health and Serior Services "Lead C. Any child spending mare than ten (10) hours a week in areas identified as high-risk for lead D. All other children shall be assessed by the poisoning shall be blood lead tested aronally Targeted Testing (Non High-Risk Areas)

# INITIAL Childhood Blood Lead Tests May Be Performed By Capillary Or Venous Method

Capillary ingerstick, and the result is 10 µg/dL or greater, it MUST be confirmed by venous blood within the time frames indicated below. Venous blood draw not not sad unith commencies noted into the confirmation. If the initial test is obtained by:

Follow. IIn	do como e	No action remined unless exposure sources change.	1. Provide family lead education.	2. Provide follow-up testing.	<ol><li>Refer for social services, if necessary.</li></ol>		Note: If 2 venous tests, taken at least 3 months apart, both result in elevations of	15µg/d1 or greater, proceed with retest intervals and follow-up for BLLs of 20-44.		Same as 1-3 above, plus:	<ol> <li>Assure coordination of case management) either through the HMO, Provider</li> </ol>	or Local Public Health Agency.	<ol><li>Provider assures medical management.</li></ol>	<ol><li>Call Local Public Health Agency to provide environmental usk assessment and to</li></ol>	as sure lead-hazard control.	Same as 1-6 above, plus:	<ol> <li>Within 48 hours, begin coordination of care (case management), medical</li> </ol>	management, environmental risk assessment, and lead hazard control.	<ol><li>A child with a confirmed BLL&gt;44 µg/d1 should be treated promptly with</li></ol>	appropriate chelating agents and not returned to an environment where lead	hazard exposure may continue until it is controlled.	9. Hospitalize child and begin medical treatment immediately. Begin coordination	of care (case management), medical management, environmental usk assessment	and lead hazard control immediately.	<ol> <li>BLLs &gt;69 µg/d1should have an urgent repeat venous test, but chelation therapy</li> </ol>	should begin immediately (not delayed until test results are available).
B. Venous blood draw, proceed with appropriate retest intervals and follow-up.  INITIAL Confirm Heine Venezale		Reassess or re-test within I wear	2-3 month intervals		Note: If 2 venous tests, taken at least 3	months apart, both result in elevations	of 15 µg/dl or greater, proceed with	retest intervals and follow-up for BLLs	of20-44.	1-2 month intervals until the following 3	conditions are met:	<ol> <li>BLL remains less than 15µg/dl</li> </ol>	for at least 6 months.	<ol><li>Lead hazards have been</li></ol>	removed	<ol><li>There are no new exposures.</li></ol>		When the above conditions have	been met, proceed with retest	intervals and follow-up for BLLs	10-19.					
l draw, proceed with	Venous Blood	N/A	2 Months							2 Weeks*						2Days*						IMMEDIATELY				
B. Verious blood	Blood Test	<10 uz/dl	10-19 µg/d1							20-44 µg/d]						45-69 µg/d1						70+ µg/d1				

"The higher the testing level, the more urgent the need for a confirmatory test. \*BLL means Blood Lead Level

# Section 2.0 Missouri Lead Screening Plan and Testing Procedures Subsection 2.6 Capillary (Fingerstick) Blood Sampling Procedure

#### **Capillary (Fingerstick) Blood Sampling Procedure**

This procedure is one component of the screening for lead poisoning. Lead is present on clothing, skin, and other articles in the environment. It is important that the procedure be carefully followed so the blood specimen is not contaminated by environmentally available lead dust.

#### **Equipment Needed**

soap

1 pair latex gloves (wear gloves throughout the procedure)

white paper towels (do not use paper towels from recycled paper)

1 sterile alcohol swab

1 lancet

1 capillary DHSS Lab blood collection tube \* check the date on the capillary device to make certain it has not expired.

2 2 x 2 sterile gauze pads

1 small adhesive bandage

1 lab form (lab form 13C (1-04)

mailer

container for sharps; waste

#### **Instructions for Use**

The capillary device is completely assembled and ready to use. It is important that the flow of blood be adequate enough to fill the capillary rapidly.

The following instructions and diagrams are provided from the manufacturer (Ram Scientific) for use of the capillary sampling device.

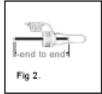
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Subsection 2.6 Capillary (Fingerstick) Blood Sampling Procedure



 Collection – Hold the SAFE-T-FILL close to the puncture site at a horizontal or slight angle so that it touches only the blood drop (Fig 1). The blood drop will be pulled into the tube via capillary action. Do not scoop!



Fill End-to-End – Fill the capillary tube end-to-end once (Fig 2). A complete end-to-end fill of the capillary tube is equal to the stated fill volume.



Tap to Transfer – While holding the tube in a vertical position, gently tap the bottom to allow the blood to flow into the microtube. (Fig 3).



Cap and Discard – Remove the capillary tube together with the colored sleeve (Fig 4).
 Close microtube with attached cap. Properly discard the capillary tube and colored sleeve.



Mix Sample – Mix by holding the tube between thumb and forefinger and gently inverting the tube 8-10 times (fig 5).

 Process – Label the tube and process the sample according to your organizational guidelines. NOTE: The recommended centrifugation for Gel tubes is 5 minutes at 4000 rpm, or equivalent for your centrifuge.

\* Note: Puncturing of the fingers of infants less than 1 year of age is NOT recommended. Puncturing of the heel is more suitable for these children (NCCLS 1986 and CDC Prevention of Lead Poisoning in Young Children-- October 1991)

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Subsection 2.6 Capillary (Fingerstick) Blood Sampling Procedure

Method of Collection: \*PLEASE NOTE--FOR CAPILLARY SAMPLING YOU WILL NEED TO OBTAIN AT LEAST 250 MICROLITERS OR  $\frac{1}{4}$  CC. \*See SPHL Blood Collection Procedure Sub-section 2.10.

- 1. Instruct the child (if age appropriate) and the parent/caregiver about the need for the procedure and how it is done. Instruct the parent/caregiver when the results should be available and how they will be notified. Obtain written consent from the parent/guardian for the procedure BEFORE sampling. Include in the consent form a listing of providers the blood lead result may be shared with. Provide the parent/guardian with a copy of the signed consent.
- 2. Explain to the parent/caregiver how they can assist you in doing the procedure: holding the child on their lap, carefully restraining the child, comforting the child etc. Consider use of "therapeutic hugging" (a secure, comfortable holding position, usually sitting, that provides close physical contact with the parent or other trusted caregiver).
- 3. Assure both parent and child that you will perform the procedure as quickly and safely as you can. Also tell them that you will only try the procedure two times if you have not been able to obtain the blood on the first attempt. Advise the parent/guardian that if you are unable to obtain the sample that the child will be referred to the physician for sampling. Let the child know that to cry is acceptable.

\*REGARDING HAND WASHING: It is important to wash the child's hands including front and back, in between the fingers, around the nails, and underneath the nails to get a correct test.

- 4. Wet the child's hands apply liquid soap and lather well. (You may want to use a SOFT brush to help clean the nail area.) Rinse hands well letting the water run from the wrist area into the sink. Dry with a paper towel and then get a clean paper towel to wrap around the hand. Keep the paper towel over the hand. The parent/caregiver can assist you by holding the towel in place.
- 5. Open the supplies being careful not to contaminate any part of them. (All supplies should be lead free. Place sampling items on a clean paper towel. You may want to cover the supplies until use, so the child doesn't become more frightened looking at the equipment)
- 6. Wash your hands and put on gloves. Remove any powder that might be on the gloves by washing under running water.
- 7. After removing the paper towel, gently grasp the client's hand so that your thumb is across the top portion of the child's fingers.
- 8. Hold the child's hand so that the palm faces him/her.
- 9. Use the child's middle or ring finger for the sample. Check the finger for any signs of injury or infection before using. (You may want to briefly massage the fleshy portion of the finger gently, or let the child hang fingers down to help stimulate blood flow)
- 10. Expose the finger selected for procedure. Clean the fingertip with the alcohol pad. Let the finger dry.
- 11. Using the lancet, stick the finger slightly left of center. (The child may be distracted by asking questions or talking to him/her in a soothing fashion.)
- 12. The first drop of blood should be wiped away with a clean dry cotton ball or gauze. (This drop contains tissue fluids that compromise the sample)

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Subsection 2.6 Capillary (Fingerstick) Blood Sampling Procedure

- 13. Let a well beaded drop of blood form at the puncture site holding the finger horizontally so as to not let the blood run down the finger/finger nail area.
- 14. Put the capillary tube horizontal or at a slightly down ward slant to fill. See Diagram # (Blood flows better if the punctured finger is kept lower than the heart). Filling of the capillary tube should be performed quickly and efficiently as delay can make collection more difficult (for example the blood may clot or the child may resist). Maintain a continuous flow of blood and rotate the capillary tube as you fill the capillary tube to keep contact with the anti-coagulant in the capillary tube. Important: Fill the capillary tube end to end before gently tapping to allow blood to flow into the device. Avoid using the capillary tube in a "scraping motion" along the puncture site as this may change the quality of the sample. The tube should not be wiped prior to filling and care should be taken not to touch the tip of the capillary tube with anything but the blood. Collect 250 Microliters (½ cc) of blood for the sample.
- 15. Wipe the child's finger with gauze and have the parent or caregiver apply pressure to the puncture site to stop any bleeding.
- 16. Disassemble collecting device carefully as to not contaminate lid.
- 17. Close the tube being careful not to contaminate the closure cap.
- 18. Immediately mix the blood thoroughly with the anti-coagulant by holding the tube between the thumb and forefinger and gently inverting the tube 8-10 times.
- 19. Label the specimen appropriately and store in the refrigerator until sent to the laboratory. (Complete Lab form 13C(1/04)—See SPHL Guidelines this Section.
- 20. Check the puncture site for bleeding. Apply pressure until site closed. Secure with an adhesive bandage. Praise the child's cooperation with the procedure. Remaining parent/caregiver instruction and reference literature should be given about prevention of lead poisoning.
- 21. Dispose of all equipment safely. Cleanse the work area according to agency policy. Remove gloves and dispose of properly and wash your hands.
- 22. Document in the client records the procedure and sample collection, and instructions to the parent/caregiver and any unusual circumstances occurring during the procedure.

#### Alternate Handwashing Procedure for Capillary (Fingerstick) Procedure

This procedure is outlined for use in those instances when it is necessary to obtain a blood lead specimen on a client and there are inadequate hand washing facilities. It is important to keep in mind that proper preparation and cleaning of the finger be used to prevent specimen contamination. Additionally, this procedure is not a replacement for the previously outlined technique. \*Remember to explain the procedures and obtain consent as noted in the previous Capillary Method of Collection instructions BEFORE sampling.

Prior to beginning, the nurse should put gloves on and wipe the gloves, using a disposable wetwipe or alcohol sponge to eliminate any powder. Supplies should be laid out on lead-free, paper towels. These supplies include:

2 alcohol swabs lancet (size determined by age of client and site) Capillary DHSS lab blood collection tube 1 lab form (lab form 13C, (1-04) hazardous waste container sharps container

# Section 2.0 Missouri Lead Screening Plan and Testing Procedures Subsection 2.6 Capillary (Fingerstick) Blood Sampling Procedure

2x2 gauze adhesive bandage

#### **Method of Collection:**

- 1. Clean finger with alcohol pad
- 2. Dry with gauze
- 3. Obtain specimen following previously outlined Capillary Method of Collection procedure

#### **Filter Paper Blood Lead Testing**

The CDC believes that Filter Paper techniques are acceptable for blood lead testing if health care providers ensure that, as with all blood lead test methods, the chosen laboratory is participating satisfactorily in CLIA certified proficiency testing (PT) Program. The revised CDC position is not an endorsement of the use of filter paper over other techniques for the purpose of sample collection or analysis for blood lead. Nor is this an endorsement of filter paper lead testing by DHSS. It is mentioned within this manual to provide knowledge regarding other possible methods to accomplish the initial blood lead testing of children. For additional information, contact the nurse in the DHSS Childhood Lead Poisoning Prevention Program.

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#### **Venous Blood Sampling Procedure**

#### **Equipment Needed**

disposable gloves \*universal precautions (wear gloves throughout the procedure) tourniquet
phlebotomy tubes (SPHL- tan top, lead free with label--\* check the date on the venous tube to make sure it has not expired)
butterfly needle with tubing
alcohol swab
mailing package
sharps disposal container
sterile sponge
ice or refrigerator for storage
1 lab form (lab form 13C, 1/04)

#### Method of Collection: PLEASE NOTE FOR VENOUS SAMPLING YOU WILL NEED TO OBTAIN 1 MILLILITER- (2/3 of a Vial) \* See SPHL Blood Collection Procedure Subsection 2.10.

- 1. Instruct the child (if age-appropriate) and the parent/caregiver about the need for the procedure and how it is done. Tell the parent/caregiver when the results will be known and how they will be informed of the results. Obtain written consent from the parent/guardian for the procedure BEFORE sampling. Include in the consent form a listing of providers that the blood lead result may be shared with. Provide the parent/guardian with a copy of the signed consent.
- 2. Explain to the parent/caregiver how they can assist you in doing the procedure: holding/restraining the child, comforting the child. Consider use of "therapeutic hugging" (a secure, comfortable holding position, usually sitting, that provides close physical contact with the parent or other trusted caregiver).
- 3. Assure both parent and child that you will perform the procedure as quickly and safely as you can. Also tell them that you will only try the procedure two times if you have not been able to obtain the blood on the first attempt. Let the child know that to cry is acceptable.
- 4. Assemble all the equipment on a clean towel/surface. (you may want to cover the equipment until used so the child doesn't become more frightened by looking at the equipment).
- 5. Wash your hands thoroughly.
- 6. After drying your hands, put on gloves. If they are powdered, rinse the powder off and dry thoroughly.
- 7. Examine both arms and hands to locate the vein that you assess as being appropriate for obtaining the venous specimen. (You may want to apply a warm compress to the site to help dilate the vein if needed).
- 8. Apply the tourniquet so that it can be easily released using 1 hand. Ask the child to squeeze their fist several times. Wipe the selected vein with an alcohol pad.

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- 9. Allow the area to dry. Insert the needle into the selected vein and look for blood flow into the tubing. (If needed emphasize to the age-appropriate child that the blood entering the syringe or tube doesn't take all their blood away and that they have a lot more inside).
- 10. Immediately attach the needle at the end of the tubing into the tube stopper and allow the blood to flow into the tube, filling it with at least 1ml (milliliter) of blood for the venous sample.
- 11. Remove the tourniquet and remove the needle from the child's arm. Dispose of needle in sharps container.
- 12. Cover the site with a sterile gauze, applying pressure to the puncture site for a few minutes. Instruct the parent or child (if they are able) to hold the gauze in place, bending the arm if using the antecubital aspect and pointing the fingers to ceiling, if necessary.
- 13. Gently agitate the specimen 10-15 times to mix the anticoagulant through the blood sample adequately. Attach the label to the vaccutainer tube, making sure that the correct and complete information is included (complete name, date of collection, address of the child, agency name and address, DOB, and doctor name, if appropriate).
- 14. Check the child's arm for bleeding. If no free flowing blood, cover with an adhesive bandage. Praise the child for cooperation with the procedure.
- 15. Complete the laboratory form, 13C (1/04) unless you have done so prior to doing the procedure. Confirm with the parent that information on the form is correct. Fill in all the spaces completely and legibly. Be sure that the information is clear on all copies of multipaged forms (NCR).
- 16. Prepare the specimen for mailing according to the laboratory instructions and your agency's policy. The plastic centrifuge tube is an inner mailing container for blood samples. All blood samples must be packed in the plastic inner mailing container and then placed in the outer cardboard return mailer with the address label

NOTE: If it is not possible to mail the samples the day that they are obtained, refrigerate them until they can be mailed (For example, refrigerate blood obtained on Friday to be mailed on Monday.)

- 17. Dispose of all used equipment safely. Return items to their appropriate locations.
- 18. Cleanse the work area and disinfect the counter according to agency policy. Remove gloves and dispose of them appropriately and wash your hands.
- 19. Document the procedure in the client record, including the date, type of procedure carried out, instructions given to the client and parent, their reactions, and any unusual circumstances occurring during the procedure.

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#### **Laboratory Requirements**

#### **Blood Lead Analyses**

All laboratories performing blood lead analyses must be certified by the Clinical Laboratory Improvement Act (CLIA) as required by law<sup>1</sup>. For information about the CLIA, contact the Missouri Department of Health and Senior Services, Bureau of Health Facilities Regulations, (573) 751-6318.

Organizations using hand-held portable blood lead analysis machines must be CLIA certified. State laws require that results obtained from hand-held portable blood lead analysis machines must also be reported as required<sup>2</sup>.

#### **Lead-Bearing Substances Analyses**

All laboratories analyzing environmental samples (i.e., paint, soil, dust, etc.) for lead content must be recognized by the EPA's National Lead Laboratory Accreditation Program (NLLAP) as required by law<sup>3</sup>. All laboratories recognized by the NLLAP are required to undergo on-site audits, and to perform successfully on a continuing basis in the national Environmental Lead Proficiency Testing (ELPAT) Program.

Currently, EPA recognizes the American Industrial Hygiene Association (AIHA) and the American Association for Laboratory Accreditation (A2LA) as accreditation organizations participating in the NLLAP laboratories audit process. For further information about NLLAP-recognized laboratories, call the National Lead Information Center at 1-800-424-LEAD.

Internet site for Missouri Statutes:http://www.moga.state.mo.us/homestat.htm

Internet site for Missouri Rules: http://mosl.sos.state.mo.us/csr/csr.htm

#### **Laboratory Reporting**

#### **Blood Lead**

All laboratories are required by law to report all blood lead test results<sup>4</sup> for Missouri citizens to the Missouri Department of Health and Senior Services (DHSS) or the local health authority as follows<sup>5</sup>:

PATIENT'S AGE	BLOOD LEAD TEST RESULTS  µg/dl = micrograms per deciliter	TIMEFRAME
72 months or less (<6 years of age)	>45 µg/dl	Within 24 hours
(<0 years or age)	<45 μg/dl	Within 3 days
73 months or greater (>6 years of age)	All results	Within 3 days

<sup>&</sup>lt;sup>1</sup> RsMo 701.318

<sup>2</sup> MO 19 CSR 20-20.010-080

**DHSS LEAD MANUAL** 

<sup>&</sup>lt;sup>3</sup> 40 CFR 734.227(f)(2) and MO 19 CSR 30-70.610(5)(B) and 30-70.620 (4)(B)

<sup>4</sup> RsMo 701.318

<sup>&</sup>lt;sup>5</sup> MO 19 CSR 20-20.010-080

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All reported blood lead test results are required by law to include the following information:

#### **Patient Information:**

- Complete name
- Date of Birth
- Sex

- Race
- Home address with zip code
- Home phone number

#### Test Information:

- Test type (venous or capillary)
- Test result
- Date of blood draw
- Date of analysis

- Treatment facility (if any)
- Attending physician
- Name and address of reporter
- Date of report

Reporting may be accomplished in a variety of ways. By submitting:

- Copies of individual laboratory slips
- Computer generated paper reports
- Electronic file on floppy disk, or via internet e-mail (using encryption or passwords)

#### **Electronic Reporting**

To make arrangements to report electronically, or for further reporting information, contact the Missouri Department of Health and Senior Services at 1-573-526-4911.

All local health authorities are required by law to forward to the Missouri Department of Health and Senior Services all reported test results within twenty-four (24) hours after being received, according to procedures established by the DHSS.

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#### **Public Health Laboratories**

There are four public health agencies in Missouri with certified laboratories that perform lead analyses:

- Missouri Department of Health and Senior Services—Jefferson City (573-751-3334)
- St Louis City Department of Health and Hospitals St Louis (314-658-1140)
- St Louis County Department of Health– Clayton (314-615-0600)
- Springfield-Greene County Public Health Center Springfield (417-864-1670)

Some of the public health laboratories provide blood lead analyses for private health care providers, while others do not. Health care providers seeking to utilize public health laboratory services are encouraged to contact the public health laboratory closest to their clinic to obtain further information.

Analyses of environmental samples (i.e., water, paint, soil, dust, etc.) for lead content are also performed by some of the public health laboratories. However this service is generally only provided for EBL (elevated blood lead) child investigations and licensed daycare center licensing inspectors in their jurisdictions. Contact the nearest public lab for further information about this service.

#### Missouri Department of Health and Senior Services Laboratory

#### Blood Lead Analyses

The State Public Health Laboratory (SPHL) offers blood lead analyses of both capillary and venous specimens drawn from children six months through six years of age for all local public health agencies and private health care providers. All private health care providers are encouraged to use the lead testing services of private laboratories, or contact the public health laboratory closest to their clinic, before contacting the SPHL.

Blood lead analyses for patients/clients other than children six months through six years of age may be performed by the SPHL under certain circumstances (i.e., special studies, at-risk pregnant women, etc.) for local public health agencies only. However, prior approval and notification from the Missouri Department of Health and Senior Services, Section for Environmental Public Health (1-573-526-4911) must be obtained. The SPHL does not analyze blood lead specimens for occupational purposes unless it is a part of an approved special study.

All specimens are analyzed by atomic absorption spectroscopy (AAS). The SPHL participates in the national CLIA approved proficiency-testing program. Thus, all submitters must meet and follow certain criteria and procedures as established by the SPHL. Private health care providers must register as a SPHL client before specimens will be accepted.

#### Blood Lead Supplies

All blood specimens <u>must</u> be submitted in collection devices provided free of charge by the SPHL. Mailing supplies for specimens are also provided at no charge. These measures provide several quality assurances, including guarantees that collection tubes do not contain detectable lead.

All blood collection kits provided by the SPHL come with:

- Plastic centrifuge tubes to protect specimens during shipment
- Cardboard boxes for shipment two sizes are supplied
  - Corrugated tubes for mailing one centrifuge tube
  - Cardboard boxes for mailing three centrifuge tubes

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- Pre-addressed colored mailing labels
- Blood lead analysis request forms

#### Capillary kits also contain:

- Lead free capillary collection devices
- Labels for specimens

#### Venous kits also contain:

• Vacutainer collection tubes (tan top, lead-free, with label)

#### To obtain blood collection supplies from the SPHL:

- Call the Central Services Unit at 573/751-4830 or 573/751-3334.
- Fax or mail the Requisition for Laboratory Specimen Kits (Lab-19 form).

  Supplies may be ordered as a complete kit or as individual components.

#### **Blood Collection Procedure**

1. Complete the sample label and the appropriate analysis request form. The following information is required for *each* specimen submitted to the SPHL:

The patient's name on the specimen *and* on the analysis request form must match.

- Date specimen collected
- Patients name, date of birth, address, and parent/guardians name
- Complete name and mailing address of the requesting facility
- Name and telephone number of person authorized to receive test results by phone
- 2. Collect the following quantities of blood (refer to the Lead Testing section for recommended techniques):
  - Capillary 250 to 500 microliters
- Venous approx. 1 milliliter (2/3 of a vial)
- 3. Immediately close the tube and rock it gently back and forth for 30 seconds to thoroughly mix the blood with the anti-coagulant.
- 4. Pack the specimen in a centrifuge tube to protect it during shipment. Each centrifuge tube can hold up to:
  - 3 capillary collection devices; or
- 1 venous vacutainer collection tube.
- 5. Use the correct sized mailing box and a pre-addressed colored mailing label to ship the blood specimen(s) to the SPHL. NOTE: If it is not possible to mail specimens the same day they are drawn, refrigerate them until they can be mailed.

#### **Blood Lead Analyses Restrictions**

Specimens are not analyzed by the SPHL if any of the following conditions exist:

- The specimen is not submitted in the proper collection device
- There is no identifying information on the specimen
- The specimen identification does not match the identification on the request form
- The specimen is clotted
- There is an insufficient quantity of blood

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#### Reporting Results of Blood Lead Analyses

<u>All</u> blood lead test results are reported as lead micrograms per deciliter of blood ( $\mu g/dl$ ). Results of 20  $\mu g/dl$  or greater are immediately phoned to the provider authorized to receive the results as specified on the analysis request form.

Blood lead test results are reported with the actual quantity of lead (e.g.,  $18 \mu g/dl$ ) for results 2 or greater. For analysis results <2  $\mu g/dl$ , the report is returned as "<2  $\mu g/dl$ ".

Capillary blood lead test results are presumptive and considered as a screening method by CDC.

#### Environmental Lead Analyses

The SPHL analyzes drinking water, soils, dust wipes and paint samples taken from the homes of children with elevated blood lead results for the presence of lead. In order to qualify for environmental sampling, a child must have a confirmed blood lead reading of:

- 20 µg/dl or greater; or
- 2 consecutive blood lead levels of 15  $\mu$ g/dl or greater, taken at least 3 months apart.

All specimens are analyzed by atomic absorption spectroscopy (AAS). The State Public Health Laboratory (SPHL) is an NLLAP-recognized laboratory for analyzing lead in paint, dust or soil samples. Thus, all submitters must meet and follow certain criteria and procedures as established by the SPHL. Water samples must be submitted by an environmental public health specialist or environmental specialist employed by a public health agency. In order to provide several quality assurances, including guarantees that collection devices do not contain detectable lead, paint, dust, or soil samples must be submitted by a Licensed Lead Risk Assessor in collection devices provided by SPHL.

All environmental collection kits provided by the SPHL come with:

- Labels for specimens
- Pre-addressed colored mailing labels
- Lead analysis request forms (examples on following pages)
- Dust, soil & paint chips Environmental Lead Analysis forms
- Water Private Water Supply forms

#### Dust Wipe kits also contain:

- Individually wrapped wipes
- 50 ml conical tubes

Soil kits also contain 8" x 10" plastic zip lock bags

Water kits also contain 1-quart cubitainers

Paint chip kits also contain 4" x 6" plastic zip lock bags

To obtain environmental lead sampling collection supplies from the SPHL:

- Call the Central Services Unit at 573/751-4830 or 573/751-3334.
- Fax or mail the Requisition for Laboratory Specimen Kits (Lab-19 form).

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Supplies may be ordered as a complete kit or as individual components.

#### Environmental Lead Sample Collection Procedure

1. Complete an environmental sample label and an appropriate analysis request form *for each specimen*.

The following information is required for *each* specimen submitted:

- The identification information on the label affixed to the environmental sample *and* on the analysis request form *must* match
- Date specimen collected
- Patients name, date of birth, address, and parent/guardians name
- Complete name and mailing address of the requesting facility
- 2. Collect the following quantities of samples (refer to the Environmental Management section for recommended sampling techniques):
  - Dust wipes—Submit 1 field blank wipe (in which no surface is wiped) for each address investigated where dust wipe samples are taken
  - Soil—At least 400 grams (approximately 1 pint)
  - Water—At least 500 milliliters (approximately one-half of a quart) Paint chips—The equivalent of at least 3 square inches
- 3. Package and ship specimens using the pre-addressed mailing labels as soon as possible after collection.

#### Reporting of Environmental Lead Analyses Results

The submitter will receive results within the following timelines:

- Water within 2 to  $2\frac{1}{2}$  weeks
- Paint, dust, or soil within 1 to 3 weeks

Results are reported with the following units (see Environmental Management Section for equivalents and calculations):

- Paint: percent lead by weight (%)
- Dust: micrograms of lead per wipe (µg Lead/Wipe)
- Soil: micrograms of lead per gram of dry soil (µg Lead/ g dry soil)
- Water: parts per billion or micrograms per liter (ppb or  $\mu g/L$ )
- Air Filters: mg lead per filter.

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#### Public Health System Table of Contents

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Subsection 3.1 Core Public Health Functions	

### **Core Public Health Functions**

The core functions of public health, whether at the local, state or federal level, are assessment, policy development and planning, and assurance. These functions relate to population-based activities versus individual health care.

#### Assessment

Assessment involves collecting information to evaluate what has happened, is happening, or will happen. For public health, routine assessment functions are performed to:

- Detect causes of outbreaks or sources of exposure;
- Recognize and predict affected populations and trends;
- Identify what is working and/or what may be lacking within any system that may impact human health; and
- Report findings.

For childhood lead poisoning prevention, assessment relates to the surveillance activities described in the following section.

#### **Policy Development and Planning**

Policy development and planning are derived from the evidence that results from the assessment process. The policies reflected throughout this manual (including referenced federal, state and local laws) are a result of several years of on-going assessment activities (i.e., studies) related to childhood lead poisoning prevention, detection and interventions.

#### Assurance

Assurance is the process that promotes healthy behaviors and monitors systems that may impact human health to ensure continued health protection and/or improvement, based on current policies. The policies in this manual provide guidance and instruction for appropriate service delivery for childhood lead poisoning and its prevention

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Subsection 3.2 Lead Surveillance	

# **Lead Surveillance**

The Missouri Department of Health and Senior Services (DHSS) is required by law to maintain a lead poisoning information reporting system.\* Two systems are currently in operation:

- 1. A passive surveillance system that records all reported blood lead test results for all Missouri citizens older than six years of age.
- 2. The Childhood Lead Surveillance System, (CLSS) which actively records and reports all lead testing and follow-up activities for children less than 72 months of age.

#### **Childhood Lead Surveillance System**

#### **Data Collection**

The CLSS actively records and reports:

- All blood lead test results for children less than 72 months of age
- Address information for all lead-tested children less than 72 months of age
- Case management activities for children identified with elevated blood lead (EBL) levels
- Environmental investigation information at addresses where children with elevated blood lead levels currently reside, frequently visit, or have resided or frequented
- Lead hazard reductions at environmentally investigated addresses

#### Blood Lead Test Reports

Although DHSS has ultimate responsibility, the statewide CLSS is actively maintained with considerable support from several local public health agencies (LPHAs). The following local CLSS sites electronically record, track, follow-up, analyze, and report all lead information for children residing within their areas of responsibility:

- Kansas City Health Department
- St Louis City Department of Health and Hospitals
- St Louis County Department of Health
- Springfield-Greene County Public Health Center

DHSS electronically records all lead information for children residing in the remaining "Other Areas" of Missouri. Information from all CLSS sites is periodically merged into a master file at DHSS for statewide analyses and reporting.

#### Referrals

When a report is received by DHSS of a child with an EBL that requires case management and environmental investigation, the information is immediately faxed to the appropriate jurisdictional LPHA within the "Other Areas" of Missouri. Each LPHA is responsible for assuring that appropriate and timely services are rendered for its constituents. Pertinent follow-up information is gathered and reported to DHSS for recording in the CLSS.

#### Tracking

The CLSS is used to track EBL child cases and an EBL investigation to assure that appropriate follow-up is occurring in a timely manner. Reminder phone calls, letters, and faxes are periodically sent to LPHAs for EBL cases and investigations in which follow-up information has not been received.

\*RsMo 701.326

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Subsection 3.2 Lead Surveillance	

#### Analyses

Routine analyses are performed using the data collected in the CLSS:

- Various trends of EBL are evaluated.
- Environmental, case management and medical activities are monitored.
- Types of identified lead hazards are assessed.
- Lead hazard reduction methods that are used are reviewed.

#### Reporting

- Weekly reports are sent to all Medicaid Managed Care health plans and the Division of Medical Services listing children enrolled within each plan that were reported with blood lead levels of 10 µg/dl or greater during that week. These reports are intended to inform the plans about their EBL children and elicit a response as to the follow-up conducted.
- Monthly reports are mailed to all LPHAs listing all children residing within their jurisdiction that were blood lead tested during the previous month. These reports notify each LPHA regarding blood lead testing activities occurring for children residing within their jurisdiction, and inform the LPHAs of providers conducting lead testing for children within their area.
- Quarterly Overdue Blood Lead testing reports are mailed to all LPHAs listing all children residing in their jurisdiction who need follow-up blood lead testing based upon a previous EBL.
- Quarterly Open Investigation reports are sent to all counties performing lead risk assessments.
- **Annual** reports are produced and disseminated twice each year (at the end of the calendar year and the fiscal year) that give an aggregate summary by county of:
  - Number of childhood blood tests
  - Percent of the child population tested
  - Number of EBL children
  - Percent of EBL children of those lead-tested (prevalence)
  - Comparisons to the previous year.

Copies of annual reports are available from the Missouri Department of Health and Senior Services upon request and are located on the DHSS Childhood Lead Poisoning Prevention website at <a href="http://www.dhss.mo.gov/ChildhoodLead/">http://www.dhss.mo.gov/ChildhoodLead/</a>. Historical annual reports from 1995 to present are also available.

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Subsection 3.3 Local Public Health Agencies	

# **Local Public Health Agencies (LPHA's)**

There are over 100 LPHA's located throughout Missouri that perform numerous health functions for the communities within their jurisdictions. The majority of LPHA's reside over a county, but there are a few city health departments as well. Each agency is autonomous, supported by local county or city taxes, and state or federal grants. LPHA's, because of their locations directly within communities, and their well-established relationships with their constituents and local decision-makers, are in a position to effectively promote healthy behaviors and monitor systems that impact human health.

To prevent childhood lead poisoning, the LPHA's role is to promote and ensure that Missouri children receive appropriate, adequate, and timely preventative health care and have a safe, healthy home environment. LPHA's should promote or inform the public in the following categories:

#### Physicians and Parents:

Routine Childhood Blood Lead Testing

Homeowners, Landlords, Realtors, Public Housing Authorities, and Other Housing and Construction Related Professions:

- Safe remodeling, renovation and lead hazard reduction practices and proper notification
- Federal lead disclosure and notification laws

For children with lead poisoning, the LPHA role may include:

- Assure appropriate medical and case management is provided through follow-up with responsible providers.
- Provide home environmental lead investigations to identify lead hazards that may cause exposure.
- Assure identified lead hazards are reduced safely.
- Document and report case findings.
- Educate parents or guardians

For the phone number of the LPHA for your area, please consult your phone book, or contact the Missouri Department of Health and Senior Services at (573) 526-4911 for your LPHA's phone number.

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Subsection 3.4 Missouri Department of Health and Senior Services	

# Missouri Department of Health and Senior Services (573) 526-4911

The Missouri Department of Health and Senior Services (DHSS) is responsible statewide for:

- Surveillance, assessment and reporting activities (described previously)
- Policy development and implementation and enforcement (i.e., state statutes and regulations)
- Oversight and technical assistance to various public and private provider organizations
- Promotion of childhood lead testing and the prevention of childhood lead poisoning

#### **Lead Licensing and Accreditation\***

State laws require specific training and subsequent licensure of several lead occupations:

- Lead inspectors
- Lead abatement contractors
- Lead abatement workers

- Lead risk assessors
- Lead abatement supervisors
- Lead project designers

DHSS is authorized by state law\* to accredit providers to conduct specific training for these lead occupations. DHSS then issues licenses to qualified, trained individuals for these lead occupations. Finally, DHSS is responsible for oversight of lead activities performed by these lead occupations and subsequent enforcement actions for violations.

DHSS is also responsible for the education and monitoring of lead abatement activities performed by the general public as established by state law.\* Such proscribed lead abatement activities are described in more detail in the Environmental Management section.

\*RSMo 701.300 - 338

#### EBL Environmental Risk Assessments

Although LPHA's are encouraged to respond to public health needs within the communities they serve, in local areas where there is no licensed lead risk assessor and environmental lead services are not provided by contractors, DHSS staff located in the region offices respond to conduct environmental investigations for children with specific elevated blood lead levels. The operation of XRF equipment is also available to all LPHA's by DHSS when necessary. DHSS staff is available to provide all types of technical assistance to LPHA's.

#### **Educational Materials**

Various educational materials about childhood lead testing, lead poisoning prevention and safe lead hazard reduction are available at no charge from DHSS. Refer to the appendices for a list of materials available and instructions for how to order them.

#### Other Functions

Other functions of DHSS are described throughout this section. For further assistance, please call the DHSS at (573) 526-4911.

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Subsection 3.5 Medicaid	

#### Medicaid

Medicaid requirements for all childhood lead poisoning services are the same as the recommendations made by the DHSS as set forth in this manual. Medicaid and DHSS work closely together to assure continuity of care, regardless of payer source. The Missouri Medicaid Program is administered by the Department of Social Services, Division of Medical Services. Childhood lead poisoning prevention activities are managed in two ways:

• MC+ Fee For Service

• MC+ Managed Care

#### Collaborations with Medicaid

- DHSS and Medicaid staff meet and consult on a regular basis
- The DHSS works closely with Medicaid to assure all policy and procedural statements issued by both agencies are consistent.

Lead testing data is matched with Medicaid eligible client data to determine the extent of lead testing within the Medicaid population.

#### MC+ Fee For Service

In the MC+ Fee For Service System (FFS), Medicaid reimburses for the provision of specific services at a fixed rate. Childhood blood lead testing is included as one component of the routine Healthy Children and Youth (HCY—also known as EPSDT which stands for "Early Periodic Screening and Diagnostic Treatment) screening. The HCY screen, conducted at regular intervals during early childhood, is reimbursed each time for a set dollar amount through billings from individual health care providers.

Lead case management is also reimbursed at a set dollar amount for each face-to-face visit with the caregiver of a child with a specific elevated blood lead level. Likewise, EBL environmental investigations and subsequent follow-up visits to the home are also reimbursed at set rates through provider billings. DHSS works closely with Medicaid to document, justify and support increases for reasonable and appropriate reimbursement rates.

#### MC+ Managed Care

In certain areas of the state, Medicaid enters into contracts with Health Maintenance Organizations (HMOs) to provide certain Medicaid health care services, as set out by contract, at a single capitated rate for each Medicaid recipient enrolled with a contracted HMO. This arrangement is referred to as MC+ Managed Care. The HMOs contracted with Medicaid are referred to as MC+ Managed Care health plans.

The MC+ Managed Care health plans, in turn, contract with individual health care providers, or provider groups, to provide the necessary health care services. The MC+ Managed Care health plans pays the individual providers with the money they receive through their contract with Medicaid.

Within the MC+ Managed Care health plans, childhood lead testing is again, required to be provided as part of the HCY screen, which is required as part of Medicaid's contracts with the MC+ Managed Care health plans. The provision of lead case management is also required as part of the MC+ Managed Care health plan contracts. However, EBL environmental investigations are not part of the MC+ health plan contracts. EBL environmental investigations are reimbursed at the fee for service rate directly by Medicaid to individual licensed lead risk assessors, who must be enrolled as a Medicaid provider.

# Section 3.0 Public Health System Subsection 3.6 Collaboration and Coordination for Children with an EBL Page 1 of 2

# Collaboration and Coordination for Children with an EBL

The Missouri Department of Health and Senior Services working with many different partners assures appropriate and timely services are rendered to any child with an EBL.

## **Identification of Complete Address and Medicaid Status**

The child's complete address is obtained (if not included with the report), first by trying to locate a record for the child in the Department of Social Services database. At that time, if the child's record is located, the child's Medicaid status and, if applicable, the name of the MC+ Manage Care health plan that he/she is enrolled in is also acquired. If a record for the child cannot be located in this manner, the office of the health care provider is contacted by phone to obtain the pertinent information. Should the name of the health care provider not be provided with the test result report, the reporting laboratory is contacted to obtain the needed information.

#### LPHA and DHSS Region Staff Notification

Once the complete address, Medicaid status and MC+ health plan is obtained, a fax is immediately sent to the LPHA of the county in which the EBL child resides. The fax notifies the LPHA of all the detailed information pertaining to the child, the test result, the health care provider, Medicaid status, MC+ Managed Care health plan and the reporting entity. The fax also informs the agency of what follow-up action is needed (i.e., case management, environmental investigation). The appropriate licensed lead risk assessor (DHSS Region Staff) is also faxed the same information.

# MC+ Managed Care Health Plan Notification

To assure duplication of services does not occur, all parties need to be kept abreast of all activities. (Coordination of care for an EBL child, EBL follow-up, collaborations with Medicaid, other collaborations.) On a weekly basis, a report is sent to the Department of Social Services, Medicaid office. They distribute the report to each MC+ Managed Care health plan with the details regarding children enrolled in their plan that were reported with an EBL of  $\geq 10~\mu g/dL$  during that week.

#### Coordination of Care for an EBL Child

Once all parties are made aware of an EBL child, it is critical that the case manager take the leadership in assuring that all parties remain informed of the status and progress of the case. It is the responsibility of all disciplines providing services to the EBL child/family to make efforts to assure that appropriate services are rendered in a timely manner.

- Case manager/service coordinator
- Primary care provider
- Environmental risk assessor
  - MC+ Managed Care health plan

All of these parties need to understand who will be providing what service, and be kept collectively informed of the status of the following services:

- Referrals made for other services (i.e., WIC, food stamps, housing, etc.)
- Medical treatment
- Environmental investigation
- Other family issues
- Family cooperation
- Lead hazard reduction
- Status reporting
- Follow-up retesting
- Education provided
- Case closure

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Subsection 3.6 Collaboration and Coordination for Children with an EBL	

# **EBL Follow up Reporting**

DHSS receives reports regarding follow-up care from LPHAs, MC+ Managed Care health plans, licensed lead risk assessors and Medicaid. If follow-up information is not received, DHSS contacts these partners via phone, fax and mail to assure follow-up services are provided. All information is recorded in the DHSS database. Cases within the DHSS database are routinely reviewed and closed based on established closure criteria (refer to case and environmental management sections of manual).

# **Section 4.0 Public Health Nursing and Medical Management** Subsection Table of Contents

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Subsection 4.1 Public Health Nursing Case Management

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# **Public Health Nursing Case Management**

The public health nurse as a member of the public health team is involved in the **prevention**, **detection**, and **case management** of lead-poisoned children. As such, she/he will be an integral participant in all of the activities and will team up with the child's physician, parents/family, environmental assessor etc., in an effort to assist with medical management

Not enough can be said regarding the importance of using a holistic team approach to managing lead-poisoned children. Often the needs of these children and families are complex and require a multi-disciplinary effort. Team members should be able to assess the abilities of the child and family as a whole in determining strengths and weaknesses in dealing with all issues related to the elevated blood lead child. In today's complex medical system, families find difficulty just "navigating" the system itself and are not always capable of overcoming obstacles to care and treatment as they present themselves. The team approach to managing lead cases requires individuals that have good assessment, communication, thinking, and problem solving skills. The nurse case manager, child, family/caregiver, child's primary care physician, health plan, nutritionist, licensed risk assessor, and other community resource agencies should come together and work as a team to achieve desired goals/outcomes. Effective usage of manpower, strong collaboration and financial resources can lead to prevention and reduction of lead poisoning, along with healthier children, and stronger, more knowledgeable/responsible families and communities.

The nurse's role is defined by the nursing profession and professional standards, which guide nursing practice.

The American Nurses' Association establishes the following nine standards for the public health nurse.

STANDARD I.	The nurse applies theoretical concepts as a basis for decisions in practice.
STANDARD II.	The nurse systematically collects data that is comprehensive and accurate.
STANDARD III.	The nurse analyzes data collected about the individual, family, and community in an effort to determine diagnoses.
STANDARD IV.	At each level of care management, the nurse develops plans that specify nursing actions unique to client needs.
STANDARD V.	The nurse, guided by the plan, intervenes to promote, maintain, or restore health, to prevent illness, and to effect rehabilitation.
STANDARD VI.	The nurse evaluates responses of the individual, family, and community as they relate to specific interventions in order to determine progress toward goal achievement and to revise the database, diagnoses, plan and goals if indicated.

Subsection 4.1 Public Health Nursing Case Management

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STANDARD VII. The nurse participates in peer review and other means of evaluation

to assure quality of nursing practice. The nurse assumes

responsibility for professional development and contributes to the

professional growth of others.

STANDARD VIII. The nurse collaborates with other health care providers, professionals,

and community representatives in assessing, planning, implementing,

and evaluating programs for community health.

STANDARD IX. The nurse contributes to theory and practice improvements in

community health nursing through research.

As the professional nurse applies these standards to lead poisoning prevention activities, he/she is in a position to detect environmental hazards, (of which lead is an example) and help clients learn how to maintain a safe environment. Often the nurse administers preventive screening tests, and teaches the client and family about the changes in lifestyle that can minimize or eliminate the environmental hazard.

#### **Lead Poisoning Screening**

A complete lead screen consists of a verbal/written risk assessment, physical evaluation, and blood test(s) when required. Additionally, comprehensive screening of children for the presence of lead includes two steps: the interview assessment to determine risk status, and the blood test to determine lead level. In screening, blood is usually collected by the capillary method (see Subsection 2.6). Confirmation of an elevation (10 micrograms /deciliter or greater) is then done by venous collection (see Subsection 2.7). In some situations, however, it is appropriate to collect a venous specimen initially rather than the capillary specimen. If the Risk Assessment process indicates a definite high risk (i.e. more than one identified risk factor, such as other lead-poisoned children in the home, a lead-poisoned parent, or a known lead-contaminated environment), the health care professionals should use their judgment to determine the most appropriate collection method. \*Always discuss sampling methods with the child's parent/guardian BEFORE performing the procedure. Medicaid children must have a blood test at 12 and 24 months regardless of the response to the health-screening questionnaire or at any time between 12 and 72 months of age if the child has not been previously tested for lead. DHSS recommends all children be tested at least twice in the first 24 months of life at 12 and 24 months of age regardless of payor source. See DHSS Childhood Blood Lead Testing and Follow Up Guidelines.

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# Periodicity Screening Guidelines for Medicaid Eligible Children HCY Screening Guide

#### (DMS REVIEW)

### Medical Screening Requirements for EPSDT/HCY Full Medical Screen

Missouri has adopted the American Academy of Pediatrics' (AAP) schedule for preventive pediatric health care as a minimum standard for frequency of providing full HCY screens for Medicaid eligible children and youth between the ages of birth and 21 years. The periodicity schedule for dental screens is more frequent than the AAP recommendation.

A full medical HCY Screen must include the components shown on the sample HCY Screening Tool and must be fully documented in the patient's medical record. Providers are encouraged to use the HCY Screening Guide to document the screening service provided.

When the HCY Screening Guide is used to document a full medical screening service, it is important to remember that this form is only a guide to the age appropriate activities or levels of achievement addressed during the screen. The professional judgment of the physician or nurse practitioner is always necessary for the determination of appropriate screening measures. In some instances, it is not always possible to complete all components of the full medical HCY screening service. For example, immunizations may be medically contraindicated or refused by the caregiver. The caregiver may also refuse to allow their child to have a lead blood level test performed. When the caregiver refuses immunizations or appropriate lab tests the provider should attempt to educate the caregiver with regard to the importance of these services. The HCY screening form is mandatory to be kept in the patient's file. If the caregiver continues to refuse the service, the child's medical record must document the reason the service was not provided. Documentation may include a signed statement by the caregiver that immunizations, lead blood level tests, or lab work was refused. By fully documenting in the child's medical record the reason for not providing these services, the provider may bill a full medical HCY Screening service even though all components of the full medical HCY Screening service were not provided. Only a physician or nurse practitioner may provide full medical screening.

#### Components of a Full HCY Medical Screen

- A comprehensive unclothed physical examination
- A comprehensive health and developmental history including assessment of both physical and mental health development
- Health education (including anticipatory guidance)
- Appropriate immunizations according to age
- Laboratory tests as indicated (appropriate according to age and health history unless medically contraindicated)
- Lead screening according to established guidelines
- Hearing screening
- Vision screening
- Dental screening

NOTE: Reimbursement for immunizations and laboratory procedures is not included in the screening fee and may be billed separately

Subsection 4.2 Periodicity Screening Guidelines for Medicaid Eligibility Children/HCY Screening Guide

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# (DMS REVIEW) PERIODICITY SCHEDULES

The HCY Program makes available to Medicaid recipients under the age of 21 a full HCY screening examination during each of the age categories in the following periodicity schedule:

#### **Full HCY Medical Screen**

Newborn (2-3) days	3 years
By one month	4 years
2-3 months	5 years
4-5 months	6-7 years
6-8 months	8-9 years
9-11 months	10-11 years
12-14 months	12-13 years
15-17 months	14-15 years
18-23 months	16-17 years
24 months	18-19 years
3 years	20 years

The periodicity schedule represents the minimum requirements for frequency of full medical screening services. Its purpose is not to limit the availability of needed treatment services between the established intervals of the periodicity schedule.

Children may be screened at any time the physician, nurse practitioner, or nurse midwife feels it is medically necessary to provide additional services. If it is medically necessary for a full medical screen (W0025XC or W0025XD) to occur more frequently then the suggested periodicity schedule, then the screen should be provided. There must, however, be documentation in the patient's medical record that indicates the medical necessity of the additional full medical screening service.

#### **Partial Screens**

Segments of the full medical screen may be provided by different providers. The purpose of this is to increase the access to care for all children and to allow providers reimbursement for those separate screens. When expanded HCY services are accessed through a partial or interperiodic screen, it is the responsibility of the provider completing the partial or interperiodic screening service to have a referral source to refer the child for the remaining components of a full screening service.

#### **Dental Screens**

Age appropriate dental screens are available to children, from birth until they become 21 years of age, on a periodicity schedule that is different from that of the full HCY medical screen.

A child's first visit to the dentist should occur no later than 12 months of age so that the dentist can evaluate the infant's oral health, intercept potential problems such as nursing caries, and educate parents in the prevention of dental disease in their child. It is recommended that preventive dental services and oral treatment for children begin at age 6-12 months and be repeated every six months or as medically indicated

When a child receives a full medical screen by a physician or nurse practitioner it includes an oral examination, which is not a full dental screen. A referral to a dental provider must be made where medically indicated when the child is under the age of 1 year. When the child is 1 year of age or older a

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referral must be made, at a minimum, according to the dental periodicity schedule. The physician or nurse practitioner may not bill the dental screening procedure (99429 or 99429 uc) separately.

#### **Vision Screening Schedule**

This screen can include observations for blinking, tracking, corneal light reflex, papillary response, and ocular movements. To test for visual acuity, use the Cover test for children under 3 years of age. For children over 3 years of age utilize the Snellen Vision Chart.

#### **Hearing Screening Schedule**

This screen can range from reports by parents assessments of the child's speech development through the use of audiometry and tympanometry.

If performed, audiometry and tympanometry tests may be billed and reimbursed separately. These tests are not required to complete the hearing screen.

#### **Immunizations**

Immunizations must be provided during a full medical HCY screening unless medically contraindicated or refused by the parent or guardian of the patient. When an appropriate immunization is not provided, the patient's medical record must document why the appropriate immunization was not provided. Immunization against Inactivated Polio, Measles, Mumps, Rubella, Pertussis, Diphtheria, Tetanus, Haemophilus influenza type b, Hepatitis B, [Hepatitis A, and Influenza in selected populations] Varicella and Pneumococcal are recommended to be provided according to the most current schedule which incorporates the Advisory Committee on Immunization Practices (ACIP), American Academy of Pediatrics (AAP) and Centers for Disease Control (CDC) (www.cdc.gov) recommendations. (Immunization listing taken from the United States 2004 Schedule)

## **Mandatory Screening for Lead Poisoning**

- All children MUST receive a blood lead level screen at 12 and 24 months.
- All children between the ages of 12 months and 72 months of age who have not received a lead screen MUST be screened at their next HCY (well child) screening regardless of the risk factor.

For all Medicaid children between 6 months and 72 months, the provider must attempt to determine at the initial visit whether or not there are risk factors present which would expose the child to lead. If there are risk factors present, the provider must perform blood lead level testing. Thereafter, the HCY Lead Screening Guide must be used at each HCY screening interval to determine that there have been no changes in the child's living arrangements or that none of the other risk factors have changed since the last screen.

#### **HCY Lead Screening Guide**

The HCY Lead Screening Guide must be used to complete the lead risk assessment component of the HCY full or partial screen for children ages six to seventy two months of age that are enrolled in the Medicaid program. It may also be used with children not enrolled in the Medicaid program. The HCY Lead Screening Guide may be ordered from GTE Data Services, P.O. Box 5600, Jefferson City, MO 65102, or by checking the appropriate item on the Claims Form/Labels Reorder Form. It may also be ordered by calling Medicaid Provider Relations at 1-800-392-0938.

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# (DMS REVIEW) Case Management Activity for Managed Care Clients with an Elevated blood lead Level

For those children who are enrolled in the MC+ Managed Care Program the health plan will be responsible for provision of the lead case management services, per Medicaid Managed Care Policies.

- A. Case Management is an activity under which responsibility for locating, coordinating and monitoring necessary and appropriate services for a recipient rests with a specific individual or organization. It centers on the process of collecting information on the health needs of the child, making (and following up on) referrals as needed, maintaining a health history, and activating the examination/diagnosis/treatment "loop."
- B. Children with blood lead levels of greater than 20 micrograms/deciliter or greater OR two confirmed blood lead levels of 15 micrograms per deciliter or greater, taken at least three months apart must receive lead case management services.
- C. A minimum of three-client/family case management encounters, all face-to-face, are mandatory.

Local health departments who want to continue to provide lead case management services must enter into agreements with the health plans. The health plans are not being required by the Department of Medical Services to contract with any particular outside entities for HCY or case management of children with elevated blood lead levels.

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# Case Management/Care Coordination Actions Guidance Standards/ Medicaid Guidelines for Lead Case Management

# **Lead Case Management Self-Assessment Tool**

All case management should be child and family centered. It should recognize the vital role that families play in ensuring the health and well being of children. Family centered care empowers families, fosters independence, supports family care giving, and decision-making. It also respects family choices, builds on family strengths and involves families in all aspects of the planning, delivery and evaluation of the health care services.

A hallmark of effective case management is ongoing communication with the caregivers and other service providers, and a cooperative approach to solving any problems that may arise during efforts to decrease the child's BLL and eliminate lead hazards in the child's environment. Case management is not simply referring a child to other service providers, contacting caregivers by telephone, or other minimal activities.

The current model of case management has eight components: client identification and outreach; individual assessment and diagnosis; service planning and resource identification; the linking of clients to needed services; service implementation and coordination; the monitoring of service delivery; advocacy; and evaluation. Once an eligible child is identified, the case manager should do the following:

- Visit the child's residence.
- Assess factors that may impact the child's BLL (including sources of lead, nutrition, access to services, family interaction, and caregiver understanding).
- Oversee the activities of the case management team.
- Develop a written plan for intervention.
- Coordinate the implementation of the plan.
- Evaluate compliance with the plan and the success of the plan. CDC Managing Elevated Blood Lead Levels Among Young Children, March 2002)

An environmental risk assessor should also visit the child's residence, with the case manager if possible, to conduct a thorough assessment of the site and identify sources of environmental lead exposure. The case management team can then use the results of this assessment to develop a plan to protect the child and correct hazardous conditions. Although environmental services may be provided by the case manager, the environmental risk assessor, or other program staff, the case manager is responsible for ensuring that a child receives services in a timely fashion. (CDC Managing Elevated Blood Lead Levels Among Children, March 2002)

Case management should also consist of active coordination with the parents/caregivers, licensed environmental risk assessor, along with the medical provider, social worker, community resource individual etc. Assessments and home investigations are conducted to identify the source of lead, and the family's strengths and needs.

If chelation is indicated, coordination is essential with the medical provider and environmental provider. Home visits are of particular value if outpatient oral chelation is prescribed. It may be necessary to interpret physician's/ medical regime to family, monitor for compliance of medical regime and environmental recommendations, and assure that anticipatory guidance and parental education on primary prevention are provided.

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# (DMS REVIEW) Medicaid Criteria for Care Coordination of Elevated Blood Levels in Children

Ongoing care coordination of Medicaid children with elevated blood levels of  $\geq$ 20 µg/dL OR two venous results 15 µg/dL or greater that are at least 3 months apart should be comprehensive in nature. A home visit is recommended for all newly identified Medicaid children with levels as noted above. Child/Family case management encounters, all face to face, are mandatory per Medicaid as part of reimbursable case management. The following is from Missouri Medicaid Provider Manual.

Lead Case Management may be continued beyond the minimum of three encounters until two acceptable blood lead levels (per guidelines and/or by the attending physician) are documented

- The encounters must be at two to three month intervals, all being face-to-face
- Documentation must include validation of the blood lead level and be attached to the claim.

A minimum of 3 client/family encounters, all to be face-to-face shall be mandatory. These encounters must be at 2-3 month intervals.

- Initial visit (encounter) for admission within 2 weeks of receiving confirmatory blood lead level. (Note: The higher the blood lead level the more timely the initial visit should occur.) This visit must include client/family assessment, lead poisoning education/prevention aspects inclusive of verbal and reference materials. Client is provided the care coordinator's name and telephone number.
- Follow-up visit at 3 months following initial encounter (OR sooner if case status indicates) to assess progress of affected child/family. Review and reinforce client education and medical regime.
- Exit encounter at 6 7 months from initial encounter to include discharge counseling (if applicable to the case) regarding lead poisoning status, ongoing nutrition efforts and environmental maintenance.

#### Client record - Documentation of Service

- Admission note to include blood lead level, assessment of client/family, plan of care, and
  any interventions, along with short/long term goals set by the case manager, family and
  other team disciplines.
- Follow-up visit (2nd visit) to include lab results, client status, any interventions by care coordinator.
- Exit or discharge contact documentation to include lab results, client status, exit counseling (to include telephone number for questions and assistance).

If a lead case manager cannot be located for the child, contact the area Bureau of Special Health Care Needs (BSHCN) office closest to the child's residence.

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# **Delivery of Care Coordination Services**

Traditionally local health departments have been the entity that provided case management services to children with elevated blood lead levels. With the initial and ongoing evolution of managed care systems, either the local health agency or the managed care entity provides case management services. Because of this factor it becomes imperative that it be clearly understood WHICH entity will be delivering case management services to the child, per contract requirements, policy etc. Good communication between the local health department and the managed care plan is key to ensuring that case management services occur in a timely manner and children do not fall between the cracks.

# **Reporting of Lead Case Management Activities**

Systematic reporting of lead case management activities for all children with elevated blood lead levels is necessary in order to validate appropriate EBL follow up and to document ongoing lead case management efforts. This lead case management activity reporting is part of the DHSS Stellar Database designed for tracking follow up of children with elevated blood lead levels. For ease of this systematic reporting DHSS Lead Poisoning Case Management Report (E 10-12 Form) has been included in this manual for use by lead case managers. The E 10-12 form presents an opportunity for the lead case manager to document activities of lead case management in a more standardized format and maintain compliance with the 2003 case management reporting requirement noted below. Also included within this manual is an optional Lead Case Management Self Assessment Tool, for use as a mechanism to help the lead case manager track the quality/completeness of lead case management services.

## **Lead Case Management Report E 10-12**

19 CSR 20-8.030 requires the reporting of lead case management activities for children under the age of 72 months. The regulation notes that individuals providing EBL case management for a child shall provide information regarding each case to the Department of Health and Senior Services using forms (Lead Poisoning Case Management Report E 10-12).

The current language specifies that when a child becomes eligible for the initiation of case management activities according to the Childhood Blood Lead Testing and Follow Up Guidelines in the current DHSS Lead Manual, information regarding all case management events shall be reported. Per the current guidelines, lead case management is identified by the language "assure coordination of care (case management)" in part four of the Follow Up section. This terminology applies to the following blood lead levels:

Two venous tests taken at least three months apart resulting in elevations of 15  $\mu$ g/dL or greater OR A single venous blood lead level 20  $\mu$ g/dL or greater.

WHO should report—Physicians, Physician Assistants, Nurses, Clinics or other Private or Public Institutions providing EBL case management.

WHAT to report—Report items on the current Lead Poisoning Case Management Report E 10-12 (dated 6/02). Please discard any forms dated prior to 6/02. Follow the instructions on the reverse of the form.

WHERE to report—DHSS or the Local Public Health Agency. The Local Public Health Agency is to forward case management information to DHSS using the DHSS forms.

WHEN to report—Case management information is to be sent to DHSS Childhood Lead Program on the final day of each month in which a lead case management activity occurred or should have occurred. Examples of activities are: initiation of lead case management services inclusive of home visits, subsequent visits, or face-to-face office visits, refusal of lead case management services, initiation and completion of chelation therapy, retest interval completion, non-completion of the retest and the outreach

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(contacts with the parents/guardian, child's physician, follow-up home visits, etc.) or circumstances related to the non-completion, case closure, and/or significant problem-related events that may occur outside these times.

REPORT DISTRIBUTION—The white copy of the form is to be sent to DHSS, yellow is retained in the child's lead case management file, and pink should be forwarded to the child's physician for reference regarding lead case management activities. Record retention policies should follow current industry guidelines.

# **Case Management Guidance Standards**

To assist with the delivery of case management services the following recommended standards will provide guidance for the case manager specific to the care of children with elevated blood lead levels.

#### Standard I

Children with confirmed blood lead levels  $10\mu g/dL$  to  $19\mu g/dL$  should receive care coordination/case management services through the Local Health Agency, HMO, or the child's physician. The child's primary care physician assures medical management. Parents/caregivers of EBL children with this level should receive instructions and lead poisoning educational reference materials inclusive of nutritional counseling and hygiene to improve their knowledge and care of the child within 5-7 days of receipt of the child's laboratory results. The lead case management nurse should ensure that the instruction and educational materials provided are language, comprehension, and reading level appropriate for the parent/caregiver and document understanding/application of the instruction. Instructions should also include the following precautions:

- Wash the child's hands frequently, especially before eating and sleeping, after playing outside or after handling possible lead contaminated objects.
- Wash objects that children put in their mouths (toys, pacifiers etc.)
- Encourage child to keep hands and objects out of his/her mouth.
- Do not use standard vacuum if you have known lead dust—it can scatter dust in the air. Instead use a vacuum that has a HEPA Filter.
- Wet mop floors using a detergent twice a week.
- Wet wash furniture and windowsills to remove lead dust.

Home visits enhance case management efforts and provide the opportunity to assess the EBL child/family within their environment. The lead case manager should take the opportunity to make a brief visual assessment of the home for possible lead hazards and instruct the parent/caregiver accordingly. Some examples of lead hazards include:

- Pre- 1978 homes may contain lead-based paint that is peeling, chipping, flaking—these are highly suspect.
- Bare yards or vacant lots without grass increase access to lead in soil.
- Renovation of property increases lead dust possibility.
- Vacant buildings, bridges, and other play areas may be sources of lead exposure.
- Upholstered furniture may hide lead dust.
- Pets that play in dirt and dust can be a lead source.
- Habit of eating things that fall on the floor can increase lead intake.
- Family practice of burning old, painted wood for heat can increase lead in the environment.

- Calcium supplement in the form of dolomite, bone meal, and oyster shell may contain lead.
- Pipes soldered with lead are suspect.

Assessment of the EBL child/family should include the child's birth history, current health history, family health history, developmental status, nutritional assessment, social history, and child's habits and results documented. Post-assessment concerns should be discussed with the child's physician and parent/caregiver. The Nurses Lead Case Management Questionnaire can assist in completing the assessments.

The following **assessment components** are recommended:

## **Birth History**

- Mother's health during pregnancy
- Length of pregnancy
- Type of delivery and delivery complications Birth weight, post birth complications
- Medication taken during pregnancy
- Delivery in hospital or home

#### **Child's Health History**

Has the child ever had the following:

- Measles
- Urinary problems
- Allergies
- Scarlet fever
- Rheumatic fever
- Anemia
- Immunization status: DTaP, IPV, Hib, Hepatitis B, MMR, Varicella, Pneumococcal, (Hepatitis A and Influenza in selected populations)\*per recommended schedule.
- Intestinal parasites
- Whooping cough
- HIV
- Seizure
- Heart disease
- Jaundice
- Has the child had any other health problems within the last year?
- German measles
- GI problems
- Mumps
- Joint or muscle pain
- **Tuberculosis**
- EENT problems
- Has the child had any hospitalizations, accidents, or injuries? (include date and description)

### Family Health History

Has any family member ever had the following:

- allergies
- diabetes
- birth defects
- psychiatric problems
- kidney disorders
- genetic disorders

- cardiac disease
- seizures
- mental retardation
- rheumatic fever
- hypertension
- lead poisoning

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# **Social History**

- Number of adults in the home
- Employment of caregiver(s)
- Housekeeping related to lead exposure
- Year house was built. Indicate if own or renting. Type of plumbing.
- General condition of house (stable, deterioration, undergoing repair, good condition etc.)
- Primary caregiver of the child
- Where does child spend most of his/her time (parents or grandparents, aunts etc.)?
- Ask primary caregiver if the child is extremely active, or different in any way from other children his/her age. Does the child get along with others?

#### Child's Habits

- Hand-to-mouth activity
- Chews on toys, crayons, newspapers, magazines, plaster, etc.
- Chews on furniture, crib, window- sills, etc.
- Chews on shirt, or security blanket
- Plays alone or with other children

- Puts fingers in mouth
- Plays near areas of chipping, flaking, or peeling paint
- Picks at paint chips, eats paint chips
- Eats dirt, grass
- Sleep habits where does child sleep?

### Nutritional Evaluation (See Nutritional questionnaire)

- Number of times per day child eats
- Foods eaten
- Where foods eaten (inside, outside, table, floor, etc.)

Venous re-test intervals per DHSS/DMS guidelines should be followed. The nurse case manager should provide assistance when indicated, in coordinating necessary referrals and follow up along with documenting results of these referrals. Assess community resources available and assist the parent/caregiver in securing use of resources based upon identified needs and availability. Ongoing collaboration with the child's parent/caregiver, primary care physician, social worker, WIC staff, and other members of the health care team /referral agencies is recommended. Include when possible, the age appropriate child, parents/caregiver, health care individuals in the decision making process and the creation of the care plan. It is important for the lead case manager to ensure that all individuals involved in the care of the EBL child clearly understand the identified needs, interventions, and goals of the care plan. Maintaining consistent documentation of lead case management activities can be accomplished through use of the E 10-12 Lead Case Management Report.

# **Standard II**

Children with confirmed blood lead levels 20  $\mu$ g/dL or greater OR two levels 15  $\mu$ g/dL or greater taken at least 3 months apart should receive case management services through the Local Health Agency, HMO, the child's physician. Parents/caregivers of EBL children should receive instructions and lead poisoning educational reference materials inclusive of nutritional counseling and hygiene to improve their knowledge and care of the child within 5-7 days of receipt of the child's laboratory results. The lead case management nurse should ensure that the instruction and educational materials provided are language, comprehension, and reading level appropriate and should document understanding/application of the instruction. Instructions should also include the following precautions:

- Wash the child's hands frequently especially before eating and sleeping, after playing outside or after handling possible lead contaminated objects.
- Wash objects that children put in their mouths (toys, pacifiers, etc.)
- Encourage the child to keep hands and objects out of his/her mouth.
- Do not use standard vacuum if you have known lead dust-it can scatter the dust in the air. Use a vacuum that has a HEPA Filter
- Wet mop floors using a detergent twice a week
- Wet wash furniture and window- sills to remove lead dust

The child's primary care physician assures medical management. Children in this range should receive a home visit from the nurse case manager. The initial nursing visit should occur within 2 weeks of receipt of the confirmatory blood lead level. HOWEVER as always the higher the confirmatory level the **earlier** the initial visit should occur within the two-week period. The nurse case manager should assure that referral for environmental assessment by a licensed lead risk assessor occurs to facilitate lead hazard identification and control. The nurse case manager should use all opportunities to schedule the nursing case management home visit at the same time as the licensed lead risk assessor's visit. This facilitates collaboration and demonstrates the partnership of these disciplines in management of the EBL child along with making the visits more convenient for the parent/caregiver. Should the nursing visit occur PRIOR to the licensed lead risk assessor's scheduled visit, the nurse can take the opportunity to make a brief "visual assessment" of the child's home for possible lead hazards and initiate instruction/education. Some examples of lead hazards include:

- Pre-1978 homes may contain lead-based paint that is peeling, chipping, flaking-- these are highly suspect.
- Bare yards or vacant lots without grass increase access to lead in soil.
- Renovation of property increases lead dust possibility.
- Vacant buildings, bridges, and other play areas may be sources of lead exposure.
- Upholstered furniture may hide lead dust.
- Pets that play in dirt and dust can be a lead source.
- Habit of eating things that fall on the floor can increase lead intake.
- Family practice of burning old, painted wood for heat can increase lead in the environment.
- Calcium supplement in the form of dolomite, bone meal, and oyster shell may contain lead.
- Pipes soldered with lead are suspect.

Assessment of the EBL child/family should include the child's birth history, current health history, family health history, developmental status, nutritional assessment, social history, and child's habits and results documented. Post- assessment concerns should be discussed with the child's physician and parent/caregiver. The Nurses Lead Case Management Questionnaire can assist in completing the assessment.

Please refer to the assessment components listed in Standard I.

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#### **Standard III**

Children with confirmed blood lead levels 45 µg/dL or greater should receive case management services through the Local Health Agency, HMO, or the child's Physician, Parents/caregivers of EBL children with this level should receive instructions and lead poisoning educational reference materials inclusive of nutritional counseling and hygiene to improve their knowledge and care of the child within 48 hours of receipt of the child's laboratory results. \*Contact with the child's primary care provider should happen immediately to determine whether the child is being chelated at home or in the hospital. It is critical that a lead hazard assessment be completed in the child's home as quickly as possible.

The lead case management nurse should ensure that the instruction and educational materials provided are language, comprehension, and reading level appropriate and should document understanding/application of the instruction. Instruction should also include the following precautions:

- Wash the child's hands frequently especially before eating and sleeping, after playing outside or after handling possible lead contaminated objects.
- Wash objects that children put in their mouths (toys, pacifiers, etc.)
- Encourage the child to keep hands and objects out of his/her mouth.
- Do not use standard vacuum if you have known lead dust-it can scatter the dust in the air. Instead use a vacuum that has a HEPA Filter
- Wet mop floors using a detergent twice a week
- Wet wash furniture and window- sills to remove lead dust

The child's primary care physician assures medical management. The physician must assess the EBL child before beginning chelation therapy. Chelation therapy is medication that is capable of binding or chelating lead so as to deplete the soft and hard skeletal tissues of lead, excrete the ions of lead through the kidneys, and reduce acute toxicity. Chelation therapy is recommended for children with confirmed blood lead levels of 45  $\mu g/dL$  or greater. While chelation therapy is considered a mainstay in the medical management of children with BLLs > 45  $\mu g/dL$ , it should be used with caution. Primary care providers should consult with an expert in the management of lead chemotherapy prior to using chelation agents. If unaware of a center with such expertise, PCPs should contact their local or state lead poisoning prevention program, local poison control center, or the Lead Poisoning Prevention Branch at CDC

(404-498-1420) for the names of accessible experts. A child with an EBLL and signs or symptoms consistent with encephalopathy should be chelated in a center capable of providing appropriate intensive services!

If oral outpatient chelation therapy is undertaken, the case manager should ensure that caregivers adhere to the prescribed dosing schedule and should serve as the liaison between the medical community and the child's caregiver. Treatment should occur in a lead-safe environment (CDC Managing Elevated Blood Lead Levels Among Young Children, march 2002).

Children should be treated with the appropriate chelating agents and not returned to an environment where lead hazard exposure may continue until the hazard(s) are controlled.

Children in this range should receive lead case management, medical management and, environmental risk assessment, within 48 hours of receipt of the child's laboratory results. Lead hazard control should occur in a very timely manner. The nurse case manager should use all opportunities to schedule the nursing case management home visit at the same time as the licensed lead risk assessor's visit. This facilitates collaboration and demonstrates the partnership of these disciplines in management of the EBL child along with making the visits more convenient for the parent/caregiver. Should the nursing visit occur PRIOR to the

licensed lead risk assessors scheduled visit, the nurse can take an opportunity to make a brief "visual assessment" of the child's home for possible lead hazards and initiate instruction/education. Some examples of lead hazards include:

- Pre-1978 homes may contain lead-based paint that is peeling, chipping, flaking.
- Bare yards or vacant lots without grass increase access to lead in soil.
- Renovation of property increases lead dust possibility.
- Vacant buildings, bridges, and other play areas may be sources of lead exposure.
- Upholstered furniture may hide lead dust.
- Pets that play in dirt and dust can be a lead source.
- Habit of eating things that fall on the floor can increase lead intake.
- Family practice of burning old, painted wood for heat can increase lead in the environment.
- Calcium supplement in the form of dolomite, bone meal, and oyster shell may contain lead.
- Pipes soldered with lead are suspect.

Assessment of the EBL child/family should include the child's birth history, current health history, family health history, developmental status, nutritional status, social history, child's habits, and blood lead test results. Post assessment concerns should be discussed with the child's physician and parent/caregiver. The <a href="Nurse Lead Case Management Questionnaire">Nurse Lead Case Management Questionnaire</a> can assist in completing the assessment.

# Please refer to the assessment components listed in Standard I.

Ongoing collaboration with the child's parent/caregiver, primary care physician, hospital in-patient and outpatient staff, licensed lead risk assessor, social worker, WIC staff, and other members of the health care team or referral agencies is critical both during and after chelation therapy. Discharge planning remains a significant component of care coordination at this level.

# Standard IV

According to CDC recommendations Chelation therapy should be initiated immediately for all children with an initial screening test result that is greater than or equal to 70 µg/dL. The EBL child must be hospitalized and medical treatment initiated. If such an elevated BLL is obtained on a fingerstick sample, the health care provider should order an immediate diagnostic test (venous blood sample) and consider initiating chelation while that test is being performed \*if there is reason to believe that the results of the screening test are accurate. (e.g., if it was obtained by a skilled phlebotomist under controlled conditions- CDC November 1997-Screening Young Children for Lead Poisoning)

Case management, medical management, licensed lead risk assessment and lead hazard control should occur as a "team" effort through the Hospital, Local Health Agency, HMO, and Primary Care Physician. For the nurse lead case manager, completion of parent/caregiver instruction/education, and necessary health assessments related to lead poisoning may depend upon the timing/urgency of admission to the hospital. As indicated parent/caregiver instruction and educational reference materials related to lead poisoning inclusive of ongoing nutritional counseling and hygiene should be provided as a collaborative effort with hospital staff during the child's hospitalization. Assess remaining knowledge deficits and assessment needs post hospital stay and instruct and complete remaining assessments accordingly. Education and reference materials provided should be language, comprehension and reading level appropriate for the parent/caregiver and documentation of understanding/application of education should occur. Instruction should also include the following precautions:

- Wash the child's hands frequently especially before eating and sleeping, after playing outside or after handling possible lead contaminated objects.
- Wash objects that children put in their mouths (toys, pacifiers, etc.)
- Encourage the child to keep hands and objects out of his/her mouth.
- Do not use standard vacuum if you have known lead dust, it can scatter the dust in the air. Instead use a vacuum that has a HEPA Filter
- Wet mop floors using a detergent twice a week
- Wet wash furniture and window sills to remove lead dust
- Assessment of the EBL child/family should include the child's birth history, current health history, family health history, developmental status, nutritional status, social history, child's habits, and results documented. Post assessment concerns should be discussed with the child's physician and parent/caregiver. The Nurse Lead Case Management Questionnaire can assist in completing the assessment. The following assessment components are recommended:

Assessment of the EBL child/family should include the child's birth history, current health history, family health history, developmental status, nutritional assessment, social history, and child's habits and results documented. Post- assessment concerns should be discussed with the child's physician and parent/caregiver. The Nurses Lead Case Management Questionnaire can assist in completing the assessment.

## Please refer to the assessment components listed in Standard I.

The nurse case manager should maintain close collaboration with hospital staff, parents/caregiver, age-appropriate child, licensed lead risk assessor, social worker, community resources, etc. both during and after hospitalization for chelation therapy. To provide assistance with completion of assessments and supportive care regarding care of the EBL child/family. When the home visit occurs, the nurse case manager should collaborate closely with the licensed lead risk assessor to become aware of identified lead hazards and recommendations to eliminate known hazards. The nurse case manager should utilize opportunities to re-enforce the lead hazard control recommendations of the licensed lead risk assessor. Should additional parent/caregiver lead hazard instruction/education be needed during nurse case manager visits, the following are examples of possible lead hazards:

- Pre-1978 homes may contain lead-based paint that is peeling, chipping, flaking-- these are highly suspect.
- Bare yards or vacant lots without grass increase access to lead in soil.
- Renovation of property increases lead dust possibility.
- Vacant buildings, bridges, and other play areas may be sources of lead exposure.
- Upholstered furniture may hide lead dust.
- Pets that play in dirt and dust can be a lead source.
- Habit of eating things that fall on the floor can increase lead intake.
- Family practice of burning old, painted wood for heat can increase lead in the environment.
- Calcium supplement in the form of dolomite, bone meal, and oyster shell may contain lead.
- Pipes soldered with lead are suspect.

Discharge planning remains a significant component of care coordination in this phase along with assisting the child/family to secure alternative housing (if indicated) and other needed community resources. It is important that all individuals involved in the care of the child clearly understand the identified needs, interventions, and goals of both the hospitalization and post-hospitalization care plans.

Maintaining consistent documentation of lead case management activities can be accomplished through use of the E 10-12 Lead Case Management Report.

#### Standard V

For lead case management cases the lead case manager will provide the child's primary care physician with both verbal and written information which includes details of the child's current status, case management activities such as results of assessments, planned interventions, progress towards goals and non-compliance issues. A written summary report should be provided to the physician on a monthly or quarterly basis (more frequently if the child's status warrants or the child's physician requests, OR at an alternate frequency agreed upon by both the physician and lead case manager.

#### **Standard VI**

The nurse case manager will assess the child's home for other hazards and discuss concerns with the parents/caregiver. Include the child's primary care physician in discussions as indicated.

#### **Standard VII**

The lead case manager will assess lead case management cases for possible closure depending upon the status of the case. (See Case Closure Reasons)

For lead case managers it remains important to remember that there are differences between closing a case in the Stellar Database OR closing a case under Medicaid or DHSS guidelines where the child continues to have an elevated blood lead level (i.e.: 10 µg/dL or greater). The lead case manager should clearly understand that WHATEVER THE REASON, THE EBL CHILD MUST BE REFERRED OR TRANSFERRED to the care of the primary care physician, Managed Care HMO, etc. for all remaining follow up until the child's blood lead level falls below 10 µg/dL. Such referral should occur by both phone contact and letter. The child's parent/caregiver should also receive notification that the case is being referred to the child's physician for all remaining follow up. This notification process will assist in promoting continuity of follow-up of the child's elevated lead level through a clinical entity. Documentation of all referrals and notification letters becomes a part of the child's lead case management record.

# CHILD CASE REFERRAL TRANSFER AND CLOSURE REASONS Purpose

- To facilitate and assure timely tracking, follow-up, and referral occurs for children with elevated blood lead levels (BLLs).
- To maintain an accurate, up-to-date listing of open cases of children with elevated blood lead levels that are actively receiving follow-up.
- To accurately evaluate caseloads and their activity.
- To assure that those children's cases that are being closed for any reason whereby the child continues to have an elevated blood lead level receive timely referral to the child's primary care physician for all remaining follow-up until the child's lead level falls below 10µg/dL.

The nurse case manager should review cases for possible closure from a point of view of services provided and consider closing the child's case according to the occurrences in the following table. The nurse case manager may consider closing the child's case when the following occurs:

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REASONS FOR CASE CLOSURE					
Current blood lead level (BLL) less than 10 μg/dl					
Blood lead level remains less than 15 µg/dl for at least 6 months.	<ul> <li>The blood lead level remains less than 15 μg/dl for at least six (6) months.</li> <li>Lead hazards have been removed.</li> <li>There are no new exposures.</li> <li>Note: If utilizing this reason for case closure and child still has BLL 10 μg/dl or greater the case manager must refer the child to the primary care physician for all remaining follow-up until BLL falls below 10 μg/dl.</li> </ul>				
Refusal of service	Case Management is offered to the child's family but is refused. <i>Note:</i> Case manager should document refusal of services in the case management record and validate by letter to the child's physician and parent that services were declined. The physician should be requested to provide case management for the EBL child. This notification should be retained in the child's case management record.				
Older than 72 months	The child's age is greater than 72 months of age.  *See note at end of table regarding handling notification to medical provider.				
Moved out of area/state	If the family provides advance notification that they are moving out of the area, the agency should:  • Provide the family with referral information from the case file to take with them to the new state for follow-up as needed.  • Send referral information from the case file to the new state or local CLPPP, upon written consent of the parent/guardian.  Note: If the family does not provide notification regarding the move, CHECK WITH OTHER PROVIDERS (Physicians, WIC, DFS, or other provider types) for possible information regarding the new location the family has moved to.  Phone contact with the child's new state should occur and referral information forwarded to the child's new State's Department of Health Childhood Lead Program. If a blood lead lab result is reported to the child's new state it may then be possible to determine the child's new address, county of residence, and local health agency for ongoing follow-up.				

Note: Keep in mind, that all opportunities (\* \*Especially when an elevated blood lead level (10mcg/dL or Greater is present) where case closure is occurring, the nurse case manager should provide verbal and written notification of closure to the child's physician, parent/caregiver and other disciplines involved in the care of the child to assure that all understand the nurse will no longer be following the child.

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Subsection 4.4 Anticipatory Guidance	

# **Anticipatory Guidance**

Anticipatory guidance should be provided to all families regardless of blood lead levels. Anticipatory guidance helps prevent lead poisoning by educating families on ways to prevent lead exposure. This includes information to promote safe environmental and occupational practices, address the health effects of childhood lead poisoning, the risk of normal childhood hand-to-hand activity, likely sources of lead, and instruction in general measures of nutrition and hygiene for preventing lead exposure. Anticipatory guidance should be tailored to important sources and pathways of lead exposure. The following are suggested topics for anticipatory guidance. Remember, children are more at risk than adults.

#### What does lead do to children?

- Lead affects all body systems, but especially the brain and nervous system of fetuses and children.
- Lower IQ's and decreased cognition with low blood lead levels.
- Reading disability, along with deficits in vocabulary.
- Short attention spans.
- Disturbed fine motor coordination.

#### Where is lead? Lead is everywhere, but particularly in:

- Lead-based paint
- Soil and dust
- Drinking water (if lead plumbing, or kept in lead containers)
- Aiı
- Some occupations and hobbies
- Food
- Some folk medicines such as \*\*Azarcon, Greta, Liga, Maria Luisa, Pay-loo-ah, Alkohl, Chuifong tokuwan etc.
- Some cosmetics such as Surma and Kohl used around the eye for either decorative or medicinal purposes

#### **Home Visits**

Home visits help to provide a method by which the nurse case manager can assess the child, and the child's all important environment. The nurse can use this opportunity to further educational efforts, interface directly with the parent/caregiver/child and other family members and to help promote the concept of prevention and family health in general.

#### **Precautions to take:**

- Wash child's hands frequently, but especially before eating, after playing outside or after handling possible lead contaminated objects, and before sleeping.
- Wash objects that children put in their mouths (toys, pacifiers etc.)
- Encourage child to keep hands and objects out of his/her mouth.
- Do not use a standard vacuum if you have known lead dust it can scatter dust in the air. Instead use a vacuum that has a HEPA Filter.
- Wet mop floors using a detergent twice a week.
- Wet wash furniture and windowsills to remove lead dust.

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Subsection 4.5 Nutrition and Hygiene Measures for Preventing Lead Exposure and Absorption

# Nutrition and Hygiene Measures for Preventing Lead Exposure and Absorption

The following information will assist the health care provider in providing nutritional guidance to parents/caregiver.

The child's risk to lead exposure can be reduced by:

- preparing foods safely.
- making good food choices. (i.e. high iron, calcium, vitamin C and foods low in fat.)
- adequate frequency of food intake.

Good nutrition can have a preventative effect in helping to reduce the possibility of lead poisoning. The food that the child eats, including the overall patterns of food consumption and frequency of food intake, can influence the absorption of lead from the gastrointestinal tract. Preventive measures should be consistent with the general recommendations for nutrition in health promotion. The dietary intake should be adequate in iron and calcium, as they are the two main minerals identified to reduce the absorption of lead. Children can avoid lead poisoning to a degree if they eat a diet high in iron and calcium.

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) located in the DHSS Division of Nutritional Health Services (DNHS), focuses on nutrition related issues for eligible clients. The WIC Program has the same standards for participation regardless of race, national origin, sex, age or disability. Information about the WIC Program can be accessed from the DNHS web page or call 1-800-392-8209 or by writing to the Missouri Department of Health and Senior Services, P.O. Box 570, Jefferson City MO 65102.

#### **Food Safety**

- Caregivers should wash their hands before fixing foods, pumping breast milk, or preparing formula. Children should wash their hands before eating.
- Wash all fruits and vegetables.
- If there is known lead or suspicion of lead in water or piping, run cold tap water 30 seconds before using it for washing, cooking or drinking.
- Store left over food or juices in lead-free glass, plastic, stoneware without decal-type decorations, porcelain, or stainless steel--do not store in cans or poorly glazed ceramic ware.
- Check antique dishes or family heirlooms to see if they leach lead; if in doubt, use only for decorative purposes. These can be check with a lead check swab.
- Avoid imported canned foods.
- Do not use dishes or pottery from other countries unless you know it is lead free. Check with a lead check swab.
- Use lead-free or certified low-lead china.
- Do not use lead soldered pots, pans, or cooking utensils.
- Do not eat garden foods planted in an area of heavy air pollution.
- Teach your child to keep all non-food items out of their mouth.
- Wash off all bottles, pacifiers, toys, and food that drop on the floor before giving them back to your infant.
- Do not use supplements that contain animal bone or dolomite.

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Subsection 4.5 Nutrition and Hygiene Measures for Preventing Lead Exposure and Absorption

## **Making Good Food Choices**

The food that the child eats—the overall patterns of food consumption and frequency of food intake—can influence the absorption of lead since the gastrointestinal tract is a primary absorption site. Preventive measures should be consistent with the general recommendations for nutrition in health promotion. (See Food Pyramid.) The dietary intake should be adequate in iron and calcium, as they are the two main minerals identified to reduce the absorption of lead. A child who is diagnosed with iron deficiency anemia will absorb more lead than a child with adequate iron storage. An empty stomach absorbs more lead; therefore, it is imperative that the child eats 5-6 times a day. It is better to offer the child three moderate meals with snacks in between than three large meals.

The <u>Food Guide Pyramid for Young Children</u> is an adaptation of the original Food Guide Pyramid designed to simplify educational messages and focus on young children's food preferences and nutritional requirements. The pyramid is a guide for two to six year olds. The <u>attached pyramid design</u> is credited to the U.S. Department of Agriculture.

The healthcare professional may wish to use the <u>Nutritional Questionnaire and Food Frequency Form</u> to evaluate the child's intake.

#### Foods that are high in iron or are a good source of iron:

- liver, beef, chicken, turkey, fish or pork
- chili with or without beans
- braunschweiger
- egg yolks
- main dishes made with lean red meats
- lentils, chickpeas, pinto beans, navy beans, cowpeas, black-eyed peas, great northern beans, black beans, baked beans, soybeans, kidney beans, red beans, lima beans
- cooked cereals such as: Cream of Wheat®, Malt-O-Meal®, Maypo®, oatmeal
- any iron-fortified ready-to-eat cereals such as: Raisin Bran®, Shredded Wheat®, Corn Flakes®, Cheerios®, Total®, etc.
- enriched breads and grain products, bagels, bran muffins, cooked white or brown rice
- dried fruits (raisins, dates, figs, prunes)
- spinach, greens, Swiss chard, broccoli, peas, baked potato w/skin

Tea or tannin-containing beverages interfere with the absorption of iron. Excess consumption of soda beverages interferes with iron absorption. Limit soda consumption. Do not drink tea with meals or snacks. Iron from animal sources (heme iron) is absorbed best. To enhance the absorption of non-heme iron (iron from plant foods), a good source of vitamin C in combination with that food is needed.

#### Foods that are a good source of vitamin C:

- oranges, grapefruit, tangerines, strawberries, cantaloupe
- orange, grapefruit, pineapple, or other vitamin C enriched juices
- tomatoes, bell peppers, greens, kale, broccoli

#### Foods high in calcium or are a good source of calcium:

- low fat milk and yogurt
- low fat cheese, cottage cheese, and cream cheese

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Subsection 4.5 Nutrition and Hygiene Measures for Preventing Lead Exposure and Absorption

- ice milk or frozen yogurt
- foods made with low fat milk such as pudding, custard, cream soup
- greens, rhubarb
- navy beans, great northern, and baked beans
- calcium fortified orange juice

#### **Limit Fats and Oils**

Foods high in fats and oils make it easier for the body to absorb lead. Removing skins from chicken and trimming fat from meats will also help. Dietary fat should NOT be restricted in children under 2 years of age. Try to limit these foods in your child's diet:

- Butter
- Oil
- Lard

Whole Wheat Toast
 Bread Sticks

- Bacon
- Sausage

• French Fries • Potato Chips • Fried Foods

#### **Ideas for snacks**

- Dry Cereals Juice
- Cereal With Milk
- •Finger Sandwiches Made With Lean Meats

- Serve Snacks With Milk
- Yogurt (low or non-fat)
- Cheese and Crackers Fresh or Canned Fruit

- Low Fat Cottage Cheese
- Graham Crackers

#### Snacks for children over two

- Peanut Butter Raw Vegetables
- Raisins

• Sherbert

• String Cheese

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Subsection 4.5 Nutrition and Hygiene Measures for Preventing Lead Exposure and Absorption

# **Nutrition References and Sources Nutritional Referral:**

Local Public Health Agencies

Local WIC agencies

□ Local hospital dietitian

Dietitians in private practice - Check yellow pages for listing in your area or call American Dietetic Association at 1-800-877-1600 for registry of dietitians in private practice in your area. (Non-reimbursable Medicaid expense)

DHSS/DNHS web page

American Dietetic Association <a href="http://www.eatright.org/">http://www.eatright.org/</a> (Dietetic locator)

# **Community food sources**

Food Stamps

Child and adult care food program (daycare)

Community food banks

Commodity supplemental food program

School lunch

School breakfast.

Summer food service program

#### **Nutrition-related lead materials:**

Preventing Lead Poisoning: Food Safety & Good Nutrition, DHSS Babies Need Iron, DHSS Anemic? DHSS

#### **Nutrition Resources**

Key Nutrients and the Basic Food Groups, DHSS Feeding Your Baby: Birth to 4 Months, DHSS Building Good Food Habits for Kids 1-6, DHSS Preventing Lead Poisoning – Food Safety and Good Nutrition, DHSS

# Section 4.0 Public Health Nursing and Medical Management Subsection 4.6 Lead In Pregnancy Page 1 of 4

# **Lead In Pregnancy**

#### **Introduction:**

### Clinical

All women contemplating pregnancy and who are concerned about lead poisoning (past or present exposures) should inquire with either their physician or nurse midwife about being tested for lead. In the ideal situation this testing should be done <u>before</u> becoming pregnant, especially if the woman may have an occupation or hobby related exposure source or if a significant other's occupation or hobby may present a possible source of exposure. If the prospective mother feels there is a chance that she may have been exposed to lead then a blood test to check for lead can be performed. As is well known, lead in a pregnant woman's body does cross the placenta and enters the body of the fetus. This crossing over is thought to occur at all levels including less than 10 micrograms per deciliter.

Placental transfer of lead can begin within the first trimester of gestation and can continue throughout fetal development. Changes that occur during pregnancy can call upon the body to release stored minerals. Because the body is unable to distinguish between calcium and lead stores, lead is often released along with other minerals. Lead stored in the pregnant woman's bones can be released into the fetus' brain, bones and other organs. Unborn babies that are exposed to lead may be more likely to be born prematurely and can be of smaller birth weight. There are studies that suggest that lead exposure may be a contributing factor to miscarriage, fetuses exposed to lead can have both learning and behavior problems.

The level of concern in pregnant women has not been clearly identified. At present there is insufficient clinical knowledge or experience with any chelating regimen(s) to recommend treating pregnant women who have elevated blood lead levels. Until clinical research is conducted and results evaluated, no recommendations can be made. Regardless, it still remains important to educate the pregnant woman regarding lead poisoning inclusive of prevention strategies.

# **Present Exposure**

A pregnant women who breathes in or swallows lead, gets it into her blood stream and passes it though the placenta (the organ that supplies oxygen and nutrients to the baby). The lead gets into the unborn baby's bones and organs including the brain.

## Past Exposure

Lead enters the mothers' blood stream and some gets stored in her bones where it can remain for many years. During pregnancy, the body needs minerals stored in the bones. Lead may be released along with other minerals, and pass through the placenta into the baby's bones, organs and brain. Past exposure to lead should be a consideration in terms of a possible risk factor. This information should be communicated to the pregnant woman's physician/specialist along with discussion regarding blood lead testing.

# Assessment for Lead Poisoning in Pregnant Women

Health Care providers/physicians/health care facilities, including but not limited to health departments, hospitals, clinics and health maintenance organizations that serve pregnant women, should perform a lead risk assessment of pregnant woman as part of the first prenatal visit. A questionnaire for assessing risk of lead poisoning in pregnant women has been developed by the DHSS. See <a href="Pregnancy Questionnaire">Pregnancy Questionnaire</a>. The questionnaire is designed to be self administered, with the responses being reviewed by the health care provider to clarify any unknown or incomplete responses. Any positive response to the questionnaire should be considered an indication of lead poisoning risk to both the unborn child and pregnant woman. The pregnant woman should ask her physician about a blood lead test. The completed questionnaire should become a part of the woman's medical record; additionally, health care providers/facilities, health maintenance organizations, etc. identifying a pregnant woman with risk factor(s) should take the

# Section 4.0 Public Health Nursing and Medical Management Subsection 4.6 Lead In Pregnancy Page 2 of 4

appropriate steps to refer the pregnant woman to a licensed physician or health care provider for blood lead testing.

Pregnant women at risk should be venous blood lead tested using a lead free tan top tube. Testing can be done at the physician's office or at the local health agency. Should they object to being tested then a written statement that identifies the reason for refusing the testing should be obtained. The refusal statement should include the woman's name, date of birth, reason for refusal, date of refusal and that a copy of the written refusal will be provided to the woman's physician. The written refusal becomes a part of the woman's medical record.

### Referral of Pregnant Women with EBL Levels

All health care facilities serving pregnant women, should take the appropriate steps to refer pregnant women with EBL levels (referred to in 19 CSR 20-8.110.7) for follow-up to a health care provider or physician practicing medicine in any of its branches and licensed pursuant to chapter 194 RSMo.

### Follow-up of EBL Pregnant Women

For follow-up guidelines regarding pregnant women less than age 18 yrs. with elevated lead levels, it is recommended that the current DHSS/DSS Childhood Blood Lead Testing and Follow-up Guidelines be utilized to determine re-test interval frequency. For those women greater than 18 years of age, it is recommended that the Agency for Toxic Substance and Disease Registry (ATSDR) Adult Guidelines be referenced or a clinical Toxicologist be consulted regarding follow-up activities.

### **Blood Testing at Childbirth**

Upon birth of the child, depending on the mother's blood lead elevation, the child's or placental blood may be tested for lead at birth to alert the physician to future care needs of the child.

## Care of the Mother Following Childbirth

Blood testing and treatment regarding lead poisoning of the mother following birth of the child should be determined by the woman's physician utilizing current follow up guidelines.

### **Sources of Lead Exposure**

- Paint-lead dust can be formed when lead based painted surfaces/objects rub together or are dry scraped, sanded or heated. This dust can get on things that we touch. Lead based paint may be a hazard on surfaces that get a lot of use/work such as doors, windows and sills, railing, porches, stairs, fences, etc. Lead dust from lead based paint can get into the air and settle on objects in our environment. This dust can re-enter the air when we sweep, vacuum, or walk through it.
- <u>Water</u>-sources such as pipes and faucets either made with lead or joined together with lead can contaminate the water we use.
- <u>Food</u>-food that is grown in soil that contains lead is a source of lead exposure. Lead can get into food or liquids when they are stored in stored in lead crystal, ceramic ware, or in cans with lead seams
- <u>Soil</u>- sources of soil exposures include previous highway pollution from back when gasoline contained lead and the fumes settled on the nearby soil areas. Also lead from lead painted buildings that are peeling/flaking fall into the soil.
- Other sources- sources of lead exposure can include making stained glass or refinishing of furniture, pottery making, folk remedies that contain lead such as "Azarcon", "Greta", Pay-looah", "Marie Luisa", "bali-goli". Mini-blinds and some cosmetics can be sources of lead exposure.

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# **Symptoms**

Many times there are NO symptoms of lead exposure, especially at low exposure levels. When symptoms are present they can include:

- Headaches
- Abdominal pain
- Changes in mood
- Anemia (low iron in the blood)
- Muscle or joint pain
- Tiredness

# Ways to reduce Exposure

- Consider getting tested for lead. A physician or local health department can do testing. Blood tests can measure the amount of lead in the blood. If there is lead in the blood, steps can be taken by you to limit the exposure, help lower the amount of lead in the system, and reduce the family's exposure. Regular prenatal check ups are important to both the pregnant woman and the unborn child.
- Clean floors, window sills/frames and other suspect areas by mopping or sponge cleaning with warm water and a general all-purpose cleaner weekly. Rinse sponges and mops well after cleaning any dusty/dirty areas.
- Use a vacuum with a HEPA filter. This type of vacuum will trap lead particles, carefully empty the contents collected. Use water to moisten contents and limit the spread of dust particles.
- Eat nutritious meals that are high in folic acid, calcium and iron. Eat a good variety of foods from the five (5) food groups whenever possible.
- Hot water directly from the faucet is more likely to contain higher levels of lead if there is lead in the water or piping. Avoid making coffee, cocoa, soups or other drinks using hot tap water. Once the baby is born AVOID USING HOT TAP WATER TO MAKE FORMULA, CEREALS, OR OTHER FOODS/DRINKS FOR THE BABY/CHILD. Have your water tested; contact your Local Health Department for information, if you suspect a problem. Let the cold water run for at least 30 seconds before drinking it or using it in cooking.
- Foods and liquids should not be served or left in open cans with lead seams, in lead crystal or ceramic ware/pottery that could be lead glazed. Avoid drinking hot liquids out of ceramic type containers if you are not sure about the type of glazing it may have had.
- Wash hands especially after cleaning and before meals/snacks. Remove shoes before entering your home to reduce bringing lead from soil into your home.
- Be choosy about the types of hobbies you do that could expose you to lead, for example: Refinishing furniture, making leaded stained glass.
- Avoid using products that contain lead such as cosmetics and folk remedies that are not made here in the United States.
- Mini blinds that are made outside the United States may contain Lead. If you are unsure where yours were made replace them with blinds that are "Lead-Free or made without lead additives".
- Don't remove lead paint; let trained professionals remove it. If remodeling is necessary, find a temporary place to stay, until the remodeling is finished and the work area is cleaned properly.
- If you do not own your home or are renting, be sure to let your landlord know if you have painted surfaces that are chipping, peeling or worn.
- If your job has lead hazards, talk with your doctor or supervisor right away if you are pregnant or may be planning a future pregnancy. If a household member works with lead on their job, make sure the person showers and changes clothes **BEFORE** coming home. Wash work clothes separately from all other laundry. Be aware that household members can also have hobbies that involve exposure to lead.

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## **Breastfeeding**

The distribution of Lead in breast milk and possible health effects continues to be studied. It is not clear at present the specific health effect low-level exposure via breast milk may have on an infant. More research is required to better understand the impact on health. All breast-feeding concerns should be openly discussed with the pregnant woman's physician (OB, or Family Practice). Prevention strategies may include behavior modification, improving nutrition; improving general knowledge regarding lead poisoning, storage of lead etc. and these strategies should be communicated to women at possible risk. At present, the general feeling is that breast-feeding should be encouraged under most circumstances. Remember to discuss breastfeeding concerns related to past or current lead exposures with the physician as part of comprehensive pre-natal care.

## **Testing**

Women of childbearing age and pregnant women who are found to be at risk for Lead Poisoning can receive lead testing from either their doctor or local health department. All women of childbearing age and pregnant women should receive information regarding lead hazards. Nutritional counseling should also be provided. Clients can be referred to WIC if eligible. The local health department will work closely with the parent/family for blood levels taken from the vein that are  $20\mu g/dL$  or greater. This also includes blood levels  $15-19\mu g/dL$  that are taken at least 3 months apart.

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# **Parental Occupational Lead Hazards**

# Parental Occupational Lead Hazards and How They Provide an Exposure Source for Children

Lead is a metal that is used to make ceramics, batteries, paint, plastics, some rubber products, etc. Lead gets into the body in different ways. It can enter through the lungs when inhaled or through the mouth when swallowed. Lead can be in the form of:

- Dust- sanding or removing lead based paint, cutting of lead pipes
- Fumes or Vapor- lead that is melted is usually exposed to high temperatures. During this process "fumes" are created and can be breathed in or swallowed. When steel that contains lead is welded (for example: bridge construction workers that cut/weld steel, construction workers, ship builders etc.) lead fumes can be also taken in by the body

Fine Particles- These moist particles are produced when paints containing lead are used in sprayers to paint ships, bridges, buildings, etc. It's important to be aware of lead poisoning because lead can accumulate in your body without you ever knowing.

Parents' jobs can expose both them and other members of the family to LEAD. Many parents are not aware of lead in the work place and can unknowingly expose children.

# **Occupational Sources**

Some of the job related sources of lead are:

- Plumbers, pipe fitters
- Lead miners
- Auto repairer
- Radiator repair
- Printers
- Plastics manufactures
- Demolition workers
- Construction workers
- Gas station attendants
- Battery manufacturers
- Industrial machinery and equipment operators

- Brass/copper foundry
- Lead smelters and refiners
- Glass manufactures
- Shipbuilders
- Firing range instructors
- Policemen
- Steel welders and cutters
- Bridge construction workers
- Solid waste production
- Chemical and chemical preparation manufactures

# **Symptoms of Lead Poisoning**

Some symptoms of lead poisoning can be the same symptoms as other medical illnesses or problems. It is important to see your doctor if you notice these symptoms. Know the possible warning signs.

- headache
- muscle pain
- tremors (trembling, shaking, or shivering)
- lack of appetite
- abdominal pain
- nervousness

- tiredness
- joint pain
- insomnia (unable to sleep)
- weakness
- dizziness
- metallic taste

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Let your doctor and your employer know how long and to what degree your symptoms have been present. A simple blood test can let you know if your blood lead level is too high. Treating lead poisoning could mean the use of "chelating medications" that help remove/reduce the amount of lead in your blood, if your blood lead level indicates and your physician determines this is necessary.

### Level of Concern

Lead in blood is measured in micrograms per deciliter. The CDC level of concern for adults is twenty-five (25) micrograms per deciliter and above.

# What You Can Do To Reduce Occupational Lead Exposure

- When removing work coveralls/outer protective clothing, remove these first completely <u>before</u> removing your respirator.
- Avoid wiping the sleeve of your work coveralls against your face. Don't bring contaminated clothing and protective work equipment into washing or eating areas.
- Limit lead fumes by routing fumes to containment/collection systems in your work section.
- Use HEPA (high efficiency particulate air) vacuums to clean up surfaces that are exposed to lead dust.
- When you are not at work, store your protective work equipment in an area that is clean and limits contamination.
- Keep your foods/liquids out of the work area and away from contaminated clothing, other equipment etc.
- If showering/clothes changing facilities are not available at work, shower and wash your hair immediately upon arriving at home.
- Wear your protective equipment such as face protectors, respirators (must be equipped with a hepa filter), safety glasses, coveralls, helmets, gloves, shoes/shoe covers, etc. Use the right kind of equipment for the type of exposure.
- Be aware of lead hazards. Tell your supervisor if your protective equipment is in need of repair or replacement. Know how to properly use your equipment and be sure it fits correctly. Keep it clean and check filter regularly.
- Use good personal habits. Remember to try and keep hands and objects away from your mouth. Avoid touching face areas such as nose and mouth.
- Wash your face and hands with soap and water often
- Follow company rules, re: showering at work and changing clothes.
- Always use clean towels to dry your hands/body areas.
- Avoid drinking or eating while performing your work duties.
- Keep work clothes separate from your other clothing, launder clothes separately from <u>all</u> other family clothing.
- Have all required medical exams and lab tests. Keep all follow-up appointments and follow your doctor's treatment recommendations.
- Follow your employers company policies created to help protect your health in the work place.
- Be aware of the OSHA (Occupational Safety and Health Administration) lead standard. Know what it requires and recommends, if you are covered under this standard.

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# **Prevention**

Prevention is the key as a first defense against job related exposure. Employer and employee education about job related lead exposure and ways to reduce/eliminate exposure can play an important role in reducing exposure to children. Occupational/family physicians, nurses, and the licensed risk assessor along with other health care personnel, play a significant role in prevention efforts and can be excellent resources. They can assist the parent in understanding and limiting work place lead exposure, and ultimately benefit the child and the family.

# Section 4.0 Public Health Nursing and Medical Management Subsection 4.8 Nursing Care Plans Page 1 of 3

# **Nursing Care Plans**

The case manager is responsible for developing and implementing a written case management plan based on needs assessment done at visits in the child's home and other sites where the child spends significant amounts of time. The caregiver also should be involved in developing the care plan to ensure that it is realistic and meets their perceived needs. (CDC- Managing Elevated Blood Lead Levels Among Young Children- March 2002.)

The purpose of care plans is to establish a plan involving the parent/caregiver/age appropriate child/physician/ risk assessor/social worker/ etc. that will bring the child's blood lead level down to below 10 micrograms per deciliter. The care plan should be based on individualized child/family assessments. The care plan can also serve to help meet other identified needs. Results of assessments may be utilized to identify problems, interventions, outcomes and goals. Both short and long term goals should be established and measurable. Goals can be revised or extended depending on progress. Collaboration involving these individuals in the creation of the care plan and the decision making process helps to encourage ownership/participation and can be critical to the success of the plan and overall outcomes.

Refer the family to appropriate resources such as:

- Primary care provider
- Health plan
- Local health department
- Nutritionist/dietician
- Women, infant, and children's program (WIC)
- Local human services agencies
- Local education agency
- Well child clinics
- Housing agencies, i.e., HUD, homeless shelter, etc.
- Environmental agencies
- Division of Family Services

### **Client Outcomes**

Outcomes that can be measured would include but not be limited to the following:

- The family will successfully participate in the overall process to reduce the child's elevated lead level.
- The family will be able to demonstrate improved knowledge regarding childhood lead poisoning, (pathways of ingestion, exposure sources, and health effects.
- The family will be able to describe measures to control or eliminate the lead hazard;
- The family will describe changes in their lifestyle to avoid the lead hazard.

As a result, the family will assist in maintaining a safe environment; will carry out practices that minimize the lead hazard(s). The child will have decreasing blood lead levels to WNL. The family will be able to assist in preventing future elevated blood lead levels.

Regardless of risk, all families must be given detailed lead poisoning prevention counseling as part of as part of the anticipatory guidance. Refer to subsection 4.4 for information on anticipatory guidance.

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# **Examples of Nursing Diagnosis**

For those agencies using nursing diagnosis, the following are some examples for care plans.

- Potential for lead poisoning related to (R/T) continued exposure to lead environment.
- Fear R/T knowledge deficit of the effects of lead on children.
- Optimal Nutritional status R/T age requirements and nutritional needs to prevent increased absorption of lead.
- The parent/caregiver may feel powerless to a perceived lack of control over current situation R/T health and environmental hazards.
- Potential for alteration in nutrition associated with lead poisoning by interfering with iron and calcium absorption.
- Home maintenance/management impaired R/T insufficient finances and inadequate support systems.
- Altered growth and development R/T lead in the environment.
- At risk for lead poisoning R/T knowledge deficit of sources of lead poisoning.
- Anxiety R/T knowledge deficit of prevention of childhood lead poisoning.
- Altered cognitive development R/T the effects of lead poisoning on children.
- Altered parenting R/T lack of appropriate responses to client's needs.
- Alteration in nutrition of less than body requirements for growth R/T lack of interest in food.
- Possible high risk environmental hazards R/T lack of coordinated community activities and resources.

NOTE: This list is not all-inclusive. Other nursing diagnoses may be needed or utilized to meet the demands of individual cases. The nursing care plan should flow from the diagnosis and lead to the desired outcome, or identified goals.

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# MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES CARE PLAN

CLIENT NA	ME (LAST, FIRST,	COUN	TY OF RESIDENCE   CLIENT NUMBER	
MIDDLE)				
DATE	DIAGNOSIS		INTERVENTIONS	OUTCOMES
mm/dd/yy	Knowledge deficits to diagnosis of elev blood lead level/lea poisoning	ated	Provide parent/caregiver education regarding lead poisoning. Assist and support family in understanding instruction given.	knowledgeable Re: lead poisoning and assist in identifying interventions to
mm/dd/yy	Potential for lead poisoning R/T cont exposure to lead contaminated envir and risk producing behaviors.		Perform home visits to assess behaviors. Continustruction Re: preventivactions, and support parent/caregiver in posit actions. Collaborate wit Licensed Lead Risk assessor if level indicate regarding environmental lead hazards and interventions.	hazards in the environment within recommended time frames.  Family will attempt to correct child's risk producing
mm/dd/yy	Knowledge deficit to nutrition requirer for age and for recomended nutrition not assist in reducing gastrointestinal absorb lead	ments om- eeds to	Assess growth and development per AAP guidelines or Periodicity Schedule. Instruct parent/caregiver Re: Nutrition related to age requirements and nutritional needs specific to the reduction/prevents of lead poisoning. Refer to WIC if indicate Refer for nutritionist counseling if indicated.	will maintain adequate growth and development levels and decrease lead absorption through gastrointestinal system.  Blood lead level will be <10 micrograms/deciliter.

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### CHELATION THERAPY

The following portions of information should be used only as preliminary information. Clinicians should NOT view this information as treatment guidance. The treating health care provider should <u>ALWAYS</u> reference sources such as Clinical Toxicologist experienced in chelation therapy of lead poisoned children, Physicians Desk Reference (PDR), CDC, AAP, Medical Reference Libraries etc. for recommended treatment methods, dosage, duration, precautions, and contraindications relative to use of chelating agents for childhood lead poisoning.

Chelation medications are capable of binding or chelating lead, which depletes the soft and hard (skeletal) tissues of lead thus reducing its toxicity. It should be remembered that all drugs have potential side-effects. The length of chelation is determined by the specific agent being used.

#### Assessment

A complete physical to evaluate all medical parameters, especially behavioral, neurological, and developmental areas of the child should occur along with identification of immunization status. Order specialty consultation as needed. Assess nutrition to validate an adequate diet inclusive of calcium, iron, Vitamin C and low fat content. Assessment of parent/caregiver knowledge regarding lead poisoning, parental/caregiver lead education and assessment of understanding of lead education should be an important part of overall management.

### Range of Toxicity

Clinical effects can range from no obvious or subtle symptoms to death. Toxicity depends on the nature and duration of exposure. Lead entering the body from different sources and through different pathways presents a combined toxicological threat. Multiple low-level inputs can result in a significant aggregate exposure. Low-level exposure during early development has been linked to deficits in neurobehavioral-cognitive performance later in childhood and adolescence. These effects can be seen even in the absence of other systemic symptoms such as those listed previously.

## **Clinical Effects**

Most lead poisoning is slow in onset and results from gradual accumulation of lead overtime however acute exposure can occur.

- Neurologic Encephalopathy (due to an increase of intracranial pressure) is an ominous sign. Blood lead levels of ≥70 μg/dL can cause coma, altered mental status, convulsions, or even death. Encephalopathy is usually associated with levels ≥120 μg/dL. Lower levels may be associated with developmental and behavioral neurotoxicity. Other neurological findings may include clumsiness, frank ataxia, weakness, and peripheral neuropathy (i.e. foot drop, decreased hearing acuity). Nonspecific symptoms may include fatigue, malaise, anorexia, unexplained hyperirritability, sleep disturbances, and hyperactivity.
- <u>Gastrointestinal</u> Vomiting, constipation, recurrent or persistent abdominal pain (colic), or loss of appetite.
- Renal Nephropathy, proteinuria, renal insufficiency, renal hypertension.
- <u>Hepatic</u> Lead salts may cause liver injury. Rarely is liver damage seen with chronic inorganic lead exposure.

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- <u>Cardiovascular</u> Chronic exposure in an adult leads to renal hypertension and secondary cardiac effects.
- <u>Metabolic</u> Vitamin D deficiency (decrease synthesis of the active metabolite 1, 25 Dihydroxy, Vitamin D3). Decreased stature or growth may be seen.
- <u>Musculoskeletal</u> Lead may be deposited in bone or teeth. Lead deposition in bones interferes with normal bone metabolism of calcium resulting in opacity in the metaphyseal plate. Also, lead sulfide precipitates in the margin of the gums causing a blue-black line; this is most often present in older children and adults. This line is characteristic in that it can be rubbed off the gum to differentiate from the normal hyper pigmented lines seen in dark skinned individuals.
- <u>Reproductive</u> Associated with sterility, congenital anomalies, abortion, still births and neonatal
  deaths in humans. A decrease in the number of sperm, abnormal sperm, or decreased mobility of
  sperm has also been noted.

# **Chelation agents**

**BAL** (British AntiLewisite, Dimercaprol, 2,3-dimercaptopropanol)

CaNa2EDTA (Calcium disodium edetate, Calcium disodium versenate, or CaEDTA)

d-Penicillamine (Cuprimine®, Depen-titratabs®, 3-Mercapto-D-valine)

Administration note:

Further consultation with the Regional Poison Center/toxicologist is advised. Administer with extreme caution.

**Succimer** (Chemet®, meso 2,3-dimercaptosuccinic acid), DMSA. Oral chelating agent. Increasing use is noted for out-patient treatment.

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Subsection 5.0 Introduction	

# Elevated Blood Lead (EBL) Risk Assessment and Hazard Management

#### Introduction

There are four types of lead assessments that can take place on a dwelling, associated buildings, structures and bare soil areas.

- Lead Inspections identify the <u>presence</u> of lead-bearing substances in surfaces, regardless of its condition if it presents a health hazard. It does not provide recommendations or options for addressing the lead or lead hazards. May be performed by either a licensed lead inspector or a licensed lead risk assessor.
- General Lead Risk Assessments attempt to uncover <u>all</u> lead hazards of a structure or property, regardless of whether a child is poisoned, and they provide recommendations or options for addressing the lead hazards. Must be performed by a licensed lead risk assessor.
- Lead Hazard Screens are visual examinations and limited sampling of lead hazards that may cause exposure to children 6 and under, and they provide recommendations or options for addressing the lead hazards. Must be performed by a licensed lead risk assessor.
- EBL Risk Assessments are performed in response to a child less than 72 months who meets the qualifying criteria described in this section. These assessments are more comprehensive with regard to types of hazardous sources investigated with emphasis placed on the recommendations for addressing the lead hazards. Although the EBL Risk Assessment often includes the analysis of a large variety of potential sources of lead hazards, the assessment does not include areas of lead-based paint, which are not deteriorated.

Note: There are fundamental differences between an EBL Risk Assessment, a lead inspection, a general lead risk assessment, and a lead hazard screen. This section of the manual will discuss <u>EBL Risk Assessments</u> and provide guidelines for performing and reporting them.

Nurse case management and environmental risk assessment should work together to create a multi-discipline approach. Using the specific skills of each occupation will address all factors that contribute to lead poisoning. This process will identify the characteristics of each factor (environmental, social, and biological) and the interactions that cause the EBL and implement a strategic plan for its correction and elimination. Critical analysis, follow-up, and closure are essential in order to ensure the child's health and well-being and that other children are not poisoned by the same lead hazard in the future.

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# **Environmental Management Action Levels and Notification Referrals**

Upon notification of a qualifying venous blood lead result from the performing laboratory or health care provider, the Missouri Department of Health and Senior Services/CLPPP will notify the appropriate DHSS Regional EPHS or LPHA with a regional environmental contract and the LPHA of the County in which the child resides. A qualifying venous blood lead level is equal to or greater than 20  $\mu$ g/dl, or a second venous blood lead result equal to or greater than 15  $\mu$ g/dl at least three months after the first.

# **Environmental Response Timeline**

Upon being notified of a child having an EBL that requires an environmental Assessment, the responsible agency shall conduct the Assessment according the timelines indicated in Table 1.

Table 1 Environmental Response Timelines

Venous Blood-Pb μg /dl	Timelines	
> 70	Immediately	
45-69	Within 48 hours	
36-44 Within seven calendar days		
20-35	Within 10-15 calendar days	
15-19 *	Within 30 calendar days	

<sup>\*</sup> Perform an EBL Risk Assessment when two blood tests that are at least three months apart measure  $\geq$ 15  $\mu$ g/dl.

**NOTE:** <u>In situations where a child is to be hospitalized for treatment of lead poisoning, the EBL Risk Assessment is to be initiated and processed on an emergency basis (sooner than normal).</u>

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# **Environmental Management Scheduling an EBL Risk Assessment**

#### I. NOTIFICATION TO PROPERTY OWNER

Notification that a child who lives at or frequents their property has been identified with an elevated blood lead level, has to be given to a property owner and a copy sent to the tenant of the dwelling or particular dwelling unit if property is rental. In order to perform an EBL Risk Assessment, Law 701.304 of the Missouri Department of Health and Senior Services Revised Statutes and Regulations requires that:

- The department, owner of the dwelling, and an adult occupant of a dwelling which is rented or leased have been notified that an occupant of the dwelling or a child six years or fewer years of age who regularly visits the child-occupied facility has been identified with an elevated blood lead level as defined by rule, and
- The Assessment must occur at a reasonable time, and
- The representative of the DHSS or LPHA presents appropriate credentials to the owner or occupant, and
- Either the dwelling's owner or adult occupant or the child-occupied facility's owner or agent grants consent to enter the premises to conduct an Assessment, or
- If consent is not granted, the representative of the department, local government, or local health department may petition the circuit court for an order to enter the premises and conduct an Assessment after notifying the dwelling's owner or adult occupant in writing of the time and purpose of the inspection or risk assessment at least forty-eight hours in advance. The court shall grant the order upon a showing that an occupant of the dwelling or a child six or fewer years of age who regularly visits the child-occupied facility has been identified as having an elevated blood lead level as defined by rule (see non-compliant section).
- In conducting such an inspection or risk assessment, a representative of the department, or representative of a unit of local government or health department licensed by the department for this purpose, may remove samples necessary for laboratory analysis in the determination of the presence of a lead-bearing substance or lead hazard in the designated dwelling or child-occupied facility.

**Notification** that a child who lives at or frequents their property has been identified with an elevated blood lead level and an EBL Risk Assessment is to be conducted, including the date and time, must be provided to:

- the property owner, and
- an adult occupant, if other than the owner.

Permission to enter the premises and conduct the Assessment, however, may be granted by anyone one of the following:

- the dwelling's owner,
- an adult occupant of the residence, or
- the child-occupied facility's owner or agent

If both the dwelling owner and adult occupant refuse to grant permission for the representative of the Health Department or local government to perform the Assessment, it is still essential to obtain a signed statement from both parties documenting the following:

- They have received proper notification of the intent to perform an Assessment.
- The purpose of the Assessment had been explained to them.
- If consent is declined, the case may turned over to the Attorney General's Office.

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- The date of the notification.
- Declaration of refusal of services.

### **Scheduling An Appointment**

Call child's parent/guardian to schedule appointment to do an EBL Risk Assessment following timelines in Table 1. Explain why an EBL Risk Assessment is being conducted.

If property is rented obtain the following:

- Landlords name
- Address
- Telephone number

Inform parent/guardian and/or landlord that an adult occupant or owner of building must be present when an EBL Risk Assessment is done, and set up a time that is convenient for adult occupant and/or landlord. If owner/occupant refuses over the telephone, inform them the case may be turned over to the Attorney General's Office if permission is not granted. (Refer to Law 701.304)

If unable to reach parent/guardian, or if phone number is unavailable, try contacting owner/occupant using the methods below applicable to the area including, but not limited to:

- Site visit to family's home
- Check with neighbor
- Check with relatives
- Leave message at residence on door hanger with your phone number and business card.
- If the phone number is unlisted, call the telephone directory assistance (1411). Explain the situation and provide the direct telephone number of the public health official with whom they need to speak. In an emergency situation (life or death situation) the operator will contact the security office, who, in turn, will contact the family and inform them an elevated blood lead level emergency situation has occurred and provide them with the number they should call. It is then the family's responsibility to call the number provided.

If all above attempts have no positive results, send a certified letter to the address explaining the need for doing an environmental EBL Risk Assessment.

A confirmation letter may be sent to owner/occupant to confirm phone conversation and date of appointment. A sample letter that may be used to send to owner/occupant is on the following page.

A sample letter, located on the following page, may be used as notification to a property owner/tenant of the child's primary residence at the time of the blood lead test. This letter may be modified to notify the property owner/tenant of secondary locations identified as sites where the child frequents. This letter is designed to meet all of the requirements of 701.304.

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Approval for Request to Perform an I	BL RISK Assessment at:
Address:	
owner and/or occupant of the property investigate the premises for lead hazard of lead hazards and to provide recomm or frequenting the property in the future	dress has been determined to have an elevated blood lead level, a, you are hereby notified that a licensed lead risk assessor must. This office must perform an Assessment to identify any source endations that will prevent further exposure of children residing at. A child continually exposed to lead may have permanent healt e, hearing loss, anemia, slowed growth, behavioral problems an
exposures and an Assessment of the prequire that environmental samples be	cludes interviewing the child's parent/guardian about potential property by a licensed lead risk assessor. This Assessment may collected (i.e. paint chips, soil, water). Results from all sampling ccupant of the property, along with a description of hazards found ken to reduce lead exposure.
owner or resident of the structure. Plea this activity as soon as possible to insu the property. Thank you for your coop	and access to the dwelling requires written approval of <u>either</u> the se provide your consent and signature below so that we may begin re the health and well being of children occupying or frequenting eration in this matter. We understand the inconvenience that this lappreciate our assistance in establishing a safer environment for ease contact
Name and Title of Public Health Offici	al) (Telephone number)
	ty, permitting a public health official, access to the property to be turned over to the Attorney General's Office to obtain a
I,	, hereby <b>DO/DO NOT</b> grant consent to have a sessment conducted at the above-mentioned address to identify
Adult Occupant Signature:	Date:
Owner Signature:	Date
Rick Accessor Signature	Date

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# **Sample Confirmation Letter**

Adult Occupant of Residence and Address of Residence with Hazard
Dear(Name):
This letter is to confirm our phone conversation of regarding a need to do an EBL Risk Assessment at your residence.
We will be at the above address on(date) at (time) to conduct this Assessment. Please allow approximately hours for the Assessment.
This office will conduct an Assessment of the property to identify environmental lead hazards that may be causing, or contributing to the cause of, the lead poisoning of at least one child. During this time, it will be important to spend a few minutes at the beginning discussing with the Assessor areas of the home used by the child or children and their habits and behaviors. When sampling and collection of information about the property is completed, it will be necessary to spend a few more minutes with the Assessor discussing any possible lead hazards that were identified and actions necessary to protect children from those source(s) until the Assessment process is completed.
The standard procedure for the identification of the lead hazards includes interviewing the child's parent/guardian for potential exposures and an Assessment of the property by a Missouri licensed lead risk assessor. This assessment may require that environmental samples be collected (i.e. paint chips, soil, water). Results from all sampling will be provided to the owner and the occupant of the property, along with a description of hazards found and recommendations of actions to be taken to reduce lead exposure.
Please remember, continued intake of lead into the body may cause permanent health effects, such as, brain and nerve damage, hearing loss, anemia, slowed growth, behavioral problems and lowered IQ. Therefore, it is important to make every effort to eliminate the source(s) of lead from the child's environment as quickly as possible. For the best interest of the child or children who have been or are being exposed, it is essential that the child's family, the property owner, the child's medical care provider, and Health Department officials work closely as a team to resolve this problem.
Thank you for your cooperation and if you have any questions or concerns please do not hesitate to contact me at (Health Department, 573-526-4911).
Respectfully,
Name, (Missouri Licensed Lead Risk Assessor)
C: Home Owner (If property is rented), Health Department file

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Subsection 5.3 Conducting an EBL Risk Assessment	

# **Environmental Management Conducting an EBL Risk Assessment**

An EBL Risk Assessment should be performed during a visit to the child's current dwelling unit. First priority should be given to the child's primary residence. The primary residence is the house in which the child resides the majority of the time. The parents or guardians should be questioned regarding all possible lead sources and risk factors. An EBL Risk Assessment of secondary addresses can be made at the discretion of the lead risk assessor if sources are not identified at the primary residence or if the child spends a significant amount of time at a secondary residence. Secondary addresses may include, but are not limited to, a day care, the residence of divorced or separated parents with joint custody or visitation arrangements, a relative's home, or a friend's home. Guidelines from HUD for an EBL Risk Assessment recommend an Assessment at a secondary address if a child spends three hours a day for two days per week; or a combined six hours per week; or a combined annual 60 hours at a specific residence other than the primary residence. Medicaid will not reimburse Risk Assessors for assessment activities conducted at a secondary residence.

The outline in the table below is a guideline to follow when doing an EBL Risk Assessment.

Go to address	No such address	<ul> <li>a. Attempt to contact family to determine if an error had been made in writing address.</li> <li>b. Check with post office to identify possible transcription error.</li> <li>c. Cross-reference telephone number with directory assistance.</li> <li>d. Leave a notice on the client/patient's chart with party ordering blood lead testing to contact the health Assessor upon next office visit.</li> </ul>	Delete incorrect address on Assessment records. Open Assessment for correct address when information is obtained.
Go to address	Never lived there, or vacant w/o forwarding address.	<ul> <li>a. Check w/ neighbors and listed relatives.</li> <li>b. Verify address w/ your office.</li> <li>c. Check w/ doctor, DFS, WIC, other provider types and local authority, etc.</li> <li>d. Send a letter w/ address correction request.</li> </ul>	If unable to locate after all attempts have been exhausted applicable for your area, close address of EBL Risk Assessment.
Go to address	Client has moved	No initial EBL Risk Assessment started	Close address of EBL Risk Assessment

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Go to	Client has	Do initial EBL Risk Assessment to	Close address if no hazards found.
address	moved to this	make sure child has not moved into	If hazards found, requires
	address less	a residence that will cause continued	remediation to be completed.
	than three	exposure to an environmental lead	
	months ago	hazard.	
Go to	Do initial EBL	Client moves	Close address when remediation
address	Risk		has been completed. If no
	Assessment		remediation is done, written
			documentation from property
			owner requires that house will be
			taken off the rental market until
			remediation is completed.
Go to	Do initial EBL	No lead hazards found	Close address of EBL Risk
address	Risk		Assessment.
	Assessment		
Go to	Do initial EBL	Lead hazards found – client stays	Follow house to completion of
address	Risk		remediation. Close the address
	Assessment		when completed.
Go to	Do initial EBL	Property ownership changes	Provide information for new
address	Risk		owner. Start new time frames.
	Assessment		New violation letter to be sent to
			new owner. Follow house to
			completion. Close address when
			remediation has been completed or
			when property is removed from
			rental market.

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Subsection 5.4 The Visual Assessment and Areas to Investigate

# **Environmental Management The Visual Assessment and Areas to Investigate**

Any area of the premises the client has access to should be visually investigated. All accessible surfaces with deteriorated paint, friction surfaces, and chewable surfaces should be suspected as potential sources of lead exposure. However, lead hazards are not limited to these sources. Possible sources of lead in a child's environment often include at least one of the following:

Note: For simplicity, this section of the manual uses the term "paint" synonymously with the term "surface coatings" as defined by 19 CSR 30-70.600 and with the term "lead bearing substance" as defined by Revised Statute 701.300(18)(a). Reference to "paint" includes (but may not be limited to) surface coatings such as stains, varnishes, lacquers, and shellacs.

- Paint on: walls, floors, and ceilings in deteriorated condition.
- Woodwork including windows, doors, stairwell components, and baseboards, etc. if it is deteriorated and/or on an impact, friction, or chewable surface.
- Other surfaces which show evidence of deteriorated paint, friction surfaces, or chewable surfaces such as cabinets, furniture, toys, knick-knacks, antiques, or various other structures or surfaces with which the child has regular contact.
- Exterior of house including porches, fences, and other exterior buildings.
- Bare soil in play areas, gardens, other areas used by the EBL child, and pets, especially in areas in close proximity to structures that have been painted with lead-based paint, that might have been contaminated by leaded gasoline from parked cars, or are in areas known to be near previous industrial processes which may have caused lead contamination (i.e. lead mining or processing, auto repair shops, etc.), driveway and landscaping chat, any item accessible to the child made of pewter. The lead risk assessor should look for other sources of lead in the residential environment as well.
- Inquire about other objects such as:

JewelryFurniturePainted swing setsCeramic wareFood containersMiniblindsProgressive hair dyeCrayons or chalkStained glassCeramic bathtubs and sinksBelt buckles

- Exposure from pets being outside carrying contaminated dust into the home.
- Dust contamination brought into the home or vehicle from an occupational exposure of an adult working in a lead related occupation.
- Hobbies such as:

<u>Fishing</u> (possible exposure from sinkers or contaminated fish meat, <u>Hunting</u> (possible exposure from reloading, contaminated game meats, target

practice areas, or used bullets or shot)

Gardening in potentially contaminated areas (up-take of lead from the soil is a possibility, however dust contamination of soft vegetables that are not peeled is a more serious problem)

Pool cue chalk

• Any other sources identified by the Consumer Product Safety Commission or other agency.

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A notation as to the structural condition of the dwelling unit and general maintenance should be included on the EBL Risk Assessment Report. General maintenance should also include mention of dust, residue, or dirt accumulation on environmental surfaces accessible to children.

After concluding the visual assessment, and due consideration has been given to the information gathered by the Nurse Case Management Questionnaire, the Risk Assessor should establish a sampling plan. The sampling plan consists of where environmental samples should be collected, how many should be collected, and what type of samples to collect.

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Subsection 5.5 The EBL Risk Assessment Report	

# **Environmental Management The EBL Risk Assessment Report**

The EBL Risk Assessment Report is designed to meet all of the requirements of 19 CSR 30-70.620 Work Practice Standards for a Lead Risk Assessment, (8) Elevated Blood Lead (EBL) Risk Assessments. The EBL Risk Assessment Report is designed to meet the following:

- Rules of Department of Health and Senior Services, Division 30 Division of Health Standards and Licensure, Chapter 70 – Lead Abatement and Assessment Licensing, Training Accreditation
- Missouri Department of Health and Senior Services, Childhood Lead Poisoning Prevention Program rules and regulations
- Missouri Department of Health and Senior Services, Childhood Lead Poisoning Prevention Program Contract Scope of Work requirements
- STELLAR data entry requirements for epidemiological and demographical surveillance
- Provide documentation of lead hazards found on the premises and provide information to the parents and property owner of necessary lead hazard reduction and control actions

In the event legal action is taken with the EBL case, it is essential to have complete and thorough documentation of the all events related to the Assessment. These events include attempts to contact occupant and property owner, communications and meetings with the occupant and property owner, condition of the property, all findings of the Assessment, recommendations for interim controls and abatement methods, follow-up observations of interim controls and abatement in progress, and Assessment closure. Completing all sections of the EBL Risk Assessment form correctly provides the Assessor with a structured format for this documentation.

### Home Lead Assessment Questionnaire

The licensed lead inspector, in coordination with the nurse where applicable, will obtain information from the child's parent/guardian by completing the questionnaire. The information collected on this form will aid in determining housing conditions, hobbies, and habits that contribute to lead hazard exposure.

# On-Site Preliminary Lead Assessment Report:

The On-Site Preliminary Lead Assessment Report is a summary of identified potential lead hazards on the premises and respective methods for hazard control and/or reduction. This report must be completed and signed by both the risk assessor and responsible party (property owner or an adult occupant) present during the Assessment. Although some of the information on this form is repetitive on the EBL Risk Assessment Report, it is necessary to complete all boxes on form in order to:

- Provide documentation that he responsible party was present during the Assessment and received information regarding the location of potential hazards and required interim control methods. A copy should be sent to DHSS, CLPPP.
- Provide a written copy of findings and requirements to the responsible party until the EBL Risk Assessment Report is finalized. (Typically, the EBL Risk Assessment report can not be finished until laboratory results have been reported, which my take several days).

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In order to document that the responsible party understands the information on the form, and that the completed EBL Risk Assessment form will follow the preliminary form based on laboratory findings, it is essential that his/her dated signature is obtained. The original, signed, and dated copy of the form should be given to the occupant before leaving the premises.

Preliminary recommendations for interim control strategies should be made on this form. These recommendations will include potential hazards and interim methods of preventing continued exposure to lead. The risk assessor should also give the occupant a copy of the EPA pamphlet titled, *Protect Your Family from Lead in Your Home*, as well as any other available public health education materials the risk assessor deems pertinent to the family. The risk assessor should stress to the occupant <u>temporary</u> measures and precautions must be taken to reduce the hazards and prevent continued exposure to lead hazards.

Because lead-contaminated dust may not be visible, dust wipe samples of floors, window troughs, and windowsills should be taken. Even if a structural source or lead dust is not apparent, lead dust may be accumulating due to a source unrelated to any building components and the source may not be present at the time of the Assessment. Until the surface dust is confirmed by an analytical method not to contain a lead concentration exceeding the established component threshold, cleaning with a general household detergent should always be included as an interim control method.

The appropriate Worksheet(s) (pages 4-7), based on <u>potential</u> hazards identified, for Home Occupants and Property Owners should be provided with the On-Site Preliminary Lead Assessment Report.

NOTE: On-Site Preliminary Lead Assessment Report is to be forwarded to DHSS/CLPPP program within 10 days after the start of the property assessment.

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# <u>Dust Removal and Control Worksheet</u> For Home Occupants and Property Owners

- 1. Correct any known or suspected lead-based paint hazards or behaviors that may be introducing lead-contaminated dust into the home environment, such as hobbies, occupational exposure, pets, remodeling and renovation, etc.
- 2. Visually inspect other dust traps, such as radiators and floor grates. If visible dust is found, the component should be cleaned. Vent filters or cheesecloth may be used to trap dust in vents until ducts can be cleaned.
- 3. There is a possibility of lead-contaminated dust in or on drapes, carpets, and upholstered furniture. These surfaces should be steam cleaned if possible without damaging the fabric. If dust level is heavily embedded, consider disposal of the items. If contaminated carpet is to be removed, moisten the surface to reduce the amount of air-borne dust. The carpet pad should also be disposed of in the same manner. Once carpet and pad are removed the bare floor should be HEPA vacuumed and then wet cleaned to remove as much lead as possible.
- 4. If a HEPA filter vacuum cleaner is available, all surfaces should first be vacuumed thoroughly. A vacuum cleaner without a HEPA filter is likely to redistribute lead-contaminated dust throughout the home environment and should not be used. For area rugs HEPA vacuum both top and bottom sides at a rate of no more than 10 square feet per minute. If the floor beneath the area rug is uncarpeted, also HEPA vacuum the floor and mop thoroughly with a general household detergent. For wall-to-wall carpeting that cannot be folded over to expose the back, HEPA vacuum at a rate of no more than 10 square feet per 2 minutes, followed by another pass in a perpendicular direction to the first at a rate of no more than 10 square feet per 4 minutes. Upholstered furniture should be HEPA vacuumed over all surfaces 3 5 times.
- 5. Hard surfaces should then be cleaned with general household detergent and paper towels. All wash and rinse water should be contained and disposed of down the toilet. Do not dispose of wash and rinse water in the yard due to contamination of the soil.
- 6. After cleaning, perform a final rinse with clean water and unused paper towels.
- 7. The risk assessor should collect dust wipe samples afterward to ensure lead concentrations in the dust have been reduced below the action threshold.

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# <u>Paint Film Stabilization Worksheet</u> For Home Occupants and Property Owners

- 1. Eliminate any exterior leaks in the building, plumbing leaks, moisture accumulation problems related to improper ventilation, condensation drips from air conditioners, defective or missing glass in windows, gutters, downspouts, roofing, etc. Do not attempt to control a lead hazard with paint film stabilization on a deteriorated substrate. If the substrate is damaged, an abatement method will be necessary. Moisture will cause the fresh paint coat to fail prematurely, re-exposing the lead hazard.
- 2. Plastic sheeting should be used to capture falling paint chips and dust. Plastic should extend from the base of the wall out far enough to catch all falling debris. The higher the work site extends above the ground, the further the plastic will need to extend.
- 3. People not performing work should never be present in the work area.
- 4. Loose paint should be removed manually, by wet scraping or wet sanding. Do not remove loose exterior paint if wind conditions make it difficult to contain the dust and chips.
- 5. After removing loose paint, the surface to be painted should be HEPA vacuumed and wet washed with a general household detergent. Disposable towels or sponges should be used.
- 6. To increase the lifetime of the paint, a primer should be used first. Primers are designed to adhere tightly to the old paint while leaving a rough, bondable surface.
- 7. Apply paint to the thickness recommended by the manufacturer.
- 8. When the job is finished and plastic has been removed, the work area should be cleaned according to the method for lead-contaminated dust removal.
- 9. The Assessor should collect dust wipe samples afterward to ensure lead concentrations in the dust have been reduced below the action threshold.

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# <u>Lead-bearing Friction and Impact Surface Interim Control</u> Worksheet For Home Occupants and Property Owners

- 1. Eliminate any exterior leaks in the building, plumbing leaks, moisture accumulation problems related to improper ventilation, condensation drips from air conditioners, defective or missing glass in windows, gutters, downspouts, roofing, etc. Do not attempt to control a lead hazard with paint film stabilization on a deteriorated substrate. If the substrate is damaged, an abatement method will be necessary. Moisture will cause the fresh paint coat to fail prematurely, re-exposing the lead hazard.
- 2. Plastic sheeting should be used to capture falling paint chips and dust. Plastic should extend from the base of the wall out far enough to catch all falling debris. The higher the work site extends above the ground, the further the plastic will need to extend.
- 3. People not performing work should never be present in the work area.
- 4. Loose paint should be removed manually, by wet scraping or wet sanding. Do not remove loose exterior paint if wind conditions make it difficult to contain the dust and chips.
- 5. After removing loose paint, the surface to be painted should be HEPA vacuumed and wet washed with a general household detergent. Disposable towels or sponges should be used.
- 6. To prevent dust and chips from falling outside the window, install a scoop of protective sheeting.
- 7. For abraded outside wall corners (exterior of home), install new plastic or wood corner bead.
- 8. When the job is finished and plastic has been removed, the work area should be cleaned according to the method for lead-contaminated dust removal.
- 9. The Assessor should collect dust wipe samples afterward to ensure lead concentrations in the dust have been reduced below the action threshold.

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# <u>Lead-Contaminated Soil Interim Control Worksheet</u> For Home Occupants and Property Owners

- 1. Depending on the level of contamination, change use patterns of play areas, high traffic areas, pet areas, gardens, etc. Usage may be controlled by fencing or warning signage.
- 2. Select a surface covering. Covering options include, but are not limited to:

grass (as seed or sod) bark gravel

ground covers mulch artificial turf shrubbery

- 3. Plant ground cover, sod, etc. or apply bark, mulch, or gravel 6 12 inches deep.
- 4. A shop vacuum may be use to cleanup visible lead-based paint chips and dust on the soil surface.
- 5. Control water erosion by proper grading and drainage channels. Control wind erosion by periodic watering, windbreaks, and usage controls.
- 6. Water plants regularly after planting.
- 7. Blood lead levels often increase during the spring and summer as the result of exposure to contaminated soil. If the area is determined to be hazardous during the fall or winter, restrict usage or cover with gravel, mulch, or bark as opposed to grass, sod, ground covers, or shrubbery.

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# EBL Risk Assessment Report – Part A.1

Missouri Law, in accordance with EPA requirements for program accreditation, requires the information required by Part A.1. State Regulation 19 CSR 30-70.620 sets forth Work Practice Standards for a Lead Risk Assessment. Requirements for an EBL Risk Assessment are found in part (8) of this section of the regulations. Reporting and documentation requirements are listed in part (11). For an Assessment report to meet all requirements to comply with 19 CSR 30-70.620, all boxes on the EBL Risk Assessment Report- Part A.1 must be completed. All EBL Risk Assessment reports submitted to the DHSS/CLPPP must comply with 19 CSR 30-70. The last segment on this report asks for the next reassessment date. State Regulation 19 CSR 30-70.620(11)(s) requires a recommended maintenance and monitoring schedule for interim control methods or if encapsulation or enclosure lead abatement methods are used. The table on the following page provides guidance for reevaluation frequencies for various actions. This table is from the EPA Lead-based Paint Risk Assessment Model Curriculum.

The Assessment report includes information, testing results, recommendations, and requirements for only the dwelling or dwelling unit specified in Part A of the Assessment report. Although multiple EBL cases may be present concurrently in a multifamily housing complex, each unit housing a child meeting the EBL criteria is to be considered independently.

# EBL Risk Assessment Report – Part A.2

The floor plan of the address is optional. Part A.2 may be used to diagram the house floor plan, individual room floor plans on multiple sheets, or both. It would be valuable for future reference to have sampling locations indicated on the floor plan. The floor plan may also be used to diagram lawn areas, indicating samples taken from bare soil locations, or porches, patios, outbuildings, etc.

The directional arrow should be used for each diagram to avoid confusion during future visits, consultations, and reassessments. Although north, south, east, and west are standard and usually clearly evident, other designations may be used, as long as they may be clearly understood by a person other than the Assessor filing the Assessment report.

# EBL Risk Assessment Report – Part B

The table in this part is designed to include all required information regarding each sample collected and reported to be in compliance with 19 CSR 30-70.620(10) and (11). There should be only one sample entry per line. Each sheet should include only information for samples collected on the date indicated at the top of the form. Use as many sheets of this part as necessary. The final column for time of sample collection is optional and is not required. The units of measurement for each sample value should be converted, if necessary, to be consistent with the units for the threshold levels indicated at the bottom of the sheet.

For the purpose of data collection, risk analysis, and surveillance, it is essential to capture Assessment information into a database. Therefore, it is important for terminology to be consistent.

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# EBL Risk Assessment Report - Parts C.1, C.2 and C.3 General Information

Confirmed sources of lead hazards on the premises are addressed on this section of the form. For each hazard, interim control methods and/or abatement options for lead hazard reduction and the differences of effectiveness should be discussed. A listing of the types of temporary lead hazard reductions and permanent lead hazard reduction options of lead abatement methods, dangers, and safety precautions can be found in this section. The lead risk assessor, along with the homeowner/occupant, must establish a date in which all lead hazard reduction activities must be completed. The timeframes include, but are not limited to, immediate, 30 days, 60 days, or 90 days. All interim methods should be met immediately or within 30 days. No timeframe for any permanent lead hazard reduction is to exceed six months without an approved extension of the completion date for the work plan. If extenuating circumstances prevent the owner from completing the lead hazard reduction activities within the time period, an extension may be given. Several factors may be considered when determining an adequate time period including, but not limited to the following:

- extent of required work;
- weather conditions;
- geographic area; and
- financial burden.

Following is a guide to be used when determining what methods and actions should be treated as immediate, 30 days, 60 days, 90 days, or longer timeframes, that includes but is not limited to:

Immediate a.	Barriers to Lead Source:
	<ul> <li>Moving of furniture to keep child from getting close to source of lead poisoning.</li> <li>Restricting children's access to certain rooms. If carpeting is suspected to be contaminated, a playpen may be used to restrict the child's access to the floor, if the child is of appropriate age.</li> </ul>
b	Removal or Cleaning of Lead Sources:
	<ul> <li>The following items should be removed if they have known lead: lead wick candles, toys that contain lead, jewelry that contain lead, clothing or shoes that contain lead from occupational hazards, etc.</li> <li>Cleaning and removal of mini blinds.</li> </ul>
c.	<ul> <li>Dust removal and control:</li> <li>Specialized cleaning that includes wet mopping uncarpeted floors, wiping down window frames and sills with water and detergent.</li> </ul>
d.	<ul> <li>Water Lead Source:</li> <li>Use bottled water for drinking and cooking.</li> </ul>

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<b>30</b>	day	/S

- a. Barriers to Lead Source:
  - Installing obstruction to keep child from getting close to source of lead poisoning.
- **b.** Soil interim controls:
  - Impermanent ground covers such as grass seed or sod (depending on time of year), mulch, shrubbery or gravel may be placed over base soil to help prevent exposure to lead contaminated soil.
  - Land use controls including, but not limited to fences, warning signs or shrubbery.
- c. Dust removal and control:
  - Vacuuming with a HEPA filter equipped vacuum.
  - Cleaning surfaces to reduce levels of leaded dust to acceptable levels, including cleaning carpets, if they are contaminated.
- **d.** Lead-based paint stabilization:
  - Using paint to stabilize areas on a component where lead-based paint is showing signs of deterioration such as peeling, chalking, or alligatoring.

# 60, 90, or 120 days, not to exceed six months unless otherwise specified in the Work Plan to accommodate Extenuating circumstances

- a. Soil removal or covering:
  - Soil Removal and Replacement followed by offsite or onsite disposal.
  - Soil Cultivation (tilling)
  - Soil cleaning and replacement
  - Paving with concrete or asphalt
- **b.** Building Component Replacement
  - Removal of doors, windows, trim and other building items that are hazardous and replacing with new lead-free components.
- c. Enclosure
  - Installation of a rigid, durable barrier that is mechanically attached to a building component with all edges and seams sealed with caulk or other sealant.
- d. Paint Removal
  - Separation of the paint from the substrate using heat guns, chemicals, or certain contained abrasive measures, either onsite or offsite.

An effort to check progress should be made within two to three weeks. At this time the owner should be able to show evidence they are working on measures, such as hiring a licensed abatement worker to do the abatement or receipts for supplies purchased to do the work.

For details of interim lead hazard reduction methods and methods of abatement, see the appropriate subsections of this section of this manual.

# **DHSS LEAD MANUAL**

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### EBL Risk Assessment Report – Part C.1

This form summarizes lead hazards associated with either dust or water. The removal of dust or surface residue is an interim control method only and does not require a licensed lead abatement worker. Although cleaning the contaminated surfaces is very important, the primary concern should be the original source of lead contamination. If the source of the dust is a structural component, interim control methods and/or lead abatement methods will be necessary to eliminate the dust hazard. Sources unrelated to structural components may be shoes, hobbies, occupations, pets, etc. The elimination of these sources requires education and awareness of the problem by all family members. In this instance, it is especially important for the Assessor to work closely with the case management nurse.

If the drinking and cooking water is contaminated with lead, it is important to determine the contamination source. The source of lead contamination may be the faucet, household plumbing, water main, or contamination of the supply itself.

If the lead concentration in water is equal to or greater than 15 ppb, and the water supply is determined to be the source of contamination, the family should use only bottled water for drinking and cooking, or consider installing a purifier or filter.

Installation of a water softener or filter would be an interim control as opposed to abatement. This is because installation of water softeners or filters does not permanently eliminate the lead hazard since it does not "cure" the source of the problem or that is the water supply; rather, it temporarily reduces human exposure to the hazard.

## EBL Risk Assessment Report - Part C.2

This form summarizes lead hazards found associated with lead-based paint. Lead-based paint is considered to be hazardous if it is in a deteriorated condition, or if it is coating a friction, impact, or chewable surface. It is also required by 19 CSR 30-70.620 for the report to include a description of the severity of the identified lead-bearing substance hazard. Use additional sheets of Part C.2 as needed.

### EBL Risk Assessment Report – Part C.3

This form summarizes lead hazards found associated with lead in soil and use of area. Use additional sheets of C.3 as needed.

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## EBL Risk Assessment Report – Part C4

This form is to be used when lead hazards other than soil, paint, dust and water are found. Below are examples of lead hazards that could be included, but not limited to:

Occupational Sources Pipe fitters, brass/copper foundry, lead miners, lead smelters and refiners, auto repairers, glass manufacturers, shipbuilders, printers, plastic manufacturers, steel welders and cutters, construction workers, bridge reconstruction workers, rubber products manufacturers, gas station attendants, battery manufacturers, chemical and chemical preparation manufacturers, industrial machinery and equipment operators

<u>Hobbies</u> Glazed pottery making, target shooting at firing ranges, reloading cartridges, lead soldering, preparing lead shot, fishing sinkers, bullets, stained-glass making, car or boat repair, furniture refinishing, casting lead figures)

Substance Use Folk remedies, health foods, cosmetics, moonshine whiskey, gasoline huffing

Environmental Miniblinds, Crayons, lead crystal, ceramic-ware/pottery, candles

Use additional sheets of Part C.4 as needed.

# Section 5.0 Environmental Management Page 1 of 2 Subsection 5.6 Reporting Risk Assessments Results to the Occupant/Property Owner

### Environmental Management Reporting Risk Assessment results to the Occupant/Property Owner

Within 20 working days of receipt of the environmental sample results, the risk assessor will provide a written EBL Risk Assessment report to the adult occupant and property owner through return receipt mail. When reporting EBL Risk Assessment results and required lead hazard reduction activities, the following documents are required to be completed: Cover Letter, and EBL Risk Assessment Report Parts A.1 and 2, and B, and C.1, 2, and 3.

#### **Cover Letter**

The cover letter (see example on following page) of an EBL Risk Assessment report should be used to reference the statutory requirements of the owner. The lead assessor will make a contact attempt for consultation on methods of lead hazard reduction within three to five days of receiving of the lead assessment report. Emphasis should be made on a timeframe for completing the lead hazard reduction as indicated on the EBL Risk Assessment report.

A statement about the Federal Residential Lead-Based Paint Hazard Reduction Act of 1992, 42 U.S.C. 4852d, requires sellers and landlords of residential housing built before 1978, to disclose all available records or reports concerning lead-based paint hazards, <u>including the test results contained in this report</u>, to purchasers and tenants at the time of sale or lease or lease renewal should also be included in the cover letter. A sample cover letter is included on the next page.

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Subsection 5.6 Reporting Risk Assessments Results to the Occupant/Property Owner

#### Cover Letter (Sample) To Accompany Risk Assessment Report For Property Owner

Date	
[Property owner's Name] [Mailing Address]	
Dear Mr./Mrs:	

The following Assessment report contains information collected during an Elevated Blood Lead (EBL) Assessment performed at the above address in accordance with Missouri Revised Statutes 701.300-701.336 and Code of State Regulations, Rules of Missouri Department of Health and Senior Services. The Assessment was performed at [street address, city, State]. Please read the following report carefully and completely.

I will contact you within three to five days to schedule a Lead Hazard Reduction Consultation. This will also provide me an opportunity to answer any general questions you may have regarding the nature of lead hazards found on the premises and your responsibilities for hazard control and/or elimination. The purpose of the consultation is to give you and I an opportunity to discuss the following:

- Why an EBL Risk Assessment was conducted at the dwelling,
- The adverse health effects of lead,
- The location(s) of lead hazards found in or about the dwelling,
- The most desirable and economical means to reduce the hazard while ensuring the health and safety of the residents, workers, and neighbors,
- Confirm timeframes for completion of all required activities, and
- Any circumstances that will affect or delay lead hazard reduction activities.

Following the consultation, I will provide you with a written work plan established and agreed upon at the time of the consultation. If you have not responded to these requests within [number] days, we will be obligated as our client's advocate to pursue legal action.

Also, please be aware, the Federal Residential Lead-Based Paint Hazard Reduction Act of 1992, 42 U.S.C. 4852d, requires sellers and landlords of residential housing built before 1978 (unless otherwise exempt) to disclose all available records or reports concerning lead-based paint hazards to purchasers or tenants. As the property owner you will be responsible for making a copy of the report available prior to signing a contract for sale or lease of the property. This disclosure must occur even if hazard reduction or abatement has been completed. You must also provide the buyer or renter with a copy of the pamphlet, "Protect Your Family from the Lead in Your Home". Failure to comply with this law is a violation of the U.S. Department of Housing and Urban Development and the U.S. Environmental Protection Agency regulations at 24 CFR Part 35 and 40 CFR Part 745 and can result in a fine of up to \$11,000 per violation. To find out more information about your obligations under the Federal lead-based paint requirement call 1-800-424-LEAD or call the Missouri Department of Health and Senior Services at 1-573-526-4911.

Sincerely,
[Signature]
[Name of Assessor, typed]
Missouri Licensed Lead Risk Assessor

cc: file, Missouri Department of Health and Senior Services and Senior Services

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S	Subsection 5.7 Written Work Plan	

### **Environmental Management Written Work Plan**

Within 10 business days after the date of the consultation meeting, a written plan of action, documenting the negotiation specifics and date of compliance reassessment, will be sent by return receipt mail to the responsible party. The property owner must be given the opportunity to question or disagree with the document within three business days of receiving of the written plan of action and request revisions. If the owner does not respond as indicated, the document will be considered a binding agreement.

If the owner does respond, but indicates dissatisfaction with the action plan document, another discussion should occur. The second meeting should include an additional third party (e.g., DHSS regional environmental specialist licensed as a lead risk assessor, local administrator, supervisor, etc.) to clarify, correct, or explain the plan of action satisfactorily for both parties. A revised plan should then be mailed with a return receipt.

Contact with the owner/occupant should occur within 14 days to make sure that the owner is bringing the plan into compliance. Within 30 days of signing the work plan, the property owner should have implemented all interim controls agreed upon and begun methods of abatement. If, after 30 days, no effort is being made, refer to the discussion in this section on response to non-compliance follow-up.

A corrective action for every component and location of lead hazards should be addressed by the work plan. Sample written work plan included on next page.

## Section 5.0 Environmental Management Page 2 of 2 Subsection 5.7 Written Work Plan

#### Written Work Plan (Sample)

[Date]	
[Property owner's Name] [Mailing Address]	
Dear Mr./Mrs:	

As discussed during our conversation held on [Date], the following work plan must be completed for your property located at [street address, city, State]. A clearance assessment has been scheduled for [Date] to ensure all agreed upon work has been accomplished. If you are unable to complete the work by this date due to unforeseen complications, please contact me as soon you are aware of a likely delay. Please do not wait until the clearance Assessment date to inform me of any such problems. Please note, if interim control methods are selected, a plan for the eventual abatement of the hazard must be included.

#### Plan of Action:

Room	Component	Recommended Action	MO Licensed Lead Abatement Worker Required	Date to be Completed
Kitchen	Floor	Thorough cleaning with a general household detergent	No	[Date]
Kitchen	Exterior Door	Strip lead-based paint from surface to bare wood. Repaint with a non-leaded paint; or	Yes	[Date]
		Remove door and replace	Yes	[Date]
Front Porch	Wainscot	Paint film stabilization; or	No	[Date]
		Enclose with siding or wood, or	Yes	[Date]
		Encapsulate with an approved lead-based paint encapsulant; or	Yes	[Date]
		Removal of paint to bare wood with a chemical stripper or removal of component.	Yes	[Date]
Play yard, adjacent to front porch	Soil	Move play equipment from bare soil areas, plant bare soil areas with ground cover or shrubbery, or	No	[Date]
		Removal and replacement	Yes	[Date]

If the options listed above are not what you agreed to during the lead hazard reduction consultation, please contact me within 3 days of receipt of this letter at [telephone number]. A supplementary consultation will be scheduled to clarify and correct the plan of action. If you do not respond to indicate your dissatisfaction, this document will be considered a binding agreement.

Sincerely,
[Signature]
[Name of Assessor, typed]
Missouri Licensed Lead Risk Assessor

cc: file, Missouri Department of Health and Senior Services

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Subsection 5.8 Compliance and Re-Assessment Follow-Up	

### **Environmental Management Compliance and Re-Assessment Follow-Up**

On the finalized written work plan, an assessment follow-up, will be conducted on the date agreed upon to determine compliance. A lead assessment follow-up should include both a visual examination and environmental sampling for lead-contaminated dust and soil, if appropriate. Dust wipes should be collected if lead-contaminated dust was an initial hazard, or if interim control or abatement methods could have produced lead dust. Lead assessment follow-up information, including any sampling or testing and type of lead hazard reduction activities completed should be collected on another assessment report. If corrections have been satisfactorily completed, the responsible party will be so advised, in writing. Information about the importance of maintenance and a schedule for on-going monitoring of interim control methods and encapsulation and enclosures abatement options will also be provided.

#### Reporting Information to DHSS/CLPPP

For all EBL Risk Assessments performed, the following must be submitted to DHSS:

- On-Site Preliminary EBL Risk Assessment Report;
- EBL Risk Assessment Report Parts A, B and C and;
- On re-assessments, Report parts A and B. Report part C shall be submitted on re-assessments if no remediation was done and another completion date is given.

Submit the above documents to the Missouri Department of Health and Senior Services, Section for Environmental Public Health, 930 Wildwood, P.O. Box 570, Jefferson City, MO 65102.

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### Non-Compliance for Consent to Enter (refer to section 701.304 RSMo)

If the Department, representative of the local government, or local health agency finds that an owner or adult occupant of a dwelling where a child with an elevated blood lead level has been identified has not granted consent to enter, legal action can be taken. The following must be documented prior to taking legal action:

- 1. A child less than six years of age who is an occupant or regularly visits the child occupied facility has been identified as having an elevated blood lead level.
- 2. The owner and adult occupant must have been notified that an occupant of the dwelling less than six years of age has been identified as having an elevated blood lead level.
- 3. Written notification has been sent by certified mail, at least 48 hours in advance, to the dwelling owner or adult occupant indicating the time and purpose of the risk assessment.
- 4. The inspection has been scheduled to occur at a reasonable time.
- 5. The representative of the department or local government has presented proper credentials to the owner or occupant.

If consent to enter is not granted, the representative of the department, local government, or local health department must issue a notice of violation sent by return receipt mail to the owner. The notice **must** (see sample):

- 1. Emphasize that continued refusal to allow entry is a violation of Missouri Revised Statute 701.304; and
- 2. Order that the owner and adult occupant of the dwelling or child-occupied facility comply with section 701.304 RSMo by allowing the assigned licensed risk assessor to conduct the investigation in the dwelling.

If the property owner fails to respond to the violation notification within 10 working days, the following actions should be taken:

- 1. The local public health agency should attempt to get a court order to enter the dwelling at the local circuit court. If this is unsuccessful,
- 2. The local public health agency should send all documentation to the DHSS CLPPP and notify the owner that such a report has been made.
- 3. CLPPP will assure that all necessary steps have been taken; documentation has been compiled, and will refer to DHSS legal staff.

DHSS legal staff will prepare a packet of information on the case to be sent to the local prosecuting attorney and/or the Missouri Attorney General. The local public health agency will be notified when the referral for prosecution has been made.

## Section 5.0 Environmental Management Page 2 of 9 Subsection 5.9 Non-Compliance Procedures and Letters

#### **Non-Compliance for Consent to Enter Form Letter**

[Date]

[Owner or Adult Occupant] [Street Address] [City]

Dear Mr./Ms. [Owner],

A child that resides or frequents the property at [Address] has been identified with an elevated blood lead level. The [Agency] has attempted to contact you by [Phone/Letter/Home Visit], however, at this time entry for the purpose of performing an environmental risk assessment has not been granted. Continued intake of lead into the body may cause permanent health effects, such as brain and nerve damage, hearing loss, anemia, slowed growth, behavioral problems and lowered IQ.

This letter is to inform you that continued refusal to grant access to a dwelling or child occupied facility is a violation of Missouri Revised Statute 701.304 which states:

A representative of the department, or a representative of a unit of local government or health department licensed by the department for this purpose, may conduct an inspection or a risk assessment at a dwelling or a child-occupied facility for the purpose of ascertaining the existence of a lead hazard under the following conditions:

- 1. The department, owner of the dwelling, and an adult occupant of a dwelling which is rented or leased have been notified that an occupant of the dwelling or a child six or fewer years of age who regularly visits the child-occupied facility has been identified as having an elevated blood lead level as defined by rule; and
- 2. The inspection or risk assessment occurs at a reasonable time; and
- 3. The representative of the department or local government presents appropriate credentials to the owner or occupant; and
- 4. Either the dwelling's owner or adult occupant or the child-occupied facility's owner or agent grants consent to enter the premises to conduct an inspection or risk assessment; or
- 5. If consent to enter is not granted, the representative of the department, local government, or local health department may petition the circuit court for an order to enter the premises and conduct an inspection or risk assessment after notifying the dwelling's owner or adult occupant in writing of the time and purpose of the inspection or risk assessment at least forty-eight hours in advance. The court shall grant the order upon a showing that an occupant of the dwelling or a child six or fewer years of age who regularly visits the child-occupied facility has been identified as having an elevated blood lead level as defined by rule.

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If the owner or an adult occupant of this property refuses to grant access to the dwelling or child occupied facility the department or local health agency will petition the local circuit court to grant an order to enter the premises. In order to comply with statutory requirements, please contact [risk assessor] at [phone number] within 10 days to schedule a risk assessment at the property.

Respectfully,

[Risk Assessor] [Position Title] Missouri Licensed Risk Assessor [Agency]

cc. [LPHA] MDHSS Childhood Lead Program

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### Non-Compliance for Consent to Re-Enter After Initial Risk Assessment (refer to section 701.304 RSMo)

If the Department, representative of the local government, or local health agency has conducted an initial EBL risk assessment, notified the owner of identified hazards and recommended appropriate hazard reduction procedures RSMo 701.308 requires that the owner shall comply with the requirement for abating or establishing interim controls. In order to determine the extent of lead hazard reduction, the licensed risk assessor must gain access to the home to conduct a follow-up visit. If access is denied for the follow-up inspection one of the following scenarios may apply:

- 1. The child residing in or frequenting the home continues to be tested for an elevated blood lead level and the levels are still elevated.
  - In this case the Department, representative of a unit of local government, or local health department may petition the court for an order to enter the premises for a follow-up assessment (see non-compliance for consent to enter policy).
- 2. The child residing in the dwelling does not continue get a blood lead test or the child continues to be tested and the blood lead level decreases below 10 μg/dL.

In this case a letter should be written (see example) to inform the owner that the property may be in violation of state law and the only means to prove the property is in compliance is to grant access to the licensed risk assessor. If the owner continues to deny access to the property notify DHSS and forward copies of all documentation. The case will be placed on an open-inactive status list until the access issues can be resolved.

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#### Non-Compliance for Consent to Re-Enter After Initial Risk Assessment Form Letter

[Date]

[Owner] [Street Address] [City]

Dear Mr./Ms. [Owner],

A follow-up lead investigation was scheduled for [Date] to assess the progress of lead remediation on the property at [Property Address] in accordance with Missouri Revised Statutes 701.300-701.338 and Code of State Regulations, Rules of the Department of Health and Senior Services.

Access to the property could not be obtained at the scheduled time and therefore the property could not be re-inspected. Without access to the property I was unable to determine the status of lead hazard control procedures required in the report from the initial Elevated Blood Lead Investigation performed on [Date].

The lead hazards identified during the initial Elevated Blood Lead investigations and the lead hazard control actions required are as follows:

[List each hazard not addressed and the recommended action to comply with it]

You were initially notified in writing on [Notification Date] that lead hazards existed and informed of the action required to eliminate the hazards. You were also informed that the lead hazards present in the home may result in adverse health effects upon children who reside in the home. An on-site consultation was conducted by the [agency LPHA or MDHSS] to explain each hazard, the required action to address it and to establish the time frame for completion.

The time period for completing these activities has passed and hazards may still exist on the property and have not been adequately addressed. Continuing to allow lead hazards to exist violates section 701.300-701.338 of the Missouri Revised Statutes. You have **10 days** from the receipt of this letter to contact [risk assessor] at [phone] to schedule a follow up evaluation to ensure that the interim controls or abatement has been performed to remedy the lead hazards on the property.

## Section 5.0 Environmental Management Subsection 5.9 Non-Compliance Procedures and Letters

If necessary the violation may be referred to the county prosecuting attorney to assure appropriate legal action is taken to ensure that the lead hazard is abated or that interim controls are established. To schedule a follow-up inspection contact me at [phone number].

Sincerely,

[Risk Assessor]
[Position Title]
Missouri Licensed Risk Assessor
Section for Environmental Public Health
Missouri Department of Health and Senior Services

cc. [LPHA]

MDHSS Childhood Lead Program

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## Non-Compliance of Requirement to Remediate a Lead Hazard After a Follow-Up Risk Assessment Has Been Completed (refer to section 701.308 RSMo)

If the Department, representative of the local government, or local health agency finds upon inspection that an owner of a dwelling where lead hazards have been identified has not reduced the lead hazards, a written notice of violation should be sent by return receipt mail to the owner. The notice **must:** 

- 3. Emphasize that continued non-compliance with the written plan of action is a violation of Missouri Revised Statute 701.308; and
- 4. Order that the owner of the dwelling or child-occupied facility comply with section 701.308 RSMo. The owner shall not cause, allow, or permit the violation to continue (see sample letter).

The following actions may also be taken:

- 1. The Local Public Health Agency may use community or other resources as available to relocate the occupants until the owner complies with the notice; and/or
- 2. Refer the case back to Case Management for DFS intervention

If the property owner fails to respond to the violation notification within 10 working days, remediation actions are unsatisfactory and all alternatives have been exhausted, the following actions should be taken:

- 1. The Local Public Health Agency will send all documentation to the DHSS CLPPP and notify the owner that such a report has been made. The documentation shall include:
  - a. All correspondence with the property owner including letters or documented home visits or phone calls.
  - b. The EBL Risk Assessment Report forms A.1, A.2, B.1, C.1-4, and the laboratory report forms
  - 2. CLPPP will assure that all necessary steps have been taken, documentation has been compiled, and will refer to DHSS legal staff. DHSS legal staff will prepare a packet of information on the case to be sent to the local prosecuting attorney and/or the Missouri Attorney General. The local health agency will be notified when the referral for prosecution has been made.

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Subsection 5.9 Non-Compliance Procedures and Letters

#### Form Letter for Non-Compliance of Requirement to Remediate a Lead Hazard After a Follow-Up Risk Assessment Has Been Completed

[Date]
--------

[Owner] [Street Address] [City]

Dear Mr./Ms. [Owner],

A follow-up lead investigation was performed on [Date] to assess the progress of lead hazard reduction on the property at [Property Address] in accordance with Missouri Revised Statutes 701.300-701.338 and Code of State Regulations, Rules of the Department of Health and Senior Services.

The following are lead hazards and lead hazard reduction methods identified during the initial Elevated Blood Lead investigation that had not been addressed at the time of the follow-up inspection:

[List each hazard not addressed and the recommended action to comply with it]

You were initially notified in writing on [Notification Date] that lead hazards existed and informed of the action required to eliminate the hazards. You were also informed that the lead hazards present in the home may result in adverse health effects upon children who reside in the home. An on-site consultation was conducted by the [agency LPHA or MDHSS] to explain each hazard, the required action to address it and to establish the time frame for completion.

Based upon the follow-up inspection completed on [date of follow-up] the time period for completing these activities has passed and hazards on the property have not been adequately addressed. Continuing to allow lead hazards to exist violates section 701.300-701.338 of the Missouri Revised Statutes. You have ten working days from the receipt of this letter to take such action necessary to complete abatement, establish interim controls, or remove the property from the rental market to comply with the law. You will be contacted to schedule a follow up evaluation and determine a time frame for completion to ensure that the interim controls or abatement has been performed to remedy the lead hazards on the property.

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If necessary the violation may be referred to the county prosecuting attorney or the Missouri Attorney General so that appropriate legal action may be taken to ensure that the lead hazard is abated or that interim controls are established.

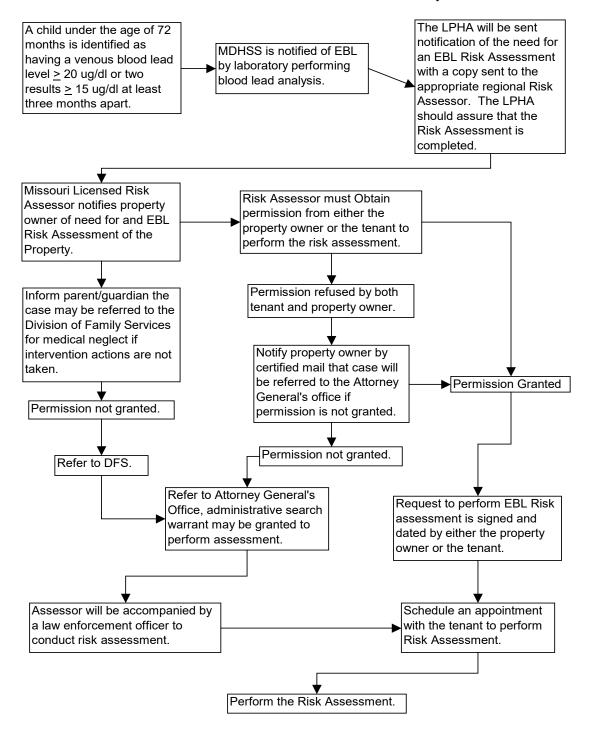
Sincerely,

[Risk Assessor]
[Position Title]
[Agency]
cc.
[LPHA]
MDHSS Childhood Lead Program

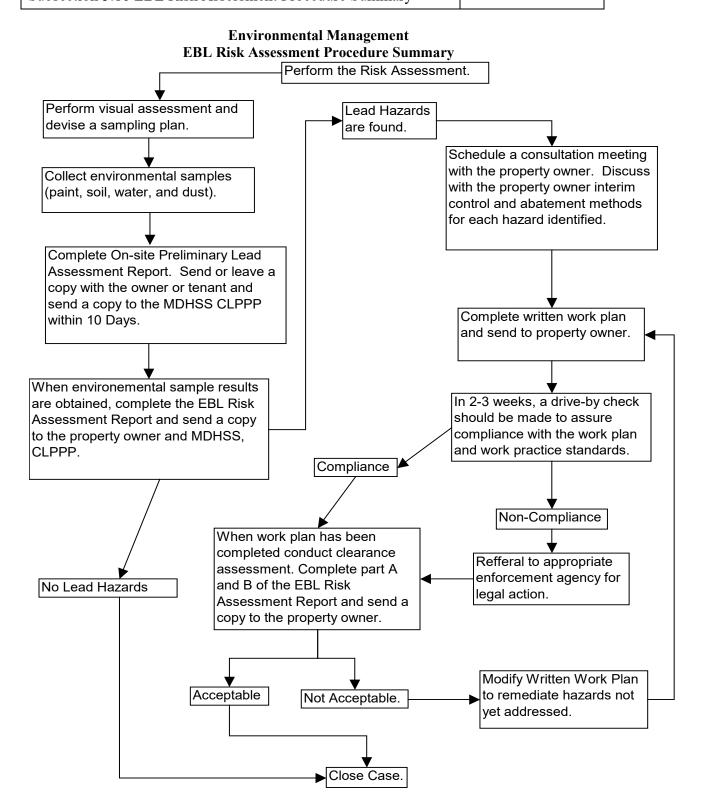
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Subsection 5.10 EBL Risk Assessment Procedure Summary

### Environmental Management EBL Risk Assessment Procedure Summary



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### **Environmental Management Environmental Sampling Methods and Procedures**

The results of the environmental samples will assist in determining the probable sources of lead exposure in the child's environment and the course of action that should be taken to control or eliminate the source. Samples should therefore be collected in a manner that provides for the most accurate results and all pertinent information should be carefully documented. Although accuracy is important to protect the Assessor's liability in the event of legal actions or for the enforcement of corrective actions, the paramount reason for the sampling is to identify the lead hazards in the child's environment and implement control methods that will protect the child.

- **I.** Paint (or other surface coating material) that is deteriorated or located on a chewable, friction, or impact surface.
  - A. Selecting a sampling method.
    - 1. Using an XRF analyzer
      - a. Assessment of lead-based paint hazards may be accomplished by the use of an X-ray Fluorescence Analyzer (XRF), which measures the weight of lead (in milligrams-mg) per specified unit of area (cm²). For the purpose of an EBL Risk Assessment an XRF analyzer should only be used where there is deteriorated paint or a coated chewable, impact, or friction surface.

The user of an XRF analyzer must be a Missouri Licensed Lead Inspector or Risk Assessor and have received a certificate of training provided by the Before taking readings with the analyzer, the device manufacturer. instrument must be calibrated according to the specific instrument's XRF Performance Characteristic Sheet (PCS) and manufacturer's operation manual. To ensure quality assurance, a Quality Assurance/Instrument Performance sheet should also be used to record calibration checks throughout an EBL Risk Assessment. This form (or a copy) should be included in the final Assessment report. The action level for lead content is 1.0 mg/cm<sup>2</sup> if measured by an XRF analyzer. Some analyzers will also analyze soil and dust wipe samples. Results falling within the instrument's inconclusive range as specified by the PCS as well as results very close to the action level should be confirmed as a hazard by laboratory analysis of paint chip or dust wipe samples before attempting to enforce abatement activities. If the parent/guardian and property owner prefers to be proactive and address all inconclusive results as positive sources,

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confirmation of XRF results in the inconclusive range is not necessary. It must be documented on the Assessment report how inconclusive XRF analyzer results will be handled.

NOTE: An XRF analyzer is a useful tool, however, it is not required to conduct an EBL Risk Assessment. Paint chip samples and dust wipe samples can be used to obtain the same information. The advantage the XRF analyzer offers is immediate sample results.

In order to prevent any exposure to radiation, it is recommended that children not be present in the room being tested or adjacent rooms while using an XRF.

#### b. Interpreting XRF analyzer results

When interpreting XRF analyzer results, it is important to know whether the analyzer is a direct or spectrum reading instrument. This will be discussed in the training provided by the manufacturer. The following practices must be followed in order to correctly interpret the results of the analyzer:

• Take at least three readings per component and average the results. If a large discrepancy in readings is observed, additional readings should be taken in order to eliminate the possibly of a biased result. It is common, though, for components to have been previously painted with a lead-based paint and then repainted with a non-leaded paint. Because of uneven wear and deterioration and inconsistent scraping, readings may vary widely on a single component. Remember, if the paint is intact and it is not a friction or chewable surface, it should not be initially considered a hazard and should not be tested. If the paint is deteriorated and the surface coating is a non-leaded paint, but has been applied over a lead-based paint, the surface coating may take the undercoating with it as it peels, flakes, chips, cracks, or chalks.

It is important to know the surface depth the analyzer will read on various substrates. It is common to get elevated readings with a direct reading instrument if the face of the analyzer is placed such that a hidden lead source lies behind or within the component being tested. Biasing sources and objects may include pipes, electric wire, window counter-weights, glazed ceramic tile, lead-based paint located on the other side of a relatively thin wall, door, etc., or lead-based paint that has been enclosed or encapsulated.

#### 2. Paint Chip Sampling

#### a. Collecting a sample

There are several reasons it may be necessary to collect paint samples for laboratory analysis. It may be necessary to utilize both methods of sample analysis when there is a need for confirmation of XRF results. These cases include:

- inconclusive XRF readings as defined by the equipment manufacturer;
- the surface is small or irregular and cannot be tested with an XRF analyzer; or
- confirmation of XRF readings for court cases.

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When an XRF is not available, paint chip samples should be collected from areas in which the child is at risk of exposure and the paint is in a state of disrepair (cracking, peeling, or flaking). The action level for lead in paint is 0.5% by weight when laboratory analysis is utilized. A paint chip sample that has a lead concentration which exceeds 0.5% by weight (equivalent values are 5,000 ppm, 5,000 µg/g, or 5,000 mg/kg) is considered a lead-bearing substance.

Paint chip samples should be collected according to the following procedure:

- With permanent ink marker, tape, or self-adhesive label, clearly identify on a resealable plastic bag the address, sample number, sample location, and date sample is collected.
- Using a clean, sharp knife or scalpel, score the paint sample area. The equivalent of **three square inches** of paint should be collected for submission to the laboratory for analysis.
- Attempt to lift the paint off by sliding a thin utensil along the score and underneath the paint, and remove a section down to the substrate. Care should be taken to avoid including any substrate materials in the sample.
- Do not collect fallen chips below a source and assume the chips came from a particular component. The paint must be removed from the component being tested by the Assessor at the time of the Assessment.
- No blank or field "spike" (control) samples are required for routine lead-based paint risk assessments.
- Fill out the State Lab <u>Environmental Lead Analysis</u> form for <u>each</u> sample when. Identification of sample collection location must be on the lab form.

#### b. Interpretation of Results

Paint chip sample results are typically easier to interpret than XRF analyzer readings. One reason for this is laboratory analysis of paint chips measures the concentration of lead with regard to mass, not area. XRF analyzer readings of a given paint may vary widely with location on the same component based on changes in paint thickness, but the concentration in percent lead by weight should not.

It is also important not to make too many assumptions regarding paint history of an older home. A single paint chip sample is not representative of all of the paint on the premises. If assumptions are made regarding the paint history of unrelated testing combinations (room, component, substrate, and color), they should be clearly documented with specific justification for the assumptions. Typically, a paint chip sample should be collected from each testing combination that has a surface coating in deteriorated condition located in an area, or having the potential to contaminate an area, accessible to the child.

#### II. Soil

The soil surrounding a dwelling can be contaminated with lead from several different sources. Weathering, chalking, and peeling paint on the building's exterior is the most common cause of soil contamination. Although leaded gasoline has been generally

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phased out under an EPA regulation, lead has entered the environment from this source. For dwellings close to highways or major surface streets, considerable lead contamination is possible. Other sources of lead contamination from point sources include lead smelters, battery manufacturing plants, steel structures, and auto repair sites. The top 1/2 inch of soil usually contains the highest concentration of lead, and bare areas pose the most risk of lead hazard exposure and, therefore, should be the focus of the sample collection.

Areas to collect soil samples include, but should not be limited to, the following:

- play areas
- building foundation (extent depending on bare area, soil type, and slope)
- gardens
- outdoor shooting ranges

- pathways, high traffic areas
- sandboxes
- burn piles
- driveways

#### A. Procedure for collecting a soil sample

- 1. With a permanent ink marker, tape, or self-adhesive label, clearly identify on a resealable plastic bag the address, sample number, sample location and date sample is collected.
- 2. A minimum of two composite samples per dwelling or building are recommended: One sample from the child's principle play area, one from bare soil areas in the front or back yard, and/or an additional sample around the foundation drip line. Each composite sample usually consists of three to ten subsamples mixed together. Subsamples collected from different use areas must be submitted separately to gain accurate information. The subsamples should be roughly equidistant and at least two feet from one another. The samples should be collected along an arbitrary axis or X-shaped grid. The axis or grid should be marked on the sketch of the house or soil (yard) plan.
- 3. Subsamples are usually collected using a scoop or a coring device. Some devices have a T-handle or may use a hammer for hard or frozen soil. A 5 or 10cc disposable syringe with the hub end removed may be used as a coring device. The syringe will not work well in hard, rocky, or loose soils;
- 4. The samples should contain only the top half (½) inch of soil, and each subsample should be as close to the same size as possible by visual approximation. If a coring device is used, it may be difficult to retain ½ inch of soil in the barrel or chamber. A coring depth of up to two inches may be required to retain the core in the sampling tool. The plug should be removed from the tool, and only the top ½ inch added to the sample.
- 5. If paint chips are present in the soil, they should be included as part of the soil sample. However, there should be no special attempt to over sample paint chips. The laboratory should be instructed to disaggregate paint chips. Although paint chips should not be over sampled, they also should not be excluded from the soil sample, since they are part of the soil matrix.

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- 6. At least 400 grams (approximately 1 pint) is required for lab analysis. Check with the lab being used to verify what is required.
- 7. Fill out the <u>Environmental Lead Analysis</u> request form for <u>each</u> sample. Identification of sample location must be on the lab form.

#### B. Interpretation of Soil Results

- 1. A soil sample which has a lead concentration that exceeds one of the following values is considered to be a lead-bearing substance:
  - 400 ppm for bare soil areas when children have access to the site, and
  - 1,200 ppm for bare soil areas when children do not have access to the site.

If either of these two conditions are met, recommendations for interim control methods must be provided to the occupant and property owner. If the average level of lead in soil exceeds 5,000 ppm, the area must be abated.

- 2. These are threshold levels established as a guideline for environmental management as well as a regulated action levels on which to base enforcement actions. These thresholds, or action levels, were established based on research identifying unsafe levels of lead in soil posing a threat to children under "routine" or "average" conditions. For the purposes of environmental epidemiology, however, the Assessor must consider the soil concentration along with other factors, including:
  - The child's behavior: pica tendencies, the amount of time spent outside playing, does the child suck on his/her fingers or put toys in their mouth.
  - Social factors, such as, how well is the child supervised when playing outside.
  - The nutritional quality of the child's diet.

If the soil concentration is below the 400-ppm threshold, but the level of exposure is significantly increased due to the child's behavior and social environment, the soil may still be the primary source of lead for the child.

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#### III. Water

Although the hardness of most water supplies in the state inhibits the leaching of lead into drinking water, there are still several possible sources of lead in drinking water:

- Homes with copper plumbing and lead/tin solder (lead solder is now prohibited, but illegal use does continue);
- Lead service lines or interior lead plumbing in older homes may result in leaching into the water supply;
- New pipes containing brass fittings; and
- New faucets containing brass.

Because the most likely sources of lead in drinking water are internal to the dwelling, lead tends to build up in water stagnant in pipes during an eight (8) hour period or more. Testing this water is a "first draw" sample. A "purged" sample is water collected from a source after it has been running for at least two (2) minutes. Both of these water sample types must be collected from the most commonly used water sources (kitchen sink, bathroom sink, etc.). Federal standards issued by EPA in 1991 limit the amount of lead that is acceptable in public drinking water supplies to <15 parts per billion (ppb). Elevated levels of lead in the first draw sample may be an indication that water is lead contaminated within the dwelling unit's plumbing system. Elevated levels of lead in the purged sample may be an indication of lead contamination at the water source or water supply lines outside the dwelling. If the faucet is a long distance from the main source, it may be necessary to allow the water to purge for more than two minutes

#### A. Collecting a Sample

- 1. With a permanent ink marker, tape or self-adhesive labels, clearly identify on a oneliter container, the address, sample number, sample location and date sample is collected.
- 2. Turn on cold water faucet most frequently used for cooking and drinking. For first draw sample collection, water that is immediately discharged from faucet should be collected. The purged sample requires that the water run about two (2) minutes before collection begins.
- 3. Collect at least 500 ml of water in each container provided by SPHL.
- 4. Fill out the <u>Private Water Supply</u> request form for <u>each</u> sample. Identification of sample location must be on the lab form.

#### IV. Dust

Although other sampling methods may provide valuable information to the assessor, wipe sampling is the recommended method for most routine risk assessment work for the following reasons:

- It is relatively simple and inexpensive,
- It has been correlated with children's blood lead levels in a number of studies,
- Current State, EPA, and HUD standards are based on wipe sampling, and
- Vacuum sampling methods are not standardized.

Standards have only been established for the following building components, however dust wipe sampling should not necessarily be limited to only these three:

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Interior Window Sills (stools)	40 μg/ft <sup>2</sup> 250 μg/ft <sup>2</sup> 400 μg/ft <sup>2</sup>

Other suspect surfaces that may be tested for lead-contaminated dust include:

- Vehicle Interiors;
- Toys;
- Furniture (especially antique);
- Cabinets (especially antique cabinets used for storing foods and food-related utensils);
- Vinyl slats of miniblinds;
- Areas of walls contaminated with smoke residue from candles, portable heaters, wood burning stoves, etc.;
- Porcelain tubs (especially cast iron) used by children for bathing

The testing of these surfaces is left to the discretion of the risk assessor based on knowledge of the child's habits, behavior, routine and possible lead sources. There are no established threshold levels for these surfaces. However if the surfaces have lead concentrations in a comparable range to the thresholds established for windowsills, troughs or floors, they should be considered as potentially hazardous and removed from the child's environment as soon as possible.

If an object, such as a toy, has an irregular surface and it is not possible to measure the surface area, it is still possible to perform a dust wipe analysis. The sample can be used as a qualitative test only. The wipe will indicate whether the surface is positive or negative for lead-contaminated surface dust. If the result is positive, further testing may be necessary to determine whether the item has been contaminated by other sources, or if the item itself is a lead-bearing surface. If the product is found to be a lead-bearing surface, the Assessor should contact the DHSS CLPPP. An assessment will be initiated to determine if the lead is a component of the product or if it is a contaminant, if the product is still on the market, and if a product recall is warranted. Throughout this process, DHSS will work closely with the Consumer Product Safety Commission and the product manufacturer.

Dust may be analyzed as an area concentration, using the dust wipe method, or it may be reported as mass concentration (percent by weight,  $\mu g/g$ , ppm, or mg/kg). Dust samples collected from vacuum sweeper bags are typically reported by mass concentration. Also, dust collected from carpeting, upholstered furniture, or draperies by a HEPA vacuum can provide valuable information difficult to obtain otherwise.

#### A: Collecting a Sample

- 1. With a permanent ink marker, tape or self-adhesive labels clearly identify on a conical tube the address, sample number; sample location and date sample is collected.
- 2. Carefully place a clean template on the surface where the sample is being collected in a manner that minimizes disruption of settled dust at the sampling location. Either tape or place a heavy object on the outside edge of the template

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to prevent it from moving during sample collection. A one square foot plastic template or wide masking tape measured to one square foot may be used when taking samples from floors. When sampling windowsills and window troughs, the length and width should be measured in inches. These dimensions can be converted to square feet by using the following equations:

$$\frac{\text{Length x Width}}{144} = \text{square foot.}$$

If the sampling area dimensions are included on the laboratory sample collection form (chain-of-custody form), most environmental laboratories will report the results in the appropriate units ( $\mu g/ft^2$ ) with the conversion already calculated. If the SPHL is used, the Assessor will need to perform the calculation.

- 3. Pull on a pair of clean, disposable plastic gloves. Powder-free are recommended. If only one hand is used to handle the wipe, only that hand needs to be gloved.
- 4. If a new bulk-packed container of wipes is opened, remove a minimum of the top two wipes from the container. Do not use the wipes if they have dried out. If the SPHL services are used, only wipes that are supplied by the laboratory can be used for the collection of dust wipe samples. The state lab will not test samples that are submitted on other types of wipes. If a private lab is used, examples of acceptable wipe media include:
  - Little Ones Baby Wash Cloths<sup>TM</sup>
  - Little Ones Baby Wipes Natural Formula<sup>TM</sup>
  - Little Ones Baby Wipes Lightly Scented<sup>TM</sup>
  - Pure and Gentle Baby Wipes<sup>TM</sup>
  - Fame Baby Wipes<sup>TM</sup>
  - Individually packaged, Wash'n Dri Wipes<sup>TM</sup>
  - Individually packaged, Wash-a-bye Baby<sup>TM</sup>
  - Wet Wipes<sup>TM</sup> and
  - Other brands meeting analysis requirements for background lead contamination and laboratory digestion recoveries.
- 5. Pressing down firmly, wipe the selected area marked off, starting at either corner, using a slow side-to-side sweeping motion ("S" pattern).
- 6. Fold the wipe in half with the sample side inside the fold.
- 7. At a 90-degree angle to the first "S" pattern, repeat wipe procedure on the clean side of the dust wipe.
- 8. Fold in half and perform a third wiping around the perimeter of the sampling area to collect any dust remaining in the corners. If dust residue is still on the surface, additional passes may be necessary. If the surface is heavily laden with dust, a smaller area may be used (remember to use the conversion formula for area).
- 9. If the SPHL is used, fold the wipe sample and place it in a conical tube. Dust samples must be stored in a 50 ml conical tube supplied by the laboratory. These tubes are metal free and double as the extraction vessel. If a private laboratory service is used, follow their protocol.
- 10. Mark the tube with sample number, location and surface.
- 11. A field blank must be submitted with each set of dust wipe samples. Field blanks should be collected in the same manner as used to collect field samples with the exception that no surface is wiped. These field blank samples are used to

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- identify any potential lead contamination present in the wipe and during handling of wipes.
- 12. Fill out the <u>Environmental Lead Analysis</u> request form (chain-of-custody form) for <u>each</u> sample. Identification of sample location must be on the lab form as well as the dimensions of the sample area.
- 13. According to 19 CSR 30-70.620(9), composite dust samples are not to be used when conducting an EBL Risk Assessment.

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Subsection 5.12 EBL Risk Assessment Case Closure

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### **Environmental Management EBL Risk Assessment Case Closure**

The following criteria are required to close an environmental case:

- No hazards found at address related to interior or exterior lead-based paint, leadcontaminated soil, lead-contaminated drinking/cooking water source, or lead-contaminated household dust.
- Property permanently removed from rental market <u>and</u> no child with an EBL continues to reside at the premises.
- Remediation completed and/or interim control methods established and lead concentrations
  for all clearance dust wipe, soil, and water samples from previously hazardous sources are
  below acceptable threshold levels.
- Sale of property, no child with an EBL resides at the property.
- Administrative closure. Note: This option is reserved for special extenuating circumstances
  only. Because of the liability incurred by a health department for improper case closure that
  results in continued exposure of the child to a lead hazard, thorough documentation and
  prudent discretion should be used.

A complete case record should contain the following documents:

- Authorization to do an EBL Risk Assessment
- Notification of environmental EBL Risk Assessment request
- Access approval request form
- Copy of the lead risk assessment questionnaire
- On-site preliminary EBL Risk Assessment report
- Laboratory sample analysis results
- EBL Risk Assessment report and all addendums
- Notation of all contact attempts
- Written plan of action and all addendums
- Any compliance notices

Environmental records must be retained for no fewer than three years (according to 19 CSR 70.620(13) or what is required by your local ordinance after case has been closed).

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### **Environmental Management Interim control Methods and Procedures**

#### Statute definition:

Interim control – any measure designed to temporarily reduce human exposure or likely exposure to lead hazards. Such measures may include, but are not limited to, specialized cleaning, repairs, maintenance, painting, temporary containment, ongoing monitoring of lead hazards or potential lead hazards, or the establishment and operation of management and resident education programs (§701.301(12)).

Individuals performing interim controls do not need to be licensed in a lead occupation. The scope of the interim control must be limited to activities that only temporarily reduce human exposure to lead. Activities that permanently eliminate exposure to lead hazards such as replacement, encapsulation and enclosure are considered abatement activities and require licensure in the appropriate lead occupation.

The following are examples of interim controls:

- Paint film stabilization. This might include repairing small areas on a component where lead-based paint is showing signs of deterioration such as peeling, chalking, or alligatoring.
- Friction and impact surface treatment. Friction and impact surfaces such as doors, baseboards, trim, moldings, windows and steps are areas where lead hazards are frequently found. Measures such as dust control and lead-based paint stabilization can be taken to minimize the potential for lead hazards on these surfaces
- Dust removal and control. This might include wet mopping uncarpeted floors, wiping down window frames and sills with water and detergent, or vacuuming with a HEPA filter equipped vacuum
- Soil interim control. Impermanent ground covers such as grass seed or sod, mulch, shrubbery or gravel may be placed over bare soil to help prevent exposure to lead-contaminated soil. Land use controls such as fences, warning signs or thorny bushes also help prevent exposure.

#### Guidance:

The United States Department of Housing and Urban Development (HUD) developed a publication entitled "Guidelines for the Evaluation and Control of Lead-Based Paint Hazards in Housing" which outlines proper work practice standards for conducting lead-bearing substance activities in residential dwellings. Interim controls are covered in detail in Chapter 11 of these guidelines. We encourage home and property owners to refer to these HUD guidelines when performing interim controls. Copies of Chapter 11 can be obtained by contacting the Missouri Department of Health and Senior Services, Lead Licensing Program at 1-888-837-0927.

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#### Interim Control Guidelines:

- Replacing all rotted or defective substrates that could lead to rapid paint deterioration.
- Paint film stabilization stabilizing all deteriorated lead-based paint surfaces by removing chipping or peeling paint and repainting damaged surfaces.

Under certain conditions, paint stabilization will not last very long.

- 1. Prerequisite repairs not possible;
- 2. High probability of future physical damage;
- 3. Children's play equipment (removal of paint or disposal of equipment are better options);
- 4. Wall surfaces that are structurally unsound;
- 5. Walls with a layer of wallpaper over or under lead-based paint; and
- 6. Weep holes in storm windows not cleared to allow ventilation and drainage of water.
- Friction and impact surface treatments treating floors and interior window sills and window troughs so that they are smooth and cleanable.
- Treating friction and impact surfaces, such as windows, doors, stair treads, and floors, when
  they are generating lead-based paint chips or excessive levels of leaded dust that cannot be
  controlled with ordinary cleaning.
- Treating all bare soil containing excessive levels of lead.
  - 1. Measures that alter the contaminated soil. Interim controls usually involve only minimal alterations to the soil. The installation of grass or other planting, for example, will often involve surface cultivation or addition of a thin layer of new soil (no more than three inches) for the ground cover to become established;
  - 2. Measures that alter the surface cover. Various types of surface coverings may be considered, including grass (either through seeding or planting of sod), other live ground covers (e.g., juniper shrubs, ivies), artificial turf, bark and gravel;
  - 3. Land use controls, which include fencing, decks, warning signs, creation of alternative play areas for children, removal of play equipment from bare areas, and planting thorny or dense bushes.
- Dust removal and control cleaning surfaces to reduce levels of leaded dust to acceptable levels, including cleaning carpets, if they are contaminated.
- Educating residents and maintenance workers on how to avoid lead poisoning
- Conducting reevaluations by certified individuals, ongoing monitoring by owners and observation by residents.

Although multiple EBL cases may be present concurrently in a multifamily housing complex, each unit housing an EBL child should be considered independently. If lead hazards are found in a common-use area of a multifamily housing complex, such hazard(s) must be disclosed any time a contract is signed for the sale or lease of any unit contained within the facility. Otherwise, disclosure of lead hazards is required only for the sale or rental of the unit specified in the report.

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Subsection 5.14 Abatement Methods and Procedures

### **Environmental Management Abatement Methods and Procedures**

#### General

Definition by State Statute:

Abatement: Any measure regulated solely by the Missouri Department of Health and Senior Services designed to permanently eliminate lead hazards, which shall include: The removal of lead bearing substances, the replacement of lead-painted surfaces or fixtures, or the permanent enclosure or encapsulation of lead-bearing substances; and all preparation, cleanup, disposal and post-abatement clearance testing activities associated with such measures; "abatement" shall not include any measure involving a de minimis surface area or activity excluded from this definition by rule.

The law states a licensed lead abatement worker is required for each abatement project once an EBL child has been identified. Access to the regulated area shall be limited to licensed professionals or department-authorized persons.

All waste generated from a lead-based paint abatement project shall be disposed of in accordance with requirements of EPA, Missouri Department of Natural Resources, and any other applicable federal, state and local laws.

Note: Missouri State Statute prohibits anyone other than a licensed lead abatement contractor from performing abatement actions if a child with an elevated blood lead level resides at the residential dwelling. EPA requires this regulation to be included in the Statute for program authorization.

The cost of having the abatement project completed by a licensed lead abatement contractor may be beyond the family means. If a child with an EBL resides in an owner-occupied dwelling and the family is low-income, it is important to work with the family to implement an effective interim control plan until abatement can be afforded. A lead abatement worker or contractor license is <u>not</u> required to perform interim control activities.

Every case of a child with an EBL is different and involves unique circumstances. The Assessor must use professional judgment in choosing the route of action that provides for the best interest of the child. If grant funding is not available in the community for abatement activities, and abatement strategies are beyond the means of the family, interim control measures should be stressed. In addition, the family should also be counseled on hygiene, modification of the child's behavior and habits, housekeeping, and nutrition. If interim controls are implemented, the Assessor to ensure their effectiveness over time should establish a reassessment schedule.

Maintaining interim controls for an indefinite period of time to control a lead hazard should not be considered an option for a rental residence and abatement within a reasonable time frame should be pursued aggressively.

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If the property owner wishes to comply with this regulation, but cannot locate a licensed lead abatement contractor to accept the project at a reasonable cost, the property owner should contact the DHSS Lead Licensing Program at (888) 837-0927 for compliance assistance.

#### **Permissible Lead Abatement Project Strategies**

Strategies that are permissible for lead abatement projects are as follows: Replacement, enclosure, encapsulation, or removal. Any abatement strategy not specified herein shall be submitted to the Missouri Department of Health and Senior Services, Lead Licensing Program, P.O. Box 570, Jefferson City, Missouri, 65102-0570 for evaluation and approval prior to use.

#### Replacement

When conducting a lead abatement project using the replacement strategy, these minimum requirements shall be met:

- The site shall have an appropriate barrier to prevent unauthorized people from approaching closer than 20 feet to the replacement operation.
- Warning signs shall be posted at all entrances to the regulated area.
- Any heating and cooling systems within the regulated area shall be shut down and the vents sealed with 6-mil poly to prevent lead dust accumulation within the system.
- All items shall be cleaned within the regulated area by HEPA vacuuming and/or wet wiping with a cleaning solution. Items shall then be removed from the area, or covered with 6-mil poly and sealed with duct tape.
- At least one layer of 6-mil, (or thicker), poly shall be placed on the floor at the base of the component and extend at least 10 feet beyond the perimeter of the component to be replaced.
- The component, and the area immediately adjacent to the component, shall be thoroughly wetted using a garden sprayer, airless mister, or other appropriate means to reduce airborne dust.
- After removal of the component, the surface behind the removed component shall be thoroughly wetted to reduce airborne dust.
- The component shall be wrapped or bagged completely in 6-mil poly and sealed with duct tape to prevent loss of debris or dust.
- Prior to installing a new component, the area of replacement shall be cleaned by HEPA vacuuming. After replacement is complete, the regulated area shall be cleaned, by vacuuming with a HEPA vacuum, wiping down all surfaces with a cleaning solution, rinsing all surfaces, and then HEPA vacuuming the area again. Cleaning shall begin at the end of the work area farthest from the main entrance to the area and from the top to the bottom of the regulated area.

#### Enclosure

When conducting a lead abatement project using the enclosure strategy, these minimum requirements shall be met:

- The site shall have an appropriate barrier to prevent unauthorized people from approaching closer than 20 feet to the replacement operation.
- Warning signs shall be posted at all entrances to the regulated area.
- Any heating and cooling systems within the regulated area shall be shut down and the vents sealed with 6-mil poly to prevent lead dust accumulation within the system.

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- All items shall be cleaned within the regulated area by HEPA vacuuming and/or wet wiping with a cleaning solution. Items shall then be removed from the area or covered with 6-mil poly and sealed with duct tape.
- At least one layer of 6-mil, (or thicker), poly shall be placed on the floor at the base of the component and extend at least 10 feet beyond the perimeter of the component to be enclosed.
- The surface to be enclosed shall be labeled (behind the enclosure), "Danger: Lead-Based Paint".
- The enclosure material shall be applied directly onto the painted surface, or a frame shall be constructed of wood or metal, using nails, staples, or screws. Glue may be used in conjunction with the aforementioned fasteners, but not alone.
- The material used for the enclosure barrier shall be solid and rigid enough to provide adequate protection. Materials including, but not limited to, wall papers, contact paper, films, folding walls, and drapes do not meet this requirement.
- Enclosure systems and their adhesives shall be designed to last at least 20 years.
- The substrate or building structure to which the enclosure is fastened shall be sufficient structurally to support the enclosure barrier for at least 20 years. Deterioration such as mildew, water damage, dry rot, termite damage or any significant structural damage may impair the enclosure from remaining dust tight.
- Pre-formed steel, aluminum, vinyl or other construction material may be used for window frames, exterior siding, trim casings, column enclosures, moldings, or other similar components if they can be sealed dust tight.
- A material equivalent to 1/4" rubber or vinyl may be used to enclose stairs.
- The seams, edges, and fastener holes shall be sealed with caulk or other sealant, providing a dust tight system.
- All equipment used in the regulated area shall be thoroughly cleaned with a cleaning solution and/or vacuumed with a HEPA vacuum prior to removal from the regulated area.
- Prior to clearance, the installed enclosure and surrounding regulated area shall be cleaned by vacuuming with a HEPA vacuum, wiping down all surfaces with a cleaning solution, rinsing all surfaces, and then HEPA vacuuming the area again. Cleaning shall begin at the end of the work area farthest from the main entrance to the area and from the top to the bottom of the regulated area.
- It is recommended that a visual evaluation of the enclosure's integrity be conducted and
  documented by the building owner or the building owner's representative at least every year
  or immediately after any fire, water, or structural damage. In child-occupied facilities, it is
  recommended that a licensed risk assessor inspect all enclosures every three years,
  or whenever the owner's visual evaluation indicates a potential for increased lead hazard
  exposure.

#### **Encapsulation**

The encapsulation strategy of lead abatement shall not be used on the following:

- Friction surfaces such as window sashes and parting beads, door jambs and hinges, floors, and door thresholds.
- Deteriorated components including rotten wood, rusted metal, split or cracked plaster, or loose masonry.
- Impact surfaces, such as doors stops, window wells and headers.
- Deteriorated surface coatings such that the adhesion or cohesion of the surface coating is uncertain or indeterminable.

Section 5.0 Environmental Management	Page 4 of 6
Subsection 5.14 Abatement Methods and Procedures	

• Incompatible coatings.

When conducting a lead abatement project using the encapsulation strategy, these minimum requirements shall be met:

- Encapsulant selection shall be limited to those that are warranted by the manufacturer to last for at least 20 years and comply with fire, health and environmental regulations.
- Surfaces to be encapsulated shall have sound structural integrity with no loose, chipping, peeling, or chalking paint and no dust accumulation that can be cleaned, and shall be prepared and the encapsulate applied according to the manufacturer's recommendations.
- The site shall have an appropriate barrier to prevent unauthorized people from approaching closer than 20 feet to the encapsulation operation.
- Warning signs shall be posted at all entrances to the regulated area.
- Any heating and cooling systems within the regulated area shall be shut down and the vents sealed with 6-mil poly to prevent lead dust accumulation within the system.
- All items shall be cleaned within the regulated area by HEPA vacuuming and/or wet wiping with a cleaning solution. Items shall then be removed from the area, or covered with 6-mil poly sheeting and sealed with duct tape.
- At least one layer of 6-mil, (or thicker), poly shall be placed on the ground at the base of the component and extend at least 10 feet beyond the perimeter of the component to be encapsulated.
- A patch test shall be conducted prior to general application to determine the adhesive and cohesive properties of the encapsulant on the surface to be encapsulated (See the HUD Guidelines for the Evaluation and Control of Lead-Based Paint Hazards in Housing, Chapter 13).
- After the manufacturer's recommended curing time, a licensed lead abatement supervisor or a licensed project designer shall inspect the entire encapsulated surface. Any unacceptable areas shall be evaluated to determine if a complete failure of the system is indicated, or whether the system can be patched or repaired. Delimitation, wrinkling, blistering, cracking, cratering, and bubbling of the encapsulant evidence unacceptable areas.
- After the encapsulation is complete, the regulated area shall be cleaned by vacuuming with a HEPA vacuum, wiping down all surfaces with a cleaning solution, rinsing all surfaces, and then HEPA vacuuming the area again. Cleaning shall begin at the end of the work area farthest from the main entrance to the area and from the top to the bottom of the regulated area.
- All equipment used in the regulated area shall be thoroughly cleaned with a cleaning solution and/or vacuumed with a HEPA vacuum prior to removal from the regulated area.

It is recommended that a visual evaluation of the encapsulant's integrity be conducted and documented by the building owner or the building owner's representative at least every year or immediately after any fire, water, or structural damage. In child-occupied facilities, it is recommended that a licensed risk assessor inspect all enclosures every three years, or whenever the owner's visual evaluation indicates a potential for increased lead hazard exposure.

## Section 5.0 Environmental Management Page 5 of 6 Subsection 5.14 Abatement Methods and Procedures

#### Removal.

Acceptable removal strategies include:

- Manual Wet Strategies Manual wet scraping or manual wet sanding is acceptable for removal of lead surface coatings.
- Mechanical Removal Strategies Power tools that are HEPA-shrouded or locally exhausted
  are acceptable removal strategies for lead surface coatings. HEPA-shrouded or exhausted
  mechanical abrasion devices such as sanders, saws, drills, roto-peens, vacuum blasters, and
  needle guns are acceptable.
- Chemical Removal Strategies Chemical strippers shall be used in compliance with manufacturer's recommendations.
- Soil Abatement When soil abatement is conducted, the lead-bearing soil shall be removed, tilled, or permanently covered in place as indicated in the following paragraphs.
- Removed soil shall be replaced with fill material containing no more than 100 ppm of total lead. If the fill material exceeds 100 ppm total lead, the fill material will be acceptable only if the lead solubility is less than 5 ppm. Soil that is removed shall not be reused as topsoil in another residential yard or child-occupied facility.
- If tilling is selected, soil in a child-accessible area shall be tilled to a depth which results in no more than 400 ppm total lead of the homogenized soil, or other concentrations approved by the department. Soil in an area not accessible to children shall be tilled to a depth which results in no more than 1200 ppm total lead of the homogenized soil or other concentrations approved by the department.
- Permanent soil coverings include solid materials such as pavement or concrete, which separate the soil from human contact. Grass, mulch and other landscaping materials are not considered permanent soil covering.
- Soil abatement shall be conducted in such a way as to prevent lead contaminated soil from being blown from the site and/or from being carried away by water run-off or through percolation to ground water.

#### **Interior Removal**

When conducting a lead abatement project using the removal strategy on interior surfaces, these minimum requirements shall be met:

- The site shall have an appropriate barrier to prevent unauthorized people from approaching closer than 20 feet to the replacement operation.
- Warning signs shall be posted at all entrances to the regulated area.
- Any heating and cooling systems within the regulated area shall be shut down and the vents sealed with 6-mil poly to prevent lead dust accumulation within the system.
- All items within the regulated area shall be cleaned by HEPA vacuuming and/or wet wiping
  with a cleaning solution. Items shall then be removed from the area, or covered with 6-mil
  poly and sealed with duct tape.
- All windows below and within the regulated area shall be closed.
- Critical barrier containment shall be constructed.
- At least two layers of 6-mil, (or thicker), poly shall be placed on the floor at the base of the component and extend at least 10 feet beyond the perimeter of the component being abated (removal by the chemical strategy may require chemical resistant floor cover; follow manufacturer's recommendations).

## Section 5.0 Environmental Management Page 6 of 6 Subsection 5.14 Abatement Methods and Procedures

- All equipment used in the regulated area shall be thoroughly cleaned with a cleaning solution and/or vacuumed with a HEPA vacuum prior to removal from the regulated area.
- At the end of each work shift, the top layer of 6-mil poly shall be removed and used to wrap and contain the debris generated by the shift. The 6-mil poly shall then be sealed with duct tape and kept in a secured area until final disposal. The second layer of 6-mil poly shall be HEPA-vacuumed, left in place and used during the next shift. A single layer of 6-mil poly shall be placed on this remaining poly before abatement resumes.
- After the removal is complete, vacuuming with a HEPA vacuum, wiping down all surfaces with a cleaning solution, rinsing all surfaces and then HEPA vacuuming the area again shall clean the regulated area. Cleaning shall begin at the end of the work area farthest from the entrance to the area and from the top to the bottom of the regulated area.

#### Exterior Removal

When conducting a lead abatement project using the removal strategy on exterior surfaces, these minimum requirements shall be met:

- The site shall have an appropriate barrier to prevent unauthorized people from approaching closer than 20 feet to the replacement operation.
- Warning signs shall be posted at all entrances to the regulated area.
- All movable items shall be moved 20 feet from working surfaces. Items that cannot be readily moved 20 feet from working surfaces shall be covered with 6-mil poly and sealed with duct tape.
- At least one layer of 6-mil, or thicker, poly shall be placed on the ground and extend at least 10 feet from the abated surface plus another five (5) feet out for each additional 10 feet in surface height over 20 feet. In addition, the poly shall:
  - 1. Be securely attached to the side of the building with cover provided to all ground plants and shrubs in the regulated area;
  - 2. Be protected from tearing or perforating;
  - 3. Contain any water, including rainfall, which may accumulate during the abatement; and
  - 4. Be weighted down to prevent disruption by wind gusts.
- All windows in the regulated area and all windows below and within 20 feet of working surfaces shall be closed. It is recommended that the windows of adjacent structures within 20 feet also be closed.
- Work shall cease if constant wind speeds are greater than 10 miles per hour.
- Work shall cease and cleanup shall occur if rain begins.
- All equipment used in the regulated area shall be thoroughly cleaned with a cleaning solution and/or vacuumed with a HEPA vacuum prior to removal from the regulated area.
- The regulated area shall be HEPA vacuumed and cleaned of lead-based paint chips, poly and other debris generated by the abatement project work at the end of each workday. Debris shall be kept in a secured area until final disposal.

Section 5.0 Environmental Management	Page 1 of 1
Subsection 5.15 Post-Abatement Clearance Procedures	

### **Environmental Management Post-Abatement Clearance Procedures**

Only a licensed lead risk assessor shall perform the following post-abatement clearance procedures:

- Following abatement, a visual inspection shall be performed to determine if deteriorated painted surfaces and/or visible amounts of dust, debris, or residue are still present. If deteriorated painted surfaces or visible amounts of dust, debris, or residues are present, these conditions must be eliminated prior to the continuation of the clearance procedures.
- Following visual inspection and post-abatement cleanup required by paragraph (10)(A) of this regulation, clearance sampling for lead-contaminated dust and/or soil shall be conducted.
- Dust samples for clearance purposes shall be taken a minimum of one hour after completion of final post-abatement cleanup activities.
- The licensed lead inspector or risk assessor shall compare the residual lead level from each dust and/or soil sample with clearance levels specified in regulation for lead in dust on floors, windows and soil.
- If lead in a clearance dust sample exceeds the clearance levels, all components represented by the failed dust sample shall be cleaned and tested until clearance levels are met.
- If the lead levels in a soil clearance sample exceed the clearance levels, the soil shall be abated until soil samples meet clearance levels.
- In a multi-family dwelling with similarly constructed and maintained residential dwellings, random sampling for the purposes of clearance may be conducted provided:
  - 1. The licensed individuals who abate or clean the residential dwellings do not know which residential dwelling will be selected for the random sample.
  - 2. A sufficient number of residential dwellings are selected for dust sampling to provide a 95 percent level of confidence that no more than 5 percent or 50 of the residential dwellings (whichever is smaller) in the randomly sampled population exceed the appropriate clearance levels.
  - 3. Randomly selected residential dwellings shall be sampled and evaluated for clearance levels.

#### Clearance Levels.

For each respective medium, the following clearance levels shall be met for a lead-abatement project to be considered complete (if background lead levels are lower than the following clearance levels, clearance is not complete until background values are met):

#### (A) Dust samples

Medium	Clearance Level
Floors	$40 \mu g/ft^2$
Interior window sills	$250 \mu\mathrm{g/ft^2}$
Window troughs	$400 \ \mu g/ft^2$

#### (B) Soil samples

Medium	Clearance Level
Bare soil (dwelling perimeter and yard)	1200 ppm
Bare soil (small high contact areas,	400 ppm
such as sandboxes and gardens)	

Section 5.0 Environmental Management	Page 1 of 3
Subsection 5.16 General Program Management	

### **Environmental Management General Program Management**

#### How to Become a Licensed Lead Risk Assessor

This section explains the procedure for becoming a Licensed Lead Risk Assessor, which is necessary to conduct an EBL Risk Assessment. For more information regarding how to become a licensed lead risk assessor please contact Lead Licensing at 1-888-837-0927.

#### Qualifications to Become a Licensed Lead Risk Assessor

The minimum education and/or experience requirements for a Lead Risk Assessor license includes at least one of the following:

- 1. A Bachelor's degree <u>and</u> at least one year of experience in a related field such as lead, asbestos, housing repair or inspection, and/or environmental hazard remediation work
- 2. An Associates degree <u>and</u> two years experience in a related field such as lead, asbestos housing repair or inspection, and/or environmental hazard remediation work
- 3. Certification as an industrial hygienist, professional engineer, registered architect and/or certification in a related engineering/health/environmental field such as safety professional or environmental scientist
- 4. A high school diploma or certification of high school equivalency (GED) and three years of experience in a related field such as lead, asbestos, housing repair or inspection, and/or environmental hazard remediation work.

#### Training Needed to Become a Licensed Lead Risk Assessor

An applicant for a license as a Risk Assessor shall complete a DHSS Lead Licensing Program or an Environmental Protection Agency (EPA)-accredited Lead Training, which consists of a three-day inspector course and a two-day risk assessor course. Both of the course examinations must be passed with a score of seventy percent (70%) or more.

#### **Application Process**

Applicants failing to apply within three years of the Risk Assessor training and who have not successfully completed annual refresher training, shall successfully complete the DHSS Lead Licensing Program or EPA-accredited Risk Assessor training course again before submitting application for a Risk Assessor License.

Submit a completed application at least thirty (30) days prior to the date of the state lead examination to the Missouri Department of Health and Senior Services, Attention: Fee Receipts, P.O. Box 570, Jefferson City, MO 65102-0570. The following information shall be included:

- 1. Include a copy of the DHSS Lead Licensing Program or EPA-accredited Lead Inspector and Risk Assessor training program completion certificates and any required refresher completion certificates.
- 2. Include two recent passport-size color photographs of the applicant's face without a hat or sunglasses (computer generated or photocopied photographs are not acceptable).
- 3. Include official academic transcripts or diploma.

# Section 5.0 Environmental Management Page 2 of 3 Subsection 5.16 General Program Management

- 4. Include resumes, letters of reference, or documentation of work experience, which includes dates (month and year) of employment, employer's name, address and telephone number, and specific job duties.
- 5. Include appropriate documentation of certifications or registrations.
- 6. Include a check or money order made payable to the Missouri Department of Health and Senior Services for the nonrefundable fee of \$100.

#### State Examination

The state examinations will be held twice a month, once in St. Louis and once in the Kansas City area. Please call 1-888-837-0927 to acquire the exact date and time examination to be given. The state examination is also given in Jefferson City at the state office upon request.

#### Licensure Process

After the applicant passes the state Risk Assessor examination, the Lead Licensing Program will issue a two (2)-year Risk Assessor license certificate and photo identification badge.

#### **EBL Risk Assessment Medicaid Reimbursement**

To qualify for Medicaid reimbursement, the following conditions must be met:

- Licensed in Missouri as a lead risk assessor; and
- Enrolled as a Medicaid provider.
- The client must be Medicaid eligible on the date of service

Medicaid will reimburse for an EBL Risk Assessment under the following conditions:

- A venous blood lead level of 20 μg/dl or greater
- A venous blood lead level of 15-19  $\mu$ g/dl which remains elevated for two consecutive tests which are performed at least 3 months apart

Note: In order to be reimbursed by Medicaid, prior to performing the Assessment the Assessor performing the EBL Risk Assessment must have a Medicaid provider number. Medicaid does not reimburse for Assessments retroactively after a provider number is obtained. An Assessor may also, conduct Assessments in any county under a single provider number.

If you have any questions concerning this program, rates of reimbursement, or a description of required activities, contact the Provider Relations Unit at 1-800-392-0938. For additional information regarding lead screening, treatments, and assessment, refer to the Department of Social Services web site at internet address <a href="http://www.dss.mo.gov">http://www.dss.mo.gov</a>. Refer to:

Section 9 - Healthy Children and Youth Program, General Information, 9.8 Lead screening and treatment—healthy children and youth (HCY) 9.8.b Lead screening assessment

Section 5.0 Environmental Management	Page 3 of 3
Subsection 5.16 General Program Management	

#### Maintaining an XRF Analyzer

The XRF analyzer should only be used by Missouri licensed lead inspectors or risk assessors who have received the proper training from the manufacturer, have read the manufacturer's instruction manual in its entirety, and have read the Performance Characteristic Sheet (PCS) for the specific model of analyzer. The XRF analyzer contains a radioactive source, therefore all invasive maintenance and troubleshooting must be performed by the manufacturer only.

The analyzer should be checked at the beginning of each day if possible. An XRF Analyzer Quality Control Logbook should be kept with the analyzer to record blank and control readings. The inspector should also record any special notes (diagnostic fault numbers displayed, etc.), the date, and his/her initials.

The XRF analyzer contains a radioactive isotope, which emits X-rays and gamma radiation. Proper handling of these instruments is required to protect the instrument operator and any other persons in the immediate vicinity during XRF usage. The XRF analyzer should be in the operator's possession at all times and the operator should not defeat or override the safety mechanisms.

The safe operating, direct line-of-fire distance between an XRF instrument and a person during inspections is dependent on the radiation source type, radiation intensity, quantity of radioactive material, and the density of the materials in the direct line of fire. According to the United States Nuclear Regulatory Commission rules and regulations, a radiation dose to an individual in any unrestricted area must not exceed 2 millirems per hour. It is recommended by the HUD guidelines that the instrument operator should conduct inspections in a manner that avoids any direct-line-of-fire testing closer than 10 feet from any person in the vicinity.

The radiation source used by XRF analyzers is regulated by the Missouri Department of Health and Senior Services, Section for Environmental Public Health. As such, the source must be registered with the Department of Health and Senior Services every two years. Statutes require that the source shall have a sealed test every six months to identify any radiation leakage. Any records regarding the radioactive source must be kept on file for a minimum of five (5) years.

For the sealed source utilized by the XRF analyzer, the Missouri Department of Health and Senior Services does not require personnel monitoring, but it is strongly recommended, especially for female inspectors who may be or become pregnant. These records shall include the individual's full name, date-of-birth, and Social Security Number. Employee records must be kept available for assessment by the department, during the tenure of employment of an employee, and for a period of five (5) years thereafter.

#### **INSTRUCTIONS FOR SHIPPING THE XRF ANALYZER**

When shipping an analyzer, verify with the manufacturer the accessories or components that need to be included. Copies of the most recent Certificate of Sealed Source Test and current Certificate of State Registration of Radioactive Material must be included in the instrument case.

A source replacement should be scheduled with the manufacturer when replacement is required. Immediately before shipping, the manufacturer's service department should be notified that the instrument is being shipped. The time, date, and name of manufacturer representative receiving the notification should be documented on the instrument service log.

Section 5.0 Environmental Management	Page 1 of 1
Subsection 5.17 References	

# **Environmental Management References**

- 1. Mausner, Judith S. and Kramer, Shira. Epidemiology: An Introductory Text. Philadelphia: W. B. Saunders Company; 1985
- 2. U.S. Environmental Protection Agency. Lead-Based Paint Risk Assessment Model Curriculum. June 15, 1995
- 3. U.S. Environmental Protection Agency. Residential Sampling for Lead: Protocols for Dust and Soil Sampling (Final Report) March 29, 1995`

O A	GF.		

JOB NO.

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N. W. C. C. C.						
LEAD HAZARD IDENTIFICATION		(0.750.75)		(77)		
ADDRESS (STREET)(LOT OR APARTMENT)		(CITY)		(ZIP CODE)		
COUNTY			PHONE			
OWNER NAME			DAY TII	ME PHONE		
ADDRESS (IF DIFFERENT) (STREET)(LOT OR	APARTMENT)	CITY		ZIP CODE		
YEAR OF CONSTRUCTION:		INVESTIC	SATOR'S NAME	(PLEASE PRINT)		
(if unknown, obtain date from county assessor's	office)					
☐ INITIAL INVESTIGATION ☐ RE-INVESTIGATION		INVESTIC	GATOR'S SIGNA	ATURE		
DATE STARTED:				OURI RISK ASSESSOR DATE OF EXPIRATION:		
DATE COMPLETED:						
NAME, ADDRESS, AND TELEPHONE NUMBER	OF AGENCY OR FIRM EMPLOYING INVE	STIGATOR:				
XRF ANALYZER MANUFACTURER (IF USED)	XRF ANALYZER MODEL	XRF ANALYZE	ER SERIAL NUN	/BER		
☐ INCONCLUSIVE RESULTS WILL BE TRE	EATED AS POSITIVE RESULTS PER CONS	SENT OF PROPI	ERTY OWNER			
☐ INCONCLUSIVE RESULTS WILL BE CON	NFIRMED BY LABORATORY METHODS					
NAME, ADDRESS, PHONE AND FAX NUMBER	S OF NLLAP RECOGNIZED LAB PERFOR	MING SAMPLE	ANALYSIS			
IF INTERIM CONTROLS OR ENCAPSULATIO MAINTENANCE OF THE CONTROL MEASURE		ODS ARE USE	D TO CONTRO	OL LEAD HAZARDS, THE		
DATE SUBSEQUENT REINVESTIGATION IS SO	CHEDULED TO BE COMPLETED BY:					
F A REASSESSMENT FINDS THE SELECTED METHODS ARE NOT EFFECTIVELY CONTROLLING THE LEAD HAZARD(S), ALTERNATIVE, OR ADDITIONAL STRATEGIES MAY BE REQUIRED AT THAT TIME.						

MO 580-2288 (3-01) E10.7-1

Missouri Department of Health and Senior Services Environmental Public Health PAGE ASSESSMENT EBL ASSESSMENT REPORT -JOB NO. PART A.2 DATE: ASSESSOR **FLOOR PLAN:** KEY Wall Notes: Door  $\Gamma$ Window

PART B.1

Missouri Department of Health and Senior Services Environmental Public Health EBL INVESTIGATION REPORT

		PAGE	Of
OP NO	INVESTIGATION DATE:		

INVESTIGATOR DATE:

100000												
	PLING RESULTS	METHOD OF	CAMPIE	COMPONENT TYPE	CLIDCED A FE TYPE	D A D IT	CAMPIE	LDUTE		ſ		TD (F OF
SAMPLE NUMBER	LOCATION/ ROOM DESCRIPTION	METHOD OF ANALYSIS	SAMPLE TYPE	COMPONENT TYPE (FLOOR, WALL,	SUBSTRATE TYPE (Brick, Metal,	PAINT CONDITION	SAMPLE VALUE	UNITS (%, ppm,	VE	VE	VE	TIME OF SAMPLE
TOMBLE	(Kitchen, Bedroom,	(XRF or Lab)	(DUST WIPE,	WINDOW SILL,	Concrete, Wood,	(Intact or	VILEGE	ppb,	POSITIVE	NEGATIVE	INCONCLUSIVE	COLLECTION
	Living room, Garage,		SOIL, PAINT,	WINDOW WELL,	Drywall, Plaster,	defective)		mg/cm <sup>2</sup> ,	POS	EG,	CLI	
	Porch, Play Yard, Driveway, etc.)		WATER, ETC.)	CEILING, DOOR, STAIR TREAD,	Carpet, Tile, Linoleum, etc.)			mg/ft <sup>2</sup> , etc.)		Z	NO	
	Direway, etc.)		LIC.)	ETC.)	Emoleum, etc.)				•		NC	
				,								
All samn	les are deemed n	on-hazardous	if results are	less than the follow	ving values:							
Paint (Lab		% by weight or :		Paint (XRF)	,	1.0 mg/cm <sup>2</sup>						
`	(με			, ,		C						
Dust Wipe		μg/ft²		Water		15 ppb (μg/L)						
Dust Wipe	(Window 25	0 μg/ft²		Soil (Residential,	not accessible to	1,200 ppm						
Sill)				child)								
Dust Wipe	(Window 40	0 μg/ft²		Soil (Residential,		400 ppm						
Trough)				Child – Play Area	a or Traffic Area)							

Missouri Department of Health and Senior Services Environmental Public Health EBL INVESTIGATION REPORT – PART C.1 Report of Lead in Dust and/or Water
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JOB NO.	INVESTIGATION START DATE:
INIVECTIC ATOD	

Report of Lead in Dust and/or Water	INVESTIGATOR
Lead-Contaminated Dust	Date Due for Completion:
AREAS:	
Severity at time of investigation:  Large quantities of surface dust containing low concentration of lead  Small quantities of surface dust containing high concentrations of lead  Large quantities of surface dust containing high concentrations of lead	
Lead Hazard Reduction Methods for Dust Cleaning and Control:	
Lead Hazard Reduction Methods for Drinking Water, Water Fixtures, and Plumbin	Date Due for Completion:
Temporary Controls (Additional water sampling may be needed to determine whice ppb):  Use only bottled water from a commercial source for drinking, cooking, and ice Allow water to run for several minutes before using if the tap has not been used Do not use water from tap to wash ready-to-eat foods.  Use only cold water from kitchen sink tap.  Do not allow children to place objects (toys, wash clothes, etc.) in their mouths If the same water source has been used to irrigate a garden, the soil from the gas source in the future until lead source has been identified and corrected.	I for more than a few hours while bathing or drink bath/shower water.
Other Control Methods:    Identify lead pipe or pipe with solders and replace.   If initial draw is high, replace brass fixtures used for drinking water.   If the water source itself is contaminated, an approved water softener or filter in If water source itself is contaminated from a public supply, contact local authors.	

MO 580-2289 (3-01)

Missouri Department of Health and Senior Services Environmental Public Health EBL INVESTIGATION REPORT—PART C.2 Report of Lead in Paint
Report of Lead in Paint

	PAGE	OF
JOB NO.	INSPECTION	DATE:
INVESTIGATOR		

LEAD HAZARD LOCATION AND SEVERITY:	
· · · · · · · · · · · · · · · · · · ·	
Interim Lead Hazard Reduction Methods and/or Abatement	DATE DUE FOR COMPLETION:
Options For Lead-Based Paint Hazards:	
o prient i et 2000 2000 i min i i i i i i i i i i i i i i i i i	
If laboratory results confirm lead in point content avocade State and Endard	permissible levels interim control methods and/or
If laboratory results confirm lead in paint content exceeds State and Federal p	berninssible levels, internii control methods and/or
permanent lead hazard reduction methods, including a monitoring schedu	

completion dates for each location and method.

reduction consultation. Following the consultation, you will be provided with a written work plan detailing the corrective actions agreed upon for each hazard location and/or component identified by the investigation. The work plan will include

2000 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Missouri Department of Health and Senior Service
	Environmental Public Health
	EBL INVESTIGATION REPORT-PART C.3
	Report of Lead in Soil

	PAGE	Or
JOB NO.	INSPECTION DATE:	
INVESTIGATOR		

Lead Hazard Location and Use of Area:	
Interim Lead Hazard Reduction Methods and/or	Date Due for Completion:
Abatement Options For Lead-Contaminated Soil:	
If laboratory results confirm lad and the	of home call arrays intensing control and the decide are the
	of bare soil areas, interim control methods with a monitoring
schedule and/or permanent lead hazard reductio	n methods will be decided on during the lead hazard reduction
	ll be provided with a written work plan detailing the corrective

MO 580-2289(4-02)

dates for each location and method.

actions agreed upon for each hazard location identified by the investigation. The work plan will include completion

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Missouri Department of Health and Senior Services Environmental Public Health EBL RISK ASSESSMENT REPORT-PART C.4 Report of Non-Paint Sources of Lead

	PAGE	OF
JOB NO.	INSPECTION DAT	E:
RISK ASSESSOR		

Lead Hazard Found and Use:	
Parental Occupation Exposure  Home Rei	medies  Improperly Fired Ceramics
Parental Hobby Other Non-Paint Source	Mini Blinds Candles Other
Interim Lead Hazard Reduction Methods	Date Due for Completion:
and/or Abatement Options For Lead-	Date Due for Completion.
Contaminated Source Other than Paint:	
If laboratory results confirm lead contaminat	ion of non-paint sources, interim control methods with a monitoring
	action methods will be decided on during the lead hazard reduction

dates for each item and method.

consultation. Following the consultation, you will be provided with a written work plan detailing the corrective actions agreed upon for each hazard item identified by the assessment. The work plan will include completion

# Environmental Lead Analysis Request Form (Form #LAB.18)

4	MISSOURI DEPARTMENT OF HEALTH STATE PUBLIC HEALTH LABORATORY ENVIRONMENTAL LEAD ANALYSIS

Figure 6

307 WEST McCARTY STREET P.O. BOX 570 JEFFERSON CITY, MO 65102

DATE COLLECTED

Environmental lead analysis is used to follow up confirmed elevated lead levels of children. Samples will only be analyzed if submitted by a State or local Public Health official. A SEPARATE FORM SHOULD BE COMPLETED FOR EACH SAMPLE.

SHOOLD BE	E COMPLETED I	OH EACH SAMPLE.			
	INFORMATION MUS	T BE SUPPLIED)			
PATIENT NAME (LAST,	FIRST, MIDDLE)			BIRTH DATE	
PARENT'S NAME (LAST	T, FIRST, MIDDLE)				
SAMPLE LOCATION AD	DRESS (STREET, CITY, ST.	ATE, ZIP CODE)			
		,			
DECOMED N	ME (LAST FIRST MIRRIE				
PROPERTY OWNER NA	AME (LAST, FIRST, MIDDLE	1			
		· · · · · · · · · · · · · · · · · · ·			
ADDRESS (STREET, CI	TY, STATE, ZIP CODE)				
SEND REPORT	TO (Please print cle	early - This is your mailing	n address)		
NAME	· · · · · · · · · · · · · · · · · · ·	zarry Trito to your maining	g addition,		
(7,47)					
,,					
ADDRESS (STREET, CI	TY, STATE, ZIP CODE)				
SAMPLE TYPE					
SOIL	☐ PAINT	DUST WIPE	OTHER		
		D001 WII L			
SAMPLE DESCRIPTION	(LOCATION, ETC.)				
<del> </del>					<del></del> .
		•			
LABORATORY RE	PORT				
RESULT LEAD LEVEL					
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REC	BY	REPT	BY	LOG NO	
MO 580-1325 (2-01)			·		LAB-18

This Guide **must** be used to complete the Lead Risk Assessment component of HCY full or partial screen for all MO HealthNet eligible children from 6 to 72 months. This guide may also be used to screen any child for lead poisoning regardless of insurance.

MECCEN													
NAME			MO HEALT	HNET	#	DATE OF BI	RTH		MO HEALTHNE				
			INSURAN	DE #					D TEST IS RE				
Any child ages less than 72 months a positive response to any of		DATE											
following questions is at risk and receive a blood lead test immediate	must	NAME*											
receive a blood lead test illillediate	ıy.	AGE	6-8 M	<b>)</b> .	9-11 MO.	12-14 MO.	15-17 MO.	18-23 MO.	24 MO.	3 YRS.	4 YRS.	5 YRS.	6 YRS.
Have siblings or playmates with lead p	oisoni	ng?	☐ Ye	- 1	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
Live in or regularly visit a house or day 1950?	y care	built before	☐ Ye	s	Yes No	Yes No	Yes No	Yes No	Yes	☐ Yes ☐ No	☐ Yes ☐ No	Yes No	Yes No
Reside in or visit a house built before 1 paint or remodeling within the last six			☐ Ye	s	☐ Yes	Yes	Yes	Yes	☐ Yes ☐ No	Yes	Yes No	Yes No	Yes No
**Mouth or eat non-food items (pica)?			☐ Ye	s	☐ Yes	Yes	Yes	Yes	Yes	Yes	☐ Yes ☐ No	Yes No	Yes No
Play in bare soil or reside in a lead sm	elting	area?	☐ Ye		Yes No	Yes No	Yes No	Yes No	Yes	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	Yes No
Reside with an individual that works wiusing lead?	ith or h	as hobbies	☐ Ye	s	☐ Yes ☐ No	Yes No	Yes No	Yes No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	Yes No
***Receive unusual medicines or folk r	emedi	es?	☐ Ye	s	☐ Yes ☐ No	Yes	Yes	Yes	Yes	Yes	☐ Yes ☐ No	Yes No	Yes No
Between 12 & 72 months, and has blood lead test?	never	received a	☐ Ye	s	☐ Yes	Yes	Yes	Yes No	Yes	Yes No	☐ Yes ☐ No	Yes No	Yes No
Live in an area of the state at h poisoning? (list published annually)	igh-ris	k for lead	☐ Ye	s	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes No	Yes No
If parent/guardian refused this ques have them sign in box.	tionna	ire, please	SIGN		BIGN	SIGN	SIGN	SIGN	SIGN	SIGN	SIGN	SIGN	SIGN
*Person doing verbal questionnair If the parent/guardian refused blod									tances not fit fo d Lead Testing				or plaster.
Plumbers, pipe fitters (suc Brass/copper foundry Asia	ch as)	onal MEDIC			ETICS ard, bali goli,	Glazed potter Target shooting	ng at firing ranges	Mii Cra	IVIRONMENTAL ni-blinds ayons (imported)		PHYSICIAN NAM	E	
Lead smelters and refiners  Auto repairers  Mex  Lu				nown a	ıs liga, Maria	Painting	g (electronics)	Le. Le	ad painted homes aded gasoline ad soldered cans (	imported)	PHONE		
Glass manutacturer Shipbuilders		tern-alkohl, ko SE USE	ohl, surma, s	aoott, c	ebagin	bullets Stained glass		Pro Pa	ad crystal eximity to lead relation into containing lead		PARENT/GUARDI	AN	
Steel welders and cutters Hea	oline H Ith food metics	0				Car or boat re Home remode Furniture refir	eling	Plu Ce	il/dust near industi umbing leachate ramic-ware/pottery welry (metal based	,	ADDRESS		
Battery manufacturers Moo Gas station attendants		Whiskey				Casing lead	ngures (toy soldle	13, 510. <i>)</i> Je	weny (metal baset	''			
Chemical and chemical preparation Industrial machinery and equipment											PHONE		

NAME								MO HEALTHNET	Γ#	DA	ATE OF BIRTH	
<ul> <li>An annual blood le</li> <li>A blood lead test is</li> <li>Children between to previously tested for</li> </ul>	MENTS FOR MO HEALTHNET FOI ad test is required if residing in a h required at 12 and 24 months of a he ages of 12 months and 72 mont or lead. s required for a positive response to	gh risk area (list publishe ge if residing in non-high hs of age must receive a	n risk area. blood lead test if th	ney have no	<ul><li>An ann</li><li>In non</li><li>NOTE</li></ul>	high risk areas,	st is required i a blood lead t	f residing in a hi		ponse to a	d annually) any questions on eek in high risk are	
LEAD LEVEL		С	С	С	С	С	С	С	С		С	С
Circle (C) Capilla	ry (V) Venous	V	V	V	V	V	V	V	V		V	V
DATE OF BLOOK	D LEVEL TEST >											
LEAD LEVEL		С		С	С	С	С	С	С		С	С
Circle (C) Capilla	ry (V) Venous	V	V	V	V	V	V	V	V		V	V
DATE OF BLOO	D LEVEL TEST 🕨											
(finger stick) conf	EATMENT and FOLLOW-U irmation by a venous sample nvironmental assessments	e must be complete	ed as indicated.	. Provide	rs are encoura	ged to impler	nent patien	manageme	nt and treatm	ent, inc		
(Recommendat	ions by the Centers for Disease		HOOD BLOOD rican Association						nd Senior Servi	ces and	the MO HealthN	let Division)
INITIAL BLOOD LEAD TEST RESULT	CONFIRM USING VENOUS BLOOD WITHIN:	VENOUS RET	TEST INTERVA	ALS				FOLLO	W-UP			
<10 mcg/dL)	N/A	Reassess or re-test	within 1 year.		No action requi	red unless exp	osure source	s change				
10-19 (mcg/dL)	2 months	2-3 month intervals  Note: If 2 venous tes months apart, both r mcg/dL or greater, p intervals and follow-u	s of 15	Provide famil     Provide follow     Refer for soc	v-up testing.							
20-44 (mcg/dL)	*2 weeks	1-2 month intervals a conditions are met:  1. BLL remains less least 6 months. 2. Lead hazards have	than 15 mcg/dL t	for at	Same as 1-3 at 4. Assure coord Health Agend 5. Provider assi 6. Call Local Pu	dination of car cy. ures medical m	anagement.		-			
45-69 (mcg/dL)	*2 days	3. There are no new	exposures.		Same as 1-6 at	ove, plus:	<u> </u>	<u> </u>				
		When the above con proceed with retest in BLLs 10-19.		,	8. A child with a	n, and lead haz confirmed BL	zard control. L >44 mcg/d	L should be tro	eated promptly	with ap	-	ing agents and
70+ (mcg/dL)	*IMMEDIATELY				9. Hospitalize cl	nild and begin i	medical treat	ment immedia	itely. Begin cod	rdination	n of care (case	management),

(not delayed until test results are available.)

medical management, environmental investigation, and lead hazard control immediately.

10. BLLs >69 mcg/dL should have an urgent repeat venous test, but chelation therapy should begin immediately

<sup>• \*</sup>NOTE: The higher the screening level, the more urgent the need for a confirmatory test. IF YOU HAVE ANY FURTHER QUESTIONS REGARDING CHILDHOOD LEAD POISONING PREVENTION, PLEASE CONTACT THE DEPART-MENT OF HEALTH AND SENIOR SERVICES AT 573-526-4911. To order more forms access online @ www.dhss.mo.gov/ChildhoodLead or http://www.dss.mo.gov/mhd/providers/index.htm and look for "MO HealthNet forms".

<sup>•</sup> No alterations of this document can be made without prior consent of both the Department of Social Services/MO HealthNet Division or the Missouri Department of Health and Senior Services.

# **EXAMPLE**

# **Evidence of Blood Lead Testing**

Print Child's Full name:				
Child's Date of Birth:				
Receipt of Test				
Received a Venous / Capillary blo	ood lead test on	(	date).	
Test was administered by:				
(Signature of HealthCare Professi	ional that admi	nistered the	e test)	
HealthCare Professional's Compl	ete address			
	City,	State	Zip	
HealthCare Professional's Phone	Number			
I verify that I have been made aw lead poisoning on children under blood tested in order to determine blood lead testing. I am aware the primary care physician.	the age of six ye e if he/she is lea	ears. I do o d poisoned,	bject to my and hereby	child being refuse
Reason for Refusal				
Signed (parent or guardian)	_ Relation to cl	hild:	Г	Date:
Parent/Guardian Address:				
	c	ity	state	zip
Parent /Guardian Phone number				
Copies: Provide parent/Guardian	n with two copi		their recor child-care p	
One copy should be sent to the chi		hysician.		



# MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES ENVIRONMENTAL PUBLIC HEALTH

LEAD POISONING CASE MANAGEMENT REPORT
The information below is required case management data for each client.
After the information is collected, please submit to the MDHSS Childhood

AGENCT NAME		
CONTACT PERSON		

Lead Poisoning Prevention	Lead Poisoning Prevention Program.				DATE			
CLIENT INFORMATION								
CHILD'S NAME					DATE OF BIRTH			
ADDRESS		CITY, STAT	E	ZIP		COUNTY		
		ĺ						
PARENT/GUARDIAN			PHONE			CHILD'S MEDICAID#		
FAREN I/GUARDIAN			FIIONE			CHIED S WEDICAID#		
C. CE. L. I. CEL								
CASE MANAGEMENT INFORMATION WAS CASE MANAGEMENT OFFERED T	O CLIENT		DATE OFF	ERED				
□YES □ NO								
WAS CASE MANAGEMENT						DATE		
☐ ACCEPTED ☐ REFUSED Reason	n for Refusal							
TYPE OF AGENCY OFFERING CASE MA	NAGEMENT					<del>-</del>		
(CIRCLE ONE)		☐ HHA/VN Assoc)	IA (Home Health	Agency/Visit	ting Nursing	O (Other)		
☐ LHA (Local Health Agency		ŕ						
☐ PCP (Primary Care Physician)		☐ FQHC(F	ederally Qualified	Health Cent	ier)			
☐ MCO (Managed Care Organization)		SHCN (S	special Health Car	e Needs)				
CHELATION INFORMATION								
IS CHELATION BEING DONE  ☐ YES ☐ NO ☐ N/A			IS CHELATION INPATIENT		TPATIENT			
DATE CHELATION BEGAN			DATE CHELA					
MEDICATION USED (CHECK ONE)	☐ Calcium dis	odium adetate (I	EDTA) 📙 C	ther (O)				
☐ Demercaprol (BAL)	Unknown (U	JNK)						
Succimer (SUC)	☐ Penicillamir	ne (PEN)						
FOLLOW-UP  INITIAL TEST RE-TEST INTER	VAI		GEMENT ENDIN MANAGEMENT I					
INITIAL TEST   RE-TEST INTER	VAL	DATE CASE N	MANAGEMENT	ENDED				
CASE MANAGEMENT IS		REASON CAS	E MANAGEMEN	T ENDED (	CHECK ONE)			
☐ CONTINUING DATE ———			EAD LEVEL REN RRENT BLOOD			OR AT LEAST SIX MONTHS*		
☐ ENDING (FILL OUT BOX AT RIGHT)		□ REFUSAL	OF SERVICE			UNABLE TO LOCATE		
ENDING (FILL OUT BOX AT RIGHT)			T OLDER THAN 72 MONTHS R			☐ NON-COMPLIANCE ☐ MOVED OUT OF STATE		
MOST RECENT BLOOD LEAD TEST DA	re	RESULTS		NE	YTTEST DIE DED (	CURRENT GUIDELINES		
MOST RECENT BEOOD EEAD TEST DA	L	KESOLIS		I NE	AT TEST DOL TER	CORRENT GOIDLEINES		
		CIRCLE ONE		CID	CLE ONE			
DATE OF VISIT		HOME	CLIN		CLE ONE INITIAL VISIT 🔲	FOLLOW-UP VISIT		
☐ CHILDS BIRTH/HEALTH HISTORY 1	AKEN		AL HISTORY TA		☐ CHILD'S HABIT	TS ELEVATED		
☐ SOCIAL HISTORY ☐ EDUCATI	ONAL LITERATU	RE GIVEN	☐ DEVELOPM	FNTAL ASS	SESSMENT []	FAMILY HEALTH HISTORY		
REFERRALS MADE		OF REFERRAL	_ DEVELOTION	ENTRETIO	DATE OF COMPLE			
ENVIRONMENTAL INVESTIGATION								
SOCIAL SERVICES								
WIC								
OTHER								
OTILA								
CASE STATUS AND PLAN:								
CASE MANAGER'S SIGNATURE								
CASE MANAGER S SIGNATURE								

# Instructions for Completing the MDHSS Lead Poisoning Case Management Report

#### **GENERAL INFORMATION**

The child's case management provider should be contacted within 2-5 working days of notification of an elevated blood lead level (10mcg/dL or greater), to assure that they are aware of the child. During contact with the provider, verification should be sought that the provider is knowledgeable of the recommended Missouri Lead Manual guidelines regarding case management activities, and the MDHSS Childhood Blood Lead Testing and Follow-up Guidelines. Inquiries to encourage appropriate case management activities and follow-up testing intentions and/or scheduling should also be made. The Lead Poisoning Case Management Report is to be submitted to the MDHSS Childhood Lead Poisoning Prevention Program on the final day of every month for each month where a case management event (e.g. Re-test interval completion or non-completion, home visit, chelation therapy instituted, contact with physician, parent/caregiver etc.) Either scheduled or non-scheduled occurs and a final report no later than thirty (30) days following closure of case management. To begin the report please provide the Complete Agency Name, Contact Person, and Date.

#### **Client Information Section:**

Complete all requested information.

#### **Case Mangement Information Section:**

- 1. Determine whether case management services have been made available to the client. It is important to realize that case management definitions and activities/services may vary greatly between providers. Therefore, the utilization of different terminology, e.g., service coordination, follow-up care, active medical supervision and intervention, care coordination, etc., are all acceptable positive responses or "Was case management offered to client".
- 2. Complete the date case management was offered.
- 3. Check whether case management was "Accepted" or "Refused" by the parent, guardian or caregiver, (If refused note, reason why.
- 4. Complete the date case management was accepted or refused by the client.
- 5. Circle the appropriate case management agency type code.

#### **Chelation Information Section:**

- 1. Check "Yes" or "No" or "N/A" for "Is chelation being done?".
- 2. Check whether chelation is inpatient or outpatient.
- 3. As applicable, complete the date chelation therapy began.
- 4. As applicable, complete the date chelation therapy ended.
- 5. As applicable, check the type of chelation medication used.

#### **Follow-Up Section:**

- 1. Check whether the information is regarding the initial test, or Re-Test interval.
- 2. Check whether case management is:
  - a) Continuing, enter the date the provider was contacted.
  - b) Ending-complete the Case Management Ending Section.

Complete all remaining information in the section (e.g.: most recent blood test date, and result, health history or assessments completed etc.)

\*\*NOTE: If you are NOT the provider of lead case management services-the provider should be contacted at the initial case management event and at all re-test intervals to obtain follow-up information for the report.

#### **Case Management Ending Section:**

- 1. Complete the date case management ended as indicated by the provider.
- 2. Check the reason case management ended as indicated by the provider.
- 3. IMPORTANT: For all children where case management is ending and the child continues to have an elevated blood level (10mcg/dL or greater) always be sure to perform and document in the Case Status and Plan section that transfer or referral was completed (by phone contact or letter) to the child's primary care physician for all remaining follow-up.

#### **Referrals Made Section:**

Indicate all referrals made as a result of assessments of the EBL child/family. Assure completion of referrals through follow-up activities, and document results of referrals.

#### **Case Status and Plan Section:**

Provide any remaining follow-up information. Include a brief plan for upcoming visits (e.g., Will assess patient/caregivers compliance with recommendations to reduce lead hazards and use of lead poisoning education. Will monitor timely completion of next venous re-test interval lab result and nutritional status. Will collaborate with license lead risk assessor re: case status. Will provide physician with update on child etc.) \*Also note issues of parent/caregiver Non-compliance with recommendations and consult with physician as indicated.

## LEAD CASE MANAGEMENT SELF ASSESSMENT TOOL

## THE CASE MANAGER/CARE COORDINATOR:

Yes	No	Has performed assessment of the child's current medical status, play habits, family status and identified both child and family needs, by either home visit or face to face office visit.
Yes	No	Has determined through "visual environmental assessment" the possible sources of lead exposure present within the child's environment, and discussed these possibilities with the parent/caregiver.
Yes	No	Has assessed the nutritional status of the child and the parent/caregiver's knowledge concerning adequate nutrition.
Yes	No	Has utilized results of the nutritional assessment to provide nutritional counseling and other appropriate referral as indicated. (i.e.: Nutritionist, WIC)
Yes	No	Has assessed the support system and community resources available for the parent/caregiver/child and made appropriate referrals as indicated.
Yes	No	Has initiated notification of licensed environmental staff to perform environmental investigation of the child's residence, if applicable. (i.e., venous \ge 20\mu g/dL or two 15-19 venous levels 3 months apart.)
Yes	No	Has incorporated the results of the assessments and unmet needs into design of the plan of care.
Yes	No	Has made appropriate referrals as indicated.
	No	Has performed necessary follow-up for all referrals.
	No	Has involved the parent/caregiver, age appropriate child, and other disciplines (physician, licensed lead inspector, social worker, managed care staff, etc.) in creation of the plan of care and the decision making process
Yes	No	Has provided both initial and ongoing verbal and written lead poisoning prevention education to the parent/caregiver or age appropriate child in

Yes—	No ——	Has assessed the parent/caregivers/age appropriate child's understanding of the education and was able to evidence a change in the knowledge base of these individuals and utilization of the education within the child's environment.
Yes	No	Has documentation that evidences non-utilization of recommended interventions to reduce lead hazards or access to lead hazards, and possible reasons why.
Yes	No	Has documented collaboration with the parent/caregiver, child, physician, hospital staff and other related disciplines.
Yes	No	Has documented modification of the care plan and goals based upon changes in treatment or progress.
Yes	No	Has provided the child's physician with a written summary of case management activities inclusive of assessment results, blood lead level results planned interventions, and progress towards goals, at a frequency agreed upon by the nurse and physician
Yes	No	Has performed case closure based upon DHSS or DSS case closure reasons.
OR		
Yes	No	Has chosen to continue to case manage the child until the child's lead level is less than 10 $\mu g/dL$ . (If response in NO, then the child's physician and the child's parent/guardian should be advised that lead case management is being discontinued, so all remaining follow-up will be completed by the child's physician.

**NOTE:** For those components checked "NO" it is recommended that the component be performed to maximize care coordination efforts and outcomes, unless non-applicable.

## **ANTICIPATED OUTCOMES**

As a result of care coordination efforts, the family will have an improved knowledge base, re: lead poisoning and will carry out practices that will minimize lead hazards. The child will have decreased blood lead levels and will demonstrate optimal growth and development.

## C=Capillary V=Venous

## **BLOOD LEAD LEVELS**

Date	Туре	Results	Date	Type	Results
Date	Туре	Results	Date	Type	Results
Date	Туре	Results	Date	Type	Results
Date	Туре	Results ———	Date	_ Туре	Results
Date ——	Туре	Results	Date	Type	Results —
Date	Туре	Results	Date	Type	Results
NOTES					
-					
Case Manage	er		Date		

# **Nurse's Lead Case Management Questionnaire**

					Date/	/
	Childhood Le	ead Poisoning	alth and Senior S g Prevention Pro t 90 Days Activit	Service ogram		<del></del>
1.	Child's NameLast					
2.	Name of Parent/Guardian:	First		Middle		
	Medicaid #Insu					
3.	Current Address:					
	Street		City		Zip Code	
4.	How long at this address?		Phone Nu	nber (		
5.	Previous Address:					
6.	How long at this address?					
7.	Child's Date of Birth/	/	-			
8.	Blood Lead Levelµg/	dL Date samp	le obtained/_	/		
9.	Gender: Male Female					
10.	Child's Race: White Black A	sian or Pacific	Islander Native	America	n. Child's Ethni	city:Hispan
	Non-Hispanic Unknown.					
11.	Are there any pregnant women in this	s household?	Yes No			
12.	How many other children in the hous	ehold?				
	Name D	ate of Birth	Lead Le	evel	When Tested	
		//		μg/dL	//	
		//		μg/dL	//	
				μg/dL	//	
		/_ /		μg/dL	//	
13.	Was your home/apartment built? (circ	cle one) Befo			1980 or After	•
14.	Do you: (circle one) Own your home	Rent your h	ome/apartment			
15.	If renting, please give name and addr	ess of owner:				
	Name					
	Address					
	Phone No. ()					

Amount of time at locati			_				
17. The name and address (in		-					
Name							
Address							
18. Does your child have any	y of the fo	ollowing	sympto	oms?			
	7	Yes	No		Yes	No	7
Restlessness				Diarrhea			
Severe Restlessness				Constipation			
Restless Sleep				Vomiting			
Difficulty Going to S	Sleep			Stomachache			
Joint Pain				Appetite Loss			
Concentration Diffic	ulty			Weight Loss			
Unusual Behavior							
Headache							
Paralysis							
Irritability							
Weakness							
Tiredness							
Dizziness							
Fainting							
Staggering Gait							
Clumsiness							
Convulsions							1
Blindness							
19. Have you consulted your 20. The Name, Address, and Name	Phone N	umber o	of your f	amily physician	1.		e one) Yes
21. Does your child chew/su			followin	g non-food sub	stances? (	`	that apply)
	Yes	No			Yes	No	
Hands/Feet			Raili	-			
Thumb/Finger			Mold				
Pacifiers				azines			
Toys/Blankets				spapers			
Furniture			Dirt/				
Windowsills			Chal				
Doors			Glue				
Paint Chips			-	orted Crayons			
M-4-1 D 1	1		041	•	1		

16. Where does your child spend most of his/her time when away from home?

Eating Habits	Yes	No
22. Is food stored in original cans, ceramic ware, pottery or pewter?		
23. Is food eaten from cans, ceramic ware, pottery or pewter?		
24. Does your child take a bottle?		
25. If so, what and how often		
26. Does your child take a vitamin supplement?		
27. Do you use hot tap water for cooking/drinking or formula making?		
28. Do you use traditional/folk remedies?		
(Examples: Asian-Chuifong Tokuwan, pay-loo-ah, ghassard, bali	goli, and	kandu.
Mexican-azarcon and greta also known as liga, Maria Luisa, alarco	n, coral a	nd rueda. Middle
Eastern-alkohol, khol, surma, saoott, cebagin.)		
nterior Environment		
29. Has the home/apt been remodeled in the last two years? Yes	No	
30. If yes, describe the extent of remodeling:		
31. In what rooms of the house does your child spend the most time?		
Nursery Bedroom Playroom Family Room	Kitchen	Living Room
Dining Room Other (specify)		
32. Where does he/she play when playing outside? (list type of surfaces; gr	assy, asph	nalt etc)
Playground Park Park		
Front Yard Back Yard		
Neighbors Yard Other (specify)		
33. Does he/she put dirt, rocks, plants, etc., in his/her mouth? Yes	No	
34. Does he/she play with non-toys, i.e. pieces of pipe, etc.? Yes	No	Explain
General Home/Apartment Information		
35. Any plumbing work done on the home in the last year? Yes	No	
36. What type of plumbing is in the home?		
Plastic (PVC) Galvanized Copper Lead Mixture Un		
	nknown	
37. Is your home located in or near an industrial area or toxic waste site? (i		th former and/or cu
37. Is your home located in or near an industrial area or toxic waste site? (industrial operations) Yes No Don't Know		th former and/or cu
·	nclude bot	
industrial operations) Yes No Don't Know	nclude bot	
industrial operations) Yes No Don't Know  38. Is your home/apartment located near a bridge, water tower or other stee	nclude bot el structure No	e? Yes No
industrial operations) Yes No Don't Know  38. Is your home/apartment located near a bridge, water tower or other stee  39. Is your home located near a heavily traveled street/highway? Yes	nclude bot el structure No	e? Yes No

42. List household members hobbies. (relevant to possible lead exposure)							
These next two questions are to be based upon a rea	asonable est	imate of th	ne Case Manas	ger.			
43. How would you judge the housekeeping pr			Good		Poor		
44. Comments:		-			1 001		
45. What is the overall condition of the home?  Comments:		Fair 	Poor				
Person(s) Interviewed:				Relation	ship		
Questionnaire Completed By: (Please Print)							
Comments/Notes:							
				· · · · · · · · · · · · · · · · · · ·			
	~.						
	Signature	e:					

# **Nutritional Questionnaire**

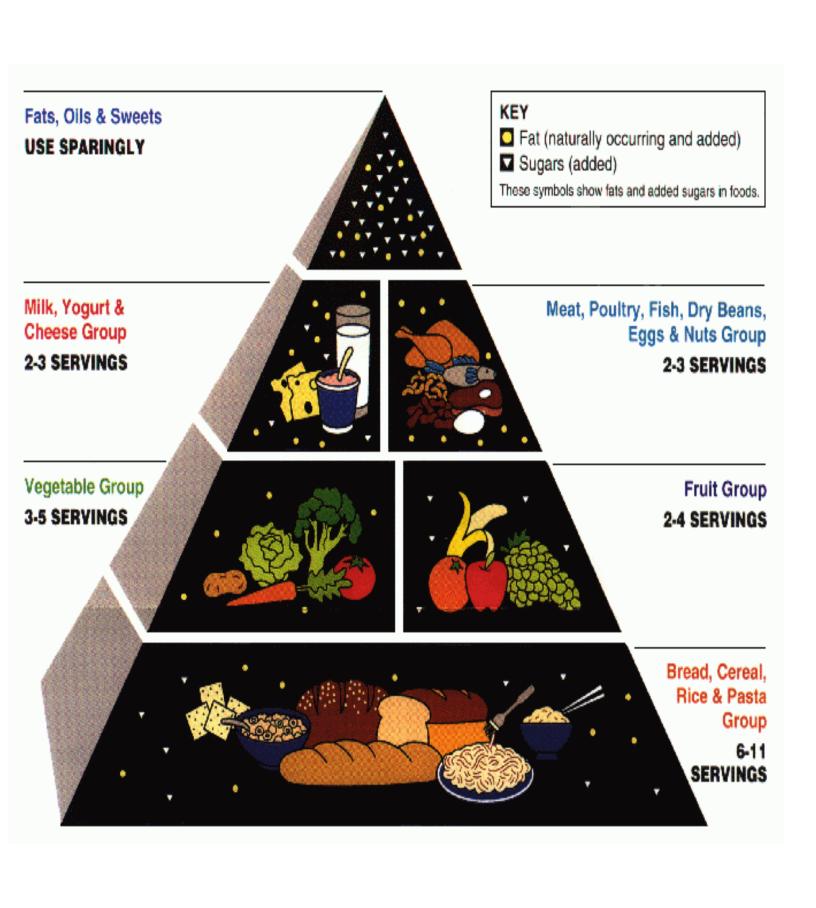
Please answer the following questions:

1.	How many times a day does your child eat? Meals Snacks
2.	How many times a week does your child eat away from home?
	times/week
3.[	oes your child take vitamin or mineral supplements?   Ves   No
	If yes, what type?
	how often?
4.]	How is the meal usually prepared?
	i Baked i Steamed i Fried i Broiled i Other
5.	Does your child eat anything that is not considered to be food on a routine basis?
	☐ Yes ☐ No If yes, check all that apply:
	☐ Clay or dirt ☐ Paint chips ☐ Magazines/newspapers ☐ Cigarette Butts/ashes
	☐ Other (specify)
6.	Where does your child eat?
	☐ Sitting at the table ☐ Sitting on the floor ☐ Other
7.	How often does your child eat outdoors?
	☐ Daily ☐ Weekly ☐ Monthly ☐ Hardly ever or never
8.	When he/she eats outdoors, does he/she
	$\Box$ Sit at a table $\Box$ Sit on the ground $\Box$ Other

## FOOD FREQUENCY FORM

Indicate the number of times the following foods are eaten by placing a check  $(\Box)$  in the appropriate column.

indicate the number of times		_		ı .	
	2-4 x/day	Once daily	3-4 x/week	Once Weekly	Seldom or Never
Beef, Hamburger, or Ground Beef Dishes					
Pork, ham					
Poultry (chicken, turkey).					
Fish, seafood, tuna					
Game meats (deer, squirrel, rabbit)					
Egg					
Peanut butter.					
Dried beans, peas, lentils					
Milk, yogurt					
Cheese					
Pudding, ice cream, custard					
Enriched bread, rolls, biscuits, muffin					
Fortified cereal (dry or cooked)					
Crackers					
Enriched rice, spaghetti, macaroni,					
noodles					
Enriched tortilla, pita bread					
Orange, grapefruit, tangerine					
Orange or grapefruit juice or vitamin C					
Fortified or enriched juice					
Strawberries, cantaloupe					
broccoli, cauliflower, cabbage					
Carrots, sweet potatoes, pumpkin,					
hubbard or butternut squash					
Other fruits/vegetables					
Apples, bananas, pears, peaches, apricots,					
watermelon, etc					
Green beans, peas, potatoes, lima beans, corn, Brussels sprouts, etc.					
Fruit flavored drinks, soft drinks					
Tea, coffee					
Candy, donuts, sweet rolls, cake, cookies,					
pie					
Potato chips, corn chips, cheese puffs					
Water					



# **On Site Preliminary Lead Assessment Report**

	MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES ENVIRONMENTAL PUBLIC HEALTH			LOCAL HEALTH AGENCY:			
	ON-SITE PRELIMINARY LEA ASSESSMENT REPORT				ADDRESS:		PHONE:
ASS	SESSMENT START DATE:					JOB NO.	
(Ple	ase submit a copy of this form to						
	HSS within 10 days of this date)						
	ed on today's Assessment, the items no	oted b	elow identif	v possible source	s of lead contamina	tion which should be o	corrected. Precautionary
mea	sures and interim control methods are	also i	ncluded. A	complete lead As	sessment report will	be sent to the parent	or guardian and property
	er within 20 business days of the Asses				1	1	8 117
	ILD'S NAME			DATE OF BIR	TH	MEDICAID NU	MBER
STE	REET		CITY	l		ZIP CODE	
POT	ENTIAL HAZARDS						
0	Dust	0	Drinking V	Vater		Location/Comn	nents
0	Floors	0	Paint (Exte				
0	Window Sills	0	Deteriorate	ed			
0	Window Wells	0	Chewable	Surface			
0	Related to occupation	0	Friction Su	ırface			
0	Related to Remodeling/ Renovation	0	Paint (Inter	rior)			
0	Other (specify under comments)	0	Deteriorate	ed			
О	Bare Soil	0	Chewable	Surface			
0	High Contact Play Area	0	Friction Su	ırface			
0	Garden	0	Mini Blind	ls			
0	High Traffic Area	0	Dishes/Pot	tery			
0	Other	0	Other Envi	ironmental			
			Surfaces/S	ources (describe			
			source in c	omments section	)		
EX	POSURE REDUCTION AND INTERI	М С	ONTROL M.	ETHODS			
0	Removal and Control of Possible	0		Access to Possib		Comments	l .
	Lead-Contaminated Dust*			d Paint Hazard(s			
0	Use Precautions for Take-home	0		d Paint Hazard			
	Dust*			riction and/or Im	pact		
0	Discontinue Any Home		Surface*				
	Remodeling or Renovation	0		Stabilization*			
	Activities	0	Discontinu	•			
0	Restrict Child's Access to Bare Soil	0	Discontinu				
	Areas That May Be Contaminated*.	0	Folk Reme	edies			
0	Remove/Replace Minilinds	0	Jewelry	-1			
O (*D	Use precautions for drinking water.	0	Pottery/Dis	snes			
	efer to appropriate worksheet for ction)	0	Toys	ommended Conti			
une	ction)	O		offifficiated Colff ider comments)	UIS		
***		-	(1)	,		****	
	boratory sample results are negative, i						
	native or additional requirements and/o	or reco	ommendatioi	ns may be made	on the final Assessm	ent report or on the W	ork Plan agreed upon by
	property owner and Assessor.					. 1: . 6!! :	l B
	eived by:				Rela	tionship to Client:	Date:
	nature of owner						
	ccupant required)						
INV	ESTIGATED BY:						DATE:

## **Section 5.0 Environmental Management**

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Subsection 5.11 Environmental Sampling Procedures

Revised 8/30/2022

# **Private Water Supply Request Form - (Form # LAB.65)**

A COLOR	MISSOURI DEPARTMENT OF HEALTH
	STATE PUBLIC HEALTH LABORATORY
	PRIVATE WATER SUPPLY
1	PRIVATE WATER SUPPLY

Figure 7

#### FOR DRINKING WATER ONLY

PRIVATE	E WATER SUPPLY		FOR	PRINKING WATER ONL
SAMPLES SUBMITTE AMPLE SUBMITTED BY	D WITHOUT COLLECTION DAT	E WILL NOT BE TESTED		ONE NUMBER
NLING ADDRESS				
YTAUC	CITY		STATE	ZIP CODE
MPLE COLLECTED BY			DATE CO	LLECTED
OCATION OF SAMPLE COLLECTION O	ETION ANGE: SECTION:	POINT OF SAMPL	LE COLLECTION	1
ME/LOCATION	ANGE: SECTION:			
DORESS				<u> </u>
JPPLY TYPE  PRIVATE	NON COMM. PUBLIC	☐ PUBLIC SUPPLY	∕ □ отн	IER
#EF DESCRIPTION OF PROBL	EM/REASON TESTING BEING REQUESTED			
	<del></del>			
STS REQUESTED	7.6			
			* *	<del>.</del>
DDITIONAL COMMENTS				
			d.	
OR LABORATORY U	SE ONLY			
				**
-				
	n y s <sup>te</sup>			
	t inspectors of	er.		
EC	BY REPT	ВУ	LOG NO.	

# Questionnaire for Lead Poisoning in Pregnant Women

Name:	Medicaid/Insurance Number:
Last First	
D. CD. 1	G A CP 11
Date of Birth:	County of Residence:
Check all that apply below.	
** *	
Were you ever told you had Lead in your blood?	
Are you aware of any other household members that current	ntly have or had an elevated lead level in the past year?
Do you, or have you in the past year, lived in or spent 10 h	ours a week or more, in a house built
before 1978 while remodeling or renovations were being	done?
Do you or anyone in your household work in an occupation	n where lead is used?
*See Work/Job Source listing below and circle all th	at apply.
Do you live with an individual that has a hobby that uses le	ead?
*See Hobbies listing below and circle all that apply	
Do you use "Traditional" medicines or cosmetics?	
*See Traditional Medicines and Cosmetics listings b	elow and circle all that apply.

WORK/JOB SOURCE	HOBBIES	TRADITIONAL MEDICINES AND
		<u>COSMETICS</u>
Plumbers, pipe fitters	Glazed pottery making	Asian-Chuifong tokuwan
Brass/copper foundry	Target shooting at firing range	Pay-loo-ah, ghassard, bali goli
Lead Miners	Reloading cartridges and lead shot	Mexican-Azarcon and greta (also
Lead smelters and refiners	Stained glass making	known as liga, Maria Lusia)
Demolition workers	Molding fishing sinkers, bullets	Kandu
Auto repair	Car or boat repair	Saott, cebagin
Glass manufacturers	Home remodeling	Alacon, coral and rueda
Plastics manufacturers	Furniture refinishing	Middle Eastern – alkohl, kohl
Radiator repair		
Gas station attendants	ENVIRONMENTAL	
Firing range instructors	Lead sealed plumbing	
Policemen	Lead painted homes	
Battery manufacturers	Mini Blinds	
Steel welders/cutters	Soil/dust near industry/roadways	
Construction workers Shipbuilders	Jewelry (metal based)	
Bridge reconstruction workers	Ceramic ware/pottery	
Solid waste production	Lead sealed cans (imported)	
Chemical and chemical preparation		
Printers		

If you checked one or more of the above, please ask your doctor about a Blood Lead Test. Office staff will review this form with you and clarify any questions you may have.

General Information: Lead can be passed to your unborn baby.

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## Appendices

- A. GlossaryB. References
- C. Lead Educational Materials

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Subsection A: Glossary	

## Glossary

- Accessible surface- an interior or exterior surface painted with lead-based paint that is accessible for a young child to mouth or chew (i.e. surfaces within approximately five feet off the floor or ground which protrude more than ½ inch).
- **Dwelling-** a building or structure occupied or designed or intended to be occupied as a place for human habitation and use, construed to include any accessory building or structure.
- **Dwelling Unit-** any room or group of rooms located within a dwelling and forming a single habitable unit, with facilities which are used or intended to be used for living sleeping, cooking and eating.
- **Friction surface** an interior or exterior surface that is subject to abrasion or friction, including certain window, floor, and stair surfaces.
- **Impact surfaces-** an interior or exterior surface that is subject to damage by repeated impacts, for example, certain parts of door frames.
- **Lead hazard-** any form of lead which could potentially cause an elevated blood lead level, including lead from lead-contaminated dust, lead-contaminated soil, and lead-contaminated paint that is deteriorated or present in accessible surfaces, friction surfaces, or impact surfaces. However, the most common form of lead hazard is lead-based paint.
- Nursing care coordination- may consist of ongoing care, minimum of three client/family encounters, documentation of services, and active coordination between the licensed environmental lead assessor and medical provider. For Medicaid eligible children nursing care coordination includes Healthy Children, and Youth Lead Case Management.
- **Occupant-** any person, living, sleeping, cooking, eating in or having actual possession of a dwelling unit or residence.
- **Owner-** a holder of any legal or equitable estate in the premises, whether alone or jointly with others, and whether in possession or not.
- **Premises-** a lot, plot, or parcel of land including all facilities and improvements thereon.
- **Risk assessment-** an on site investigation to determine and report the existence, nature, severity, and location of lead-based paint hazards in residential dwellings, including:
  - information gathering regarding the age and history of the housing and occupancy by children under age six.
  - visual inspection
  - limited environmental sampling
  - other activity as may be appropriate, and
  - provision of a report explaining the results of the investigation.

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Subsection B: Referrences	

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Subsection C: Lead Education Materials	

## **Lead Educational Materials List**

Sorted Alphabetically

EDUCATIONAL MATERIAL	SUBJECT	TARGET AUDIENCE	STOCK #	COST	OBTAIN FROM
About Lead and Pregnancy	Effects on pregnancy	Pregnant women	865	None	DHSS Warehouse
About Lead and Pregnancy (Spanish)	Effects on pregnancy	Spanish speaking pregnant women	1069	None	DHSS Warehouse
Be Alert! Lead Can Hurt! Activity Book	Prevention	Family	281	None	DHSS Warehouse
Be Alert! Lead Can Hurt! Magnet		Family	722	None	DHSS Warehouse
Be Alert! Lead Can Hurt! Sponges		Family	29	None	DHSS Warehouse
Be Alert! Lead Can Hurt! Stickers		Family	235	None	DHSS Warehouse
Childhood Lead Folders	Awareness	Family	1232	None	Central Office— SEPH
Check for Lead when Remodeling		Renovators	261	None	DHSS Warehouse
Danger: Lead! By Missouri Commission on Lead Poisoning Report	exposures and	Health care providers and agencies	11174	\$10.00	Central Office— SEPH
Leadosaurus Says Spin The Wheel	Awareness	Family	451	None	DHSS Warehosue
Lead Can Kill Precious Things! Poster	Awareness	General Public	954	None	DHSS Warehouse
Lead In Your Home: A Parent's Reference Guide (EPA, 70 pgs)		General Public/parents	874	None	DHSS Warehouse
Lead Paint safety A field guide for painting, home maintenance, and renovation work		Renovators	72	None	DHSS Warehouse
Lead Poisoning: You Think it can't happen to your child Poster	Awareness	General Public	955	None	DHSS Warehouse
What you should know about Lead Safety	Protection	Occupational	1041	None	DHSS Warehouse
Leadosaurus Character Costume	Awareness	Family	Х	Loan	Central Office— SEPH
Leadosaurus SaysPaper Tablets	Awareness	Family	21	None	DHSS Warehouse
MDOH Lead Manual	Testing, mgt., & reporting	Health providers & agencies	11047	None	Central Office- SEPH
MO Department of Health Revised Statutes and Regulations: Lead Poisoning Prevention & Lead Licensing and Accreditation		Inspectors, supervisors, workers, abatement	950	None	Central Office SEPH

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Subsection C: Lead Education Materials	

Mr. Lead Spot Puppet Show	Prevention	Children 2 to 6 years old	1412	\$198	Central Office SEPH
Preventing Lead Poisoning/Food Safety and Good Nutrition WIC/SEPH		General Public	596	None	DHSS Warehouse
Preventing Lead Poisoning/Food Safety and Good Nutrition WIC/SEPH (Spanish)		General Public	654	None	DHSS Warehouse
Protect Your Family From Lead in Your Home		Buyers, renters, renovators	763	None	DHSS Warehouse
Runs better unleaded (poster)	Awareness	General Public	50	None	DHSS Warehouse
Screening Young Children for Lead Poisoning: Guidance for State and Local Public Health Officials (CDC Guidelines, 122 pgs)	and provider	Public health officials	717	None	DHSS Warehouse
What Everyone Should Know about Lead Poisoning	General info.	General Public	863	None	DHSS Warehouse
What Everyone Should Know about Lead Poisoning (Sp)	General info.	General Spanish Public	311	None	DHSS Warehouse
What Your Child's Blood Lead Level Means and How You Can Reduce It	reducing	General Public/ Parents	356	None	DHSS Warehouse
What Your Child's Blood Lead Level Means and How You Can Reduce It (Spanish)	and reducing	General Public/Parents	644	None	DHSS Warehouse

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Subsection C: Lead Education Materials		

#### LITERATURE ORDERING PROCEDURES for Request for Literature Form (DH-47) (PDF Format).

Orders are accepted by mail or by facsimile (573) 751-1574. We do not accept orders over the phone.

#### THANK YOU for assisting us in serving you better by following the instructions as shown:

Column 1- Requested	Enter the amount of each title you are requesting. Please pay attention to limitations on the quantity of certain titles. <i>Literature for requestors outside of our state is limited to one courtesy copy per request.</i> Please be aware that some literature may be distributed by pad, package, or set and should not be ordered by each.
Column 2 - Supplied	LEAVE BLANK. This space is for office use only. <i>If an item is out of stock, it will be noted in this column.</i> You will need to submit a new request form for items that are out of stock.
Column 3 - Stock No.	Enter the stock/literature number located on the Literature Listing or on the back of the pamphlet in the lower right hand corner
Column 4 - Title	Enter the exact title as it appears in the Warehouse Literature Listing or from the front of the pamphlet. Please list each title separately.
Column 5- Comments	LEAVE BLANK. This space is for office use only. If an item is discontinued, is restricted to a limit, or requires program approval, it will be noted in this column. Do not resubmit a form for discontinued items, these items will no longer be available.

Please be sure to complete the bottom portion of the request form: give the name of the person requesting the order, the organization name, and a complete street address. Most orders are sent UPS (United Parcel Service) and **will not be delivered to P.O. Box numbers**. A telephone number is needed so we may contact you with any questions regarding your request.

The requestor should keep the pink copy of the completed request form for their records. (Make a photocopy when using the downloaded version.) Mail the white and canary copy to:

Missouri Dept. of Health and Senior Services Literature Library P.O. Box 570 Jefferson City, MO 65102-0570.

When the order is processed, the yellow copy will be sent back to you, along with two blank request forms. If only a photocopy is sent to us we will not have a yellow copy to include with your shipment.

Rev. 8/01 mr

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Subsection C: Lead Education Materials	



## MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES BUREAU OF GENERAL SERVICES

#### REQUEST FOR LITERATURE

	REGUEST	I OK LITE	NATURE .		
COMPLETE THE INFORMATION BELOW AND RETURN TO:			MISSOURI DEPARTMENT OF HEALTH, GENERAL SERVICES WAREHOUSE P.O. BOX 570, JEFFERSON CITY, MO 65102-0570	FOR OFFICE USE ONLY	
PLEASE SE	ND ME THE F	OLLOWIN	G LITERATURE:		
QUAN	ITITY*	<b>STOCK</b>	TITLE		
REQUESTED	SUPPLIED	NO.	(PLEASE LIST <u>EXACT</u> TITLE)	COMMENTS	
*THE COST (		STOCK MA	Y RESTRICT QUANTITIES SUPPLIED.		
			E COMPLETED TO PROCESS YOUR REQUEST		
	RGANIZATION NA		- COMIT LETED TO TROCESS TOOK REGUEST	DATE	
	71.07.11127111011117	uvic		DATE.	
الله الله الله الله الله الله الله الله					
CONTACT PERS	ON'S NAME			///PHONE NO.	
[ S					
SHIPPING ADDR	ESS (P.O. Box Ho	olders Must In	clude Street Address for UPS Delivery.) CITY, STATE, ZIP CODE		

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## XRF Quality Assurance/Instrument Performance Form

## MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES ENVIRONMENTAL PUBLIC HEALTH

PAGE	OF
JOB NO.	

#### **CALIBRATION CHECK**

XRF Analyzer Calibration Check

If an XRF analyzer is used to obtain environmental sample results in the course of the Assessment, the instrument must be calibrated prior to use and as directed by the manufacturer. Calibration checks should be made at the beginning of each job, every four hours during continuous operation, at the end of every job, and each time the instrument is turned on. If specified by the manufacturer, the XRF analyzer should be calibrated if there is a significant change in temperature in work environments as soon as the temperature of the instrument has had an opportunity to adjust.

Zero reading:	Acceptable Range:	0.0	+/-	
Acceptable Control Range:				

Reason for Check	Standard Used	XRF Reading	Accept or Reject	Corrective Action Number
		B	3	

#### Reason for Check

Instrument was Turned Off

F.C. = Final Calibration

#### Corrective Action Number

- 1. Cleaned Instrument Face
- 2. Cleaned Zero Block/ Calibration Film
- 3. Manual Zero/ calibration
- 4. Consulted Manufacturer
- 5. Sent instrument to Manufacturer for service